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Good Friday, April 18
 Stations of the Cross, 12:00 noon
 Good Friday Service, 7:30 p.m.
EASTER SERVICES
Holy Saturday, April 19
 Great Vigil & Eucharist, 7:30 p.m.
Easter Day, April 20
 Festival Eucharists, 8:00 & 10:30 a.m.
 (Child Care at 10:30 a.m.)
 090500

GRANT VIEWS JODY REESE

America's craziest governor is right



It's an odd feeling when you find yourself agreeing with Maine Governor Paul LePage, "America's craziest governor," as he is described by Politico Magazine.

But I found myself doing the head nodding reading his recent Wall Street Journal piece on federal updates to rules surrounding emissions from wood stoves. As LePage argues, these rules, meant to decrease emissions, might actually get in the way of cleaner air.

Wood stoves are not just a design element in most parts of New Hampshire. Where I grew up they were the main source of heat. In New Hampshire, only about 7 percent of homes heat primarily with wood but many others, perhaps as many as 20 percent, use wood as a supplemental heat source. The addition of biomass such as wood pellets has increased the number of homes using wood.

The Environmental Protection Administration is proposing new rules that would significantly increase the cost of wood burning stoves and significantly decrease harmful emissions from wood burning. Pollutants from wood stoves cause all sorts of health issue including breathing problems and heart issues.

It goes without saying that we want cleaner air. The real questions is how do we best achieve that?

Though the EPA's proposal clearly means well, it may not be the best way to get cleaner air sooner. Most of the bad emissions are from stoves made before 1988 — those are the stoves we want replaced as soon as possible. So why not create a program to eliminate those stoves with incentives to upgrade to modern stoves? People don't want to run older inefficient stoves. Those older stoves burn more wood but produce less heat and cost people more. But some people might be hanging on to those stoves because they can't afford the cost of an upgrade. Adding several more anti-pollution features could only make the cost of an upgrade that much more expensive.

It's the law of unintended consequences and it plays out on all levels of government. In Manchester, the city is proposing a program where people must pay extra to throw their trash away. This might lead people to try to avoid the expense by dumping more trash in alleys or along riverbanks. And does any good that is gained from charging people per bag (increased rates of recycling) outweigh the increase littering and dumping?

These are the questions that need to be examined before we add new mandates.



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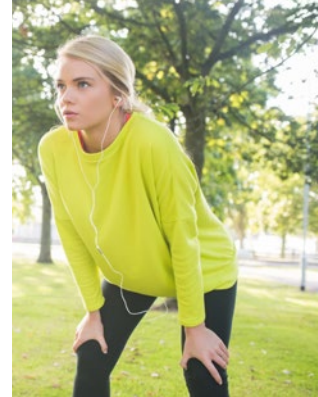
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ALSO ON THE COVER: Find a camp to keep your kids from getting bored during their April vacation (page 30). Save the date now for a big holiday meal (page 40). And get ready to geek out at a Portsmouth production that mixes improv and quest (page 26).

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Manchester Mayor Ted Gatsas

Manchester budget

Last week Manchester Mayor Ted Gatsas proposed a nearly \$300 million budget for the 2015 fiscal year.

That amount is \$6 million more than the current year, which is not currently funded, and could be made up with a 2.3 percent property tax hike. According to WMUR, having residents pay for garbage bags and higher parking prices are also two possible ways the difference could be collected.

The budget proposes a \$935,000 renovation for City Hall, as well as a one percent funding increase for all city departments. It proposes a \$3 million increase each for city health insurance, and contingency and severance costs.

The proposal also comes within \$500,000 of the amount the school board has requested, and includes funding for full-day kindergarten for the district.

At a speech before the board of mayor and aldermen, WMUR reported Gatsas as saying, "It is my hope that as a board we will choose to forgo the typical political paralysis that plagues the budget process."

The budget must be finalized by the second Tuesday in June.

Halfway point

Last week was the halfway point for the state legislature. Bills that passed the Senate have been sent to the House, and vice versa, to be heard and examined, according to the Eagle Tribune. Some notable bills that the House will be taking on include a 4-cent gas tax proposal, which passed the Senate on a bipartisan vote, as well as legislation calling for two casinos, which passed the Senate 15-9. The House has already killed its own casino bill.

The Senate will examine a death penalty repeal bill, which was supported by more than two thirds of the House. Though the House killed a bill to legalize recreational marijuana, it passed a bill decriminalizing small amounts, and the Senate will consider it next.

Sens. defend shipyard

Senators Jeanne Shaheen and Kelly Ayotte, who are the chairwoman and ranking member, respectively, of the Armed Services Subcommittee on Readiness and Management, have spoken out against a proposed closure of the Portsmouth Shipyard, based in Kittery, Maine. According to the Associated Press, the closure would be part of a new Base Realignment and Closure round, but Shaheen said that New Hampshire's economy would suffer dramatically, and that the shipyard does important work handling maintenance of the Department of Defense's attack submarine fleet. In 2005, the Defense Department recommended closing the base, even though the Navy found it was the nation's most cost-efficient shipyard.

Brown officially running

Republican Scott Brown has made his run for the U.S. Senate official, according to WMUR. Brown, a Rye resident, would run against incumbent Democrat Sen. Jeanne Shaheen if he wins the Republican primary in September. According to WMUR, Brown will make a formal announcement this week. Brown, a former Massachusetts senator, won a special election in 2010 and then in 2012 lost his seat to Democrat Elizabeth Warren.

Healthcare deadline

March 31 marked the final day to sign up for health care under the Affordable Care Act, and an estimated 10,000 New Hampshire residents have signed up, WMUR reported. According to the Obama administration, 7.1 million people signed up in the U.S. before the deadline, which far exceeded the expected amount. Sign-up success in the Granite State was largely due to extensive outreach efforts by Covering New Hampshire, a statewide effort by the New Hampshire Health Plan (nhhp.org).

Attempted murder sentence

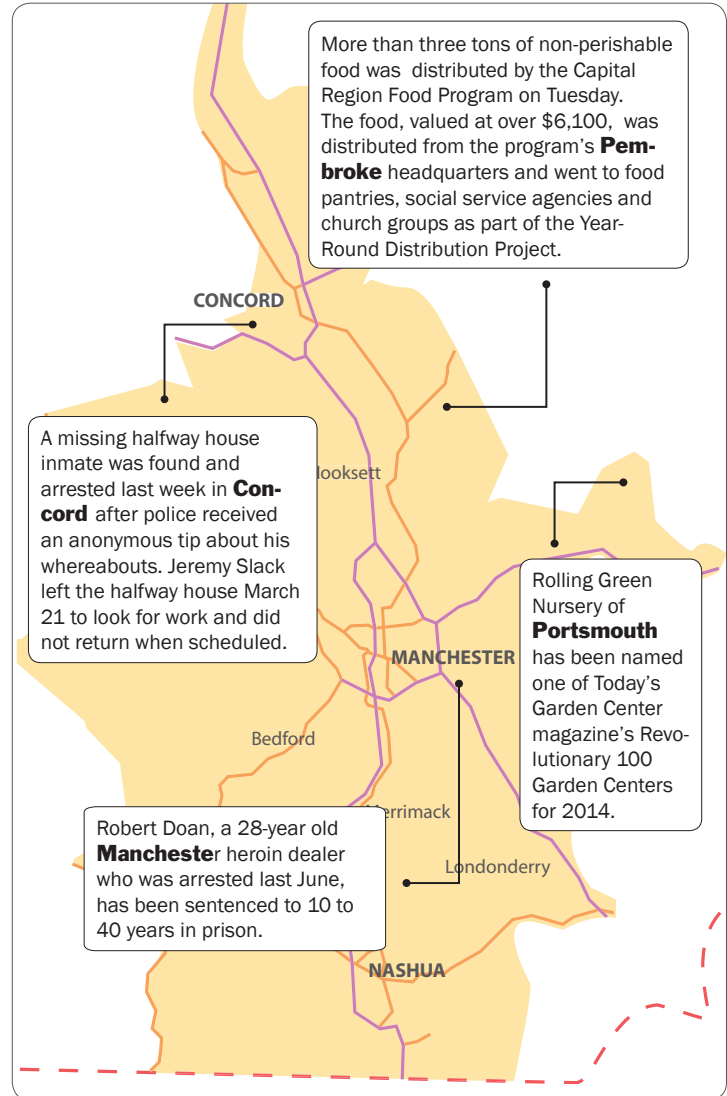
Manchester resident 22-year-old Garrett Gauthier pleaded guilty last week to attempted murder of a police officer during a pursuit last year, WMUR reported. He also pleaded guilty to nine other charges and has been sentenced to 20 to 80 years in prison. Gauthier shot at officer Aaron Brown from a distance of from 7 to 10 yards during a traffic stop before attempting to flee. Gauthier's attorney said he should receive from 15 to 40 years, and that Gauthier's drug addiction had spiraled out of control, according to WMUR.

Cell phone ban

At a Senate hearing last week witnesses told the Senate Transportation Committee that using a cell phone is much more of a distraction while driving than turning on the radio or talking with a passenger, and the act should be banned. From 2010 to 2013, 124 people died in car crashes as a result of distracted driving. If passed, a bill banning cell phones would still allow hands-free electronic devices, devices that are integrated into the vehicle, and non-cellular two-way radio devices, the Associated Press reported. The bill does not affect use in emergency situations. Gov. Maggie Hassan said she has not examined the bill closely yet, but supports legislative efforts to examine the issue.

Sexual orientation

If a proposed amendment to the New Hampshire constitution passes, discrimination based on sexual orientation would be banned. The state already has constitutional bans on discrimination based on race,



creed, sex and national origin. During a House Judiciary Committee meeting last week, the bill, which passed the Senate unanimously, was both praised and criticized by gay rights activists. Some said "sexual orientation" is not clearly defined in the bill, and it should be studied before it goes to a vote. If it's passed, New Hampshire would become the first state to have constitutional protection for homosexuality. It already has a statute in place that protects against discrimination based on sexual orientation.

Roundtable about heroin

Senator Kelly Ayotte is hosting a roundtable discussion about heroin use in the Granite State on April 23. Law enforcement and public health officials will be present at the meeting. Ayotte has said that heroin use is an epidemic in the state, as evidenced by an increase in deaths caused by the drug. Last year 45 deaths were reported and in 2010 there were 14 heroin-related deaths, according to WMUR.

BEST WEEK

NH REPUBLICANS

It's official — there is finally some competition for the Republican gubernatorial primary election. Republican Walt Havenstein of Alton announced last week that he hopes to win the nomination to challenge Gov. Maggie Hassan. Havenstein graduated from the U.S. Naval Academy and retired from the Marine Corps Reserve in 2001, according to WMUR. He has experience in business as the CEO of defense companies BAE and Science Application International. Currently, his only competition is Republican Andrew Hemingway, a 31-year-old activist and IT entrepreneur.

WORST WEEK

BACKYARD BIRD WATCHERS

The New Hampshire Fish and Game Department is asking residents to do away with their bird feeders to avoid attracting bears, The Associated Press reported. Bird feeders should be taken down from April 1 to May 1. Some people have already reported seeing bears. Last year, Fish and Game receive 527 complaints about bears, but there were more than 1,000 in 2012. The average number of sightings is 695 bears a year. While bird feeders attract bears, so does unsecured garbage, the AP reported.

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Women's prison overhaul

Aiming for parity with men's prison — and then some

By Rebecca Fishow
rfishow@hippopress.com

The inmates' relatively scenic view of a tree-lined hill just behind the men's state prison in Concord won't be there much longer.

Brush is already being cleared out, the first step in transforming the hill into the site of a new women's prison that will replace the current Goffstown facility, a cramped and crumbling former Hillsborough County Jail building that was meant to house female inmates temporarily but has held them for the last 24 years.

Over the years, the state had rejected multiple requests by the Department of Corrections for funding a new facility, even though evidence

(including, for example, that recidivism rates for women released from prison have increased faster than the increase in recidivism rates experienced by men, according to DOC recidivism studies) has suggested that the lack of resources for programming was raising the state's annual price tag for corrections.

But in 2012, the DOC received \$38 million to build the new prison after a lawsuit was filed on behalf of four female prisoners who claimed New Hampshire wasn't meeting requirements to provide parity between the men's and women's prisons.

"There are so many ways that that [Goffstown] facility is inadequate that it's not useful to try to compare that with anything we would want to do [to build the new facility]," said Bill McGonagle, assistant commissioner of the New Hampshire Department of Corrections.

The location behind the men's prison has its pros (for example, much of the infrastructure, like sewers, storm water, gas lines and electricity, is already in place, and synergies with the men's prison operations are possible) and cons (the proximity to the men's

prison could potentially cause "problems"). As former inmate Becky McGuire put it, "I saw how goofy the women got when some of the men's prison came over. It was so silly and ridiculous. ... Maybe financially it makes sense, but there is going to [be] a whole nother bag of issues. It's nature."

McGonagle said this problem of men and women interacting with or even seeing each other could be avoided with good design.

Designing for women

Fulfilling the legal requirement of parity with the men's prison is necessary, but not the most important goal, said McGonagle. The department wants to create a gender-specific environment that's sensitive to women's needs.

"It's intended to be what the architects call a 'normative environment,'" McGonagle said. "While prison is always an abnormal environment, we're trying to make it bring more normal types of activity to women who are housed here."

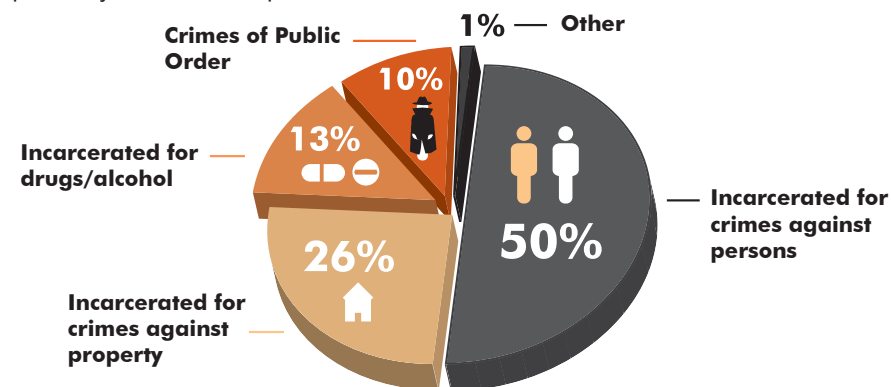
Like the men's prison, the new women's prison will avoid a monolithic design that features a single building and provides no opportunity for inmates to go outside, which is the case at the Goffstown facility. Officials are designing a "village" plan with three housing units and a courtyard that women will travel through to get to another building that will house the visiting room and recreational, medical, educational and dining facilities.

McGonagle said that if you ignore the razor wire and the fence, the facilities will look more like a college campus. The men's prison is set up this way too, except without a communal courtyard. For the women, the courtyard will function as a place to mingle and build community — something that's not emphasized as much in a men's prison, McGonagle said.

"Women respond best when there is an opportunity to develop a sense of community. So it's a place where inmates come togeth-

What are they in for?

A breakdown of the crimes that got people in the New Hampshire prison system locked up.



Source: NHDOD

er during good weather to gather, to renew friendships," he said.

In some ways, the architectural ability to create a new structure could mean the development of a superior facility to the men's.

The women's prison will be built to capture as much sunlight as possible, with large windows throughout. The culinary arts facility and family connections center will feature some amenities not available in the men's prison. A hospice care unit, which the men's site doesn't have, will be built for inmates who need daily medical aid, or are pregnant and nearing childbirth.

In fact, one of the biggest investments will be the new medical facilities — a whole wing dedicated to health. Like the men's prison, it will include outpatient, dental, mental health, and inpatient care, as well as a pharmacy and on-site medical records. At the Goffstown facility, only extremely basic medical service is offered, and if the women need a higher level of care, they're transported to the men's prison or the hospital.

"If anyone needed [anything] other than a Band-Aid, they had to be sent out," McGuire said.

To control design quality, attorneys at New Hampshire Legal Assistance who represented the plaintiffs in the lawsuit have been kept in the loop. They've been able to comment on the process so far, said Elliot Berry, an attorney who represented the plaintiffs.

"They've got a series of difficult decisions to make," he said. "I wouldn't make them all the same way, but I am appreciative of being included. That \$35 million hard limit of what

they can spend is another barrier."

Berry wouldn't comment on the elements of design he wishes they did differently, but he said, "We have the right to go back to court any time we want, and if I thought we were stuck with a blatantly inadequate footprint and design I would do that. But it's not anywhere clear enough. Hopefully my concerns would be overwrought."

Getting with the program

At the end of the day, the operating budget is more important than the facilities budget, Berry said. The chronic issue of parity isn't the building but the level of services and programming for female inmates.

Because of infrastructure inadequacies at the Goffstown prison, resources like mental health treatment, vocational education and industries programs have been severely deficient. Year after year, decisions were made to avoid replacing the facility for the women, McGonagle said. Resources were allocated elsewhere, like to a new men's prison in Berlin.

McGuire, who spent three years at the Goffstown women's prison on embezzlement charges from 2009 to 2012 and now advocates for prison reform, agrees with Berry. A new building is nice, but without industries programs in place, women cannot learn the skills or become mentally prepared for reintegration into the world outside prison walls, she said.

"[In the current building] you could make things, like crochet or knit or sew, and they used to have a store where you could send things to and get a percentage ... but a lot of women don't do that kind of stuff. The men

\$32,872
Average yearly cost
per prisoner in 2012
(male or female)

Women's correction, through the years

A look at developments in housing female inmates

1880	1941	Early 1980s	1989	August 2012	Spring 2015
Female inmates housed in South wing of Concord prison	State lawmakers authorize the transfer of female offenders to other states	Lawsuit filed against the NHDOD, resulting in a ruling that female inmates must be housed in-state	State prison for women opens in Goffstown county jail building as a "temporary" facility	Lawsuit filed against the NHDOD in complaint of imparity between women's and men's prison resulting in a court ruling to grant the DOC funds to build a new women's prison	Construction scheduled to begin on new women's prison in Concord

Source: NHDOD

On the other hand, they could make furniture, or people would commission them to make furniture, versus someone making a quilt for a baby and getting 40 bucks,” she said.

The goal is to offer the same amount of career and technical opportunities that the men have available (there are currently about 300 of these types of jobs at the men’s prison), but not necessarily the same ones. Some skills that will likely be useful to men when they leave might not be useful to women, and vice versa, said public information officer Jeff Lyons. They will both have a culinary arts program, but the women won’t likely have a license plate shop or a wood shop. Other industries, like furniture refurbishing (which the men have now) could potentially be offered in both prisons. The DOC is still looking into what types of programs might best suit women.

Men and women should be able to advance toward a high school degree at the same pace, McGonagle said. Historically, men have been able to advance through the educational system more quickly because in Goffstown there was not enough classroom space.

Programming for the new prison hinges around the Department of Corrections budget for the 2015-2016 fiscal biennium. In January the DOC will meet with the governor in staff increases, particularly in the areas of medical workers and officers to staff the separate housing facilities, Lyons said.

Because the new women’s prison will be directly behind the men’s, the department is planning to synchronize and share some of the services so that women have access to existing ones, which may save costs. Emergency response, school and vocational technology at the men’s prison will expand women’s access, McGonagle said.

Overcrowding imparity

One of the challenges the women’s prison won’t encounter, at least not yet, is overcrowding. There are currently 145 female prisoners in the state, according to the Department of Corrections website, and the population of female prisoners has been level for the past few months. The new prison will be built with

By the numbers

Statistics and costs related to the NH prison system

19	Average daily population increase from 2012 to 2013
126	Average daily female prisoners in 2013
105	Number of beds at Goffstown prison
224	Number of beds required at new Concord prison

Source: NHDOC 2013 Annual report

*Source: Jeff Lyons, NHDOC public informations office

the capacity to house 224 inmates, with the possibility of extending that to 350.

In the men’s prison, it’s another story. As of Jan. 1, 1,481 men were housed in the aging facility that has a maximum capacity of 1,205. In the lower-security dormitories, bunk beds line the walls of communal space otherwise filled with tables and workout equipment because there aren’t enough two-bed cells. Beds in the communal space are least desired by inmates and are assigned to new arrivals, Lyons said.

The overcrowding also causes problems for inmates at the lowest and highest levels of security. When male prisoners are ready to transition back into the community, they’re supposed to go to one of the state’s transitional housing units, where they wear their own clothing and are expected to go out and look for work. But because of overcrowding, many inmates don’t get this opportunity and are released straight from the Concord facility.

At the other extreme, not enough C4 housing (the second-highest level of security) means that maximum security C4 prisoners must stay at the C5 level until a bed opens up. C5 prisoners are locked in their single wet cells (cells with toilets in them) 22 hours a day. They aren’t allowed to intermingle with other prisoners, and whenever they

move they must be handcuffed and accompanied by a guard. C4-level prisoners kept in the C5 unit are treated as maximum security inmates, Lyons said.

Extra beds in the women’s prison sets up the possibility of receiving women from out-of-state correctional facilities with overpopulation problems. It’s not set in stone, but it’s a possibility, Lyons said, and would generate some income for the prison. Ironically, the state’s female inmates were shipped out of state until a 1970s lawsuit ended in a ruling that the prisoners must be kept in-state, where they can be closer to their families (resulting in the move to Goffstown).

While generating money could be helpful, McGuire balked when she heard the new prison would be so large. Prisoners should be close to their families, she said, and introducing out-of-state inmates could mean a less safe environment for New Hampshire’s inmates.

“My first gut reaction is, you have got to be kidding me. Great, they need a better space, but going for a space for 125 women to 225 women, you’re just going to put more people in there,” she said. “I hope this new prison doesn’t become something like they do see on TV... because bigger means lots of other things could happen. There are people who have done some really horrible things.”

Prison reform advocates: missed opportunity

Local prison reform advocates think that when the lawsuit came up, the state had a “once in a lifetime” chance to create a space based on a restorative model of correction, said Chris Domin, founder of Citizens for Criminal Justice Reform.

The restorative model focuses on rehabilitation and victim and offender needs, and uses drug and mental health courts. Domin said advocates wanted the state to build a modern prison for 100 women and halfway houses and sober houses for 150 more, similar to the Sullivan Correctional Facility in Fallsburg, NY.

When the \$38 million was approved by the state legislature, the Department of Corrections could have asked for it to be spent on that model, he said.

More Men Learning

CTEC Program certificates granted to inmates by gender in 2013

Source: NHDOC 2013 Annual report

Auto Body Repair

Men - 11

Women - N/A

Automotive Mechanics

Men - 27

Women - N/A

Building Trades

Men - 46

Women - N/A

Business Education

Men - 129

Women - 72

Computer Education

Men - 84

Women - 19

Culinary Arts

Men - 75

Women - N/A

Intro. to the Workforce

Men - 76

Women - N/A

Power Mechanics

Men - 11

Women - N/A

“It was a missed opportunity. On the other hand they have been asking for a new prison for 20 years. Maybe beggars can’t be choosers here. Any new prison for women would be 100 times better than what they have now,” he said.

Lawmakers have considered elements of reform in the recent past. In 2010, legislators attempted to reduce crowding and foster societal reintegration by passing SB500, which assured prisoners at least nine months before their maximum sentence. It also stated all inmates would have a parole officer and supervision as they reintegrated into the community. But the law garnered continual criticism and was ultimately overturned in 2011.

“I suspect if they hadn’t gutted Senate Bill 500, the department might have been more free to build the other kind of women’s prison. We like a punitive philosophy — it makes us feel good and feel safe,” Domin said. 🗨️

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He's trying to scare you

Local filmmaker wins spot as director

Last year, Douglas Guarino, a filmmaker from Merrimack, made the video for the City of Nashua's Winter Stroll. Since then, he won a directing job on a feature-length horror film for P210 Productions, out of Billings, Mont. He created a trailer based on the script to win the contest. Guarino has been shooting films since he was a kid but this is his first feature-length non-documentary job. He's in Montana this month, directing a story that's aiming to scare the pants off its audience.

Q: Tell me about the movie, *The Writer's Ghost*.

Essentially, the main character is a successful writer. She moves into a new house 20 miles from her old location. She starts having some weird paranormal stuff happening that she can't explain. The story takes some interesting twists that involve her new boyfriend, Scott. It's pretty cool actually. It's not like the movie *Paranormal Activity*. It's also possession-based. The ghost sort of possesses her new boyfriend.

How do you turn a script into a winning trailer?

I tried to use the actual actress in the trailer, but she was unavailable. She was in Russia doing a play. The trailer was based on the script minus the ending, so it was my job to take as much of whatever parts of the script I felt were important and to put those into about a minute-and-15-second format. It was pretty short. It was a process weeding out what would be dramatic or scary. How do you scare people in a minute and 15 seconds? I don't know. It seemed to work, I guess. They did a focus group in Billings, Montana. The writer's response to me was people were actually scared of my trailer and jumped at a couple parts.

How do you make a story scary through direction?

There are some techniques you can use camera-wise to make it scary. A lot of the lighting, for sure, adds to it. And there is a technique where sometimes when the camera moves too close to the subject you can't see around them and for me that kind of makes it scarier...I think between that and audio you can get people to jump. Audio is a huge part of video, and just fluctuating audio from very audible to way



Douglas Guarino

too loud, it scares them. By running the shots as long as possible without cutting away I think you create a creepy vibe as well.

What have you done to prepare for the shoot?

I've been working with a producer from L.A. ... We've been ripping apart the script and going over it quite a bit in the last couple months. Doing everything from rewrites to getting together a prop list. There's a lot of mental preparation. I try to visualize what I'd like to shoot for each of the scenes. You try to stay as true to the original vision as you can.

How would you deal with moody actors?

You mean, primadonnas? It's a psychology lesson, at least for me. Actors need to be in the right frame of mind in my opinion to give their best performances. For example, our lead actress, if she's not in the right frame of mind to be scared, I may have to sit her by herself someplace until she is in the right frame of mind. I'm not going to call action when actors aren't ready. I think it's important to wait until they're in the right mindset and then let them go. I think there will be a lot of improvisation as well. I like to give them the freedom to do what they need to do.

How will it be different directing a fiction story, rather than a documentary?

You're able to do retakes, rather than a live event where you get one shot. It sharpens your skills shooting large events, knowing your gear and having to adapt to it very quickly.

What's your best advice for aspiring filmmakers?

I guess same advice given to me. If you want to be a director, if you want to be a filmmaker, just go out and make film. ... For me, I had to go out and shoot various shorts and music videos. So if it's your goal to be a director, you got to really take the bull by the horns. Whether it's buy your own gear or rent it, you just have to go out and show people what you can do.

—Rebecca Fishow

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NEWS & NOTES

QUALITY OF LIFE INDEX

Sarah Silverman plugs NH

Hometown hero comedian Sarah Silverman is breaking up with her coffee, at least in a quirky Orbits Gum advertisement. In the ad, the Bedford native is in a pitch meeting when a delightfully naive, speaking coffee cup that thinks it's in a relationship with Silverman calls her "babe." Silverman tries to set the little guy straight by explaining they aren't together. "Look, I'm from New Hampshire, you're a beverage," she says.

QOL Score: +1 for the shoutout

Comment: *Meanwhile, QOL would totally watch that Sarah Silverman police procedural she's pitching in the ad. Post-Rizzoli & Isles spot, TNT?*

On with the show

After Timberlane Regional High School Superintendent Earl Metzler canceled the school's next spring production of *Sweeney Todd*, hundreds of people came to a meeting last Wednesday in support of reversing the decision. Metzler and others said the show's tone was too dark for high school, WMUR reported. But supporters of the performance think it's one of the best, most challenging American musicals, and students should have the opportunity to produce and perform it. *Sweeney Todd* is about a barber who kills his customers and passes them off to his landlord, who cooks the victims in pies. The meeting was three hours long, and Metzler said while he isn't totally opposed to it, he has to think of it as a community event, and it may not be appropriate for families.

QOL Score: -1 for getting in the way of a performance of "God, That's Good"

Comment: *Sweeney Todd was first seen in a longer story called A String of Pearls: A Romance in 1846. Since then, it's been adapted for plays, movies and the ballet, and has inspired numerous songs.*

Red Sox lotto and Big Papi visit

Technically QOL is not a Bostonian but a New Hampshireite, however, when it comes to things like the Boston Red Sox or the Boston Marathon, QOL sports Boston pride like no other. QOL cheered during last week's home opener and checked out the Monday NH Lottery \$5 Red Sox scratch ticket launch with appearances by Gov. Hassan, Wal-ly the Green Monster, the 2013 World Series Trophy and, who else but David Ortiz.

QOL Score: +1

Comment: *Feeling lucky? QOL is.*

Why?!

The bales of hay meant to slow down sledders were set on fire at the Alexander-Carr Park in Derry last Friday afternoon. Fire officials say arson was the cause, as reported by the Union Leader. The blaze came dangerously close to a nearby lodge, and fire crews had to pour about 3,000 gallons of water on the fire before it was extinguished.

QOL Score: -1

Comment: *QOL's favorite sledding spot, too! At least the snow's melted enough so that this doesn't deteriorate immediate sledding opportunities.*

QOL score: 71

Net change: 0

QOL this week: 71

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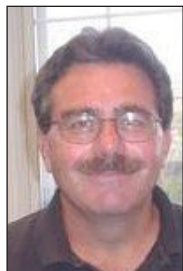
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SPORTS DAVE LONG'S LONGSHOTS



Numbers to get 2014 started

Here are some noteworthy baseball numbers as the season starts:

1 – game in 2,602 career games played by **Derek Jeter** that came after the Yankees were mathematically eliminated from the playoffs. Will he keep that up?

2 – thumbs up to Orioles manager **Buck Showalter** for making minor-leaguer **Josh Hart** write a report on Orioles great **Frank Robinson** after the Hall of Famer spoke at Orioles camp in spring training and Hart admitted he didn't know anything about the legendary player.

3 – key Atlanta Braves pitchers who went down for the year in spring training to throw the NL East into much more of a jumble than originally expected.

4 – between **Matt Kemp**, **Andre Ithier**, **Yasiel Puig** and **Carl Crawford**, the number of starting outfielders the L.A. Dodgers have, which could lead to solid injury protection or massive dissension issues in the clubhouse.

Sports 101: Who is the last 18-year-old to hit a home run in a major-league game?

4 & 31 – how many 'roids boys **Barry Bonds** and **Alex Rodriguez** will remain shy of reaching 2,000 RBI, respectively, after Bonds was essentially forced into retirement after his 'roids discovery and with A-Rod possibly facing the same fate if the Yanks buy out his contract after he completes his 2014 PED suspension.

10 – days before the season even started when the bloom came off the rose for newcomer **Jacoby Ellsbury** in New York. After he missed a few days with a calf injury, the New York Post ran this headline on March 20 over a column by **Ken Davidoff**: *Yankees signed up for this Ellsbury injury uncertainty*

11 – different starters the Red Sox revolving door at shortstop has had since **Nomar Garciaparra** was traded in July 2004, including **Orlando Cabrera**, **Edgar Renteria**, **Alex Gonzalez** (on two separate occasions), **Julio Lugo**, **Nick Green**, **Marco Scutaro**, **Mike**

Aviles, **Jose Iglesias**, **Stephen Drew** and now **Xander Bogaerts**. And, since they've won more World Series in that time than any team in baseball, does it debunk the notion stability is needed at that crucial position?

Sports 101 Answer: While **Bryce Harper** is the latest teenager to homer in a big-league game, he was 19 when it happened. The last 18-year-old was **Robin Yount**, who did it with the Brewers in 1974.

Baseball 102: Who is the stolen base leader among active players?

20.25 – after giving up four hits and three runs vs. Texas to blow his first save of the year on Wednesday, the ERA of doofus ex-Sox closer **Jonathan Papelbon**, after having a fourth-worst-in-the-majors 8 last year. Evidence Ben was right to let him walk rather than pay the \$50 million over four years he got in Philly.

59 – percent of voters who said "who cares" in an ESPN.com poll asking if **David Ortiz's** selfie with President Obama was planned or not, while 25 percent said it was spontaneous and 16 percent a marketing stunt. I go with a planned marketing stunt and since he won't own up to it, a low-rent move. Booo.

61 & 65 – how many A-Rod and Bonds will remain shy of 3,000 career hits, respectively, if Bonds stays retired and A-Rod is cut loose by the Yanks and can't find a new team.

69 – homers needed by Big Papi to reach 500 homers, though with one in Game 2 it's down to 68. The closest to the 500 club is **Albert Pujols** with 492.

120 – hits needed by Jeter to pass **Paul Molitor**, **Yaz**, **Honus Wagner** and **Cap Anson** to move into sixth place all-time in career hits with 3,436. If he has his eighth 200-hit season he goes past **Tris Speaker** for fifth at 3,516.

131 – surprisingly low career win total for Tigers hurler **Justin Verlander**, a 10-year vet who's been arguably baseball's most dominant pitcher the last five years. The active leader is **Tim Lincecum** with 206, who also owns the highest winning percentage at 64.9.

140 – homers by one-time Fisher Cat **Adam Lind** — the most by

an F-Cats alum.

150 – career homers by off-to-Japan **Kevin Youkilis**, who'll likely soon drop behind **Jonny Gomes**, who surprisingly starts just one behind Youk at 149 on the all-time leader board.

292 – million dollars given to two-time MVP **Miguel Cabrera**. The \$29.2 million per year is the going rate, but after gigantic long-term deals to **Alex Rodriguez**, **Albert Pujols**, **Crawford**, **Prince Fielder** and others have blown up in their teams' faces, it seems beyond stupid to give a 30-year-old with alcohol issues in his background the latest TEN-year deal.

526 – career doubles by Pujols, which sets the stage for a three-way battle between Jeter (525) and Ortiz (520) for the lead among active players in that category by year's end.

2,742 – hits by **Ichiro Suzuki** in his quest to reach 3,000, a number he'd have reached six years ago if he'd gone straight to the majors instead of spending eight years in Japan. Now, he'll need at least two more decent years to do it.

54,000,000 – added to the Yankees payroll after free agent signings of **Jacoby Ellsbury**, **Brian McCann**, **Masahiro Tanaka** and **Carlos Beltran**, which amazingly happened even after the team lost **Robinson Cano's** \$20 million and **A-Rod's** \$28 million off the books. That took it from \$192 million last year to \$246 million for 2014. So much for getting under the luxury tax threshold.

Baseball 102 Answer: The aforementioned Suzuki is the active leader in steals with 472. For those who thought it might be Ellsbury, he's only 18th with 242 and trails Red Sox alums **Carl Crawford** (448, 2nd), **Coco Crisp** (280, 13th) and **Hanley Ramirez** (248, 16th).

1 billion – approximate number of times Ortiz complained about his contract situation before getting a new deal done two weeks ago.

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Monarchs race for best AHL record this week

The Big Story: It's the stretch run for the Manchester Monarchs over the last three games of the regular season, where they are neck and neck with Springfield for most points in the Eastern Conference in addition to Grand Rapids and Texas in the West. The winner in this race will get home ice throughout the upcoming Calder Cup playoffs. The problem for the Ms is that the Kings just called up defenseman and team captain **Andrew Campbell** and second leading scorer **Linden Vey** to the mother ship in L.A., so they'll be trying to do it shorthanded.

Sports 101: Four players have won a Heisman Trophy and been a Super Bowl MVP. Name them.

Hot Ticket: The home opener at Northeast Delta Dental on Thursday, April 10, when the Fisher Cats meet Binghamton at 6:35 p.m.

Thumbs Up: To L.A. Clippers guard **Chris Paul** for striking up a friendship with the 14-year-old son of Iowa coach **Fran McCaffery** after learning **Patrick McCaffery** needed surgery to remove a malignant tumor from his thyroid. It included phone calls before and after surgery, tweets of encouragement and an invitation to attend both the

shoot around and the Clips game with the T-Wolves last week in the NBA city nearest his home. Need more guys like that.

Quote of the Week: From one-and-done Kansas star **Andrew Wiggins**, who told the gathering at his press conference to announce he was entering the NBA, "I wish college lasted longer — it goes by so fast." Especially if you go for just one year.

Question of the Week: How many classes do you think Wiggins attended in the second term at KU when he knew all along he was a one-and-done guy?

Sports 101 Answer: **Roger Staubach** won the 1963 Heisman Trophy and was Super Bowl MVP when the Cowboys crushed the Dolphins 24-3 in Super Bowl VI. **Jim Plunkett**, **Marcus Allen** and **Desmond Howard** are the others.

On This Date – April 10: 1947 – Jackie Robinson makes the Brooklyn roster to become the first African-American player in MLB history. **1991 – Wayne Gretzky** scores his record 93rd playoff goal. **Born: 1936 – John Madden**, NFL coach with highest lifetime winning percentage. **1938 – Dandy Don Meredith**, '60s Cowboys QB and original *Monday Night Football* broadcaster. 🗣️

The Numbers

1 – hits allowed by Fisher Cats hurler **Aaron Sanchez** in five shutout innings during the F-Cats' 6-0 opening day win over Trenton when **Ken-ny (HEY! Mr.) Wilson** was the hitting star with 3 RBI.

4 – times in 2013-14 the Monarchs' **Linden Vey** has ridden the elevator up to the NHL, where he's recorded 5 points in his 18 games with the L.A. Kings.

6 – after **Jared Smith** was

a taxi squadder with Seattle in February, the number of UNH football alumni who've been part of a team to play in a Super Bowl including **Corey Graham** (Baltimore), **Bruce Huther** (Dallas), **Dan Krieder** (Pittsburgh), **Dwayne Sabb** (New England) and **Scott Curtis** (Denver).

9 – consecutive home openers won by the Red Sox until the streak was snapped with the 6-2 loss to the Milwaukee Brewers in last

Friday's home opener.

32 – consecutive years managing in the Manchester Babe Ruth League by **Colin Burke**, ending this season after his recent decision to step down.

41 – consecutive games scoring 25 or more by Oklahoma City forward **Kevin Durant** after going for 38 in a 122-117 loss to Phoenix on Sunday to go past the previous lead since 1986-87 when **Michael Jordan** did it 40 times. 🗣️

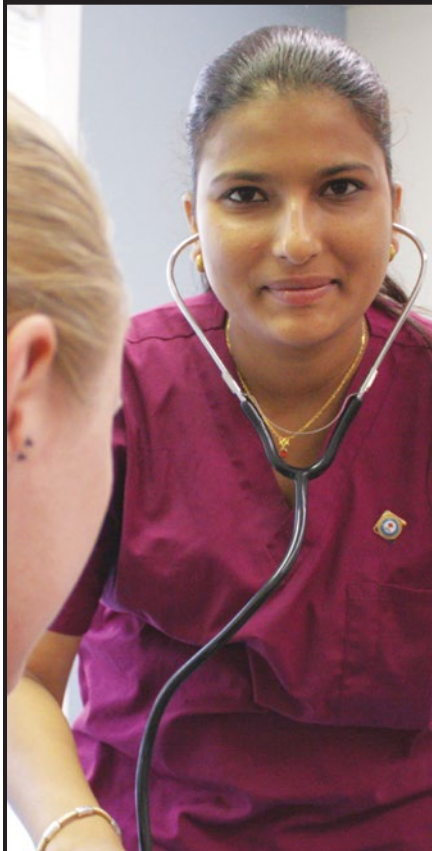
Sports Glossary

Alex Gonzalez: Sox alum who just resurfaced in Detroit to fill in at short after **Iggy** went down for the year with stress fractures in both legs. It's AG's seventh team in 16 years in the majors.

Marco Scutaro: Still going strong, why-can't-we-get-guys-like-that shortstop/second baseman who was a World Series MVP after Theo shipped him out of town in a mid-year deal to the Giants.

Buck Showalter: Control-freak manager still paying the price for taking **George Costanza's** advice for new uniforms while managing the Yankees in the 1990s. Once chastised **Jr. Griffey** for "being out of uniform" for wearing his cap backward in pre-game warm-ups. His teams in New York, Arizona and Texas all got better after he left. But not in Baltimore, where he's done a nice job with an undermanned team, particularly when his last-place Orioles played the final week as they knocked the Sox out of a playoff slot during the collapse of 2011.

Frank Robinson: Somewhat forgotten all-time all-timer who, I'm sorry to tell the **Roberto Clemente** fans in the cheap seats, was a notch or two ahead of Clemente on the all-time right fielder ranking board. Given that he nearly was as good a right fielder, fearless at bat, won two MVPs and the 1966 Triple Crown and hit 586 homers before anyone ever heard of steroids, that's hardly knock against the Pirates great. And, oh, by the way, Robby was also the first black man to manage in the majors. 🗣️



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The Health Profession Opportunity Project is an initiative of the NH Department of Health and Human Services Office of Minority Health and Refugee Affairs and is supported by Grant 90FX0003 from the Administration for Children and Families, U.S. Department of Health and Human Services (HHS). The project described is solely the responsibility of the authors and does not necessarily represent the official views of HHS.

A study funded by the federal government is being conducted to determine how these training opportunities help people to improve their skills and find better jobs. During the study, eligible applicants will be selected by lottery to receive healthcare training. Not all eligible individuals will be selected to participate.

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Ready to Race!

How to train for marathons, tough mudders and hikes up the 4,000-footers

Hiking the Rampart Rocks near Carter. Courtesy Dennis Welsh of AMC.

By Kelly Sennott
ksennott@hippopress.com

Want incentive to get off the couch?

Make a goal. Better yet, make a goal that coincides with the lush spring weather creeping in.

Signing up for a race is one way to do this — it's how Manchester resident Cam Dickson became a runner in 2013, when she joined the Runner's Alley "Couch to 5K" training program in anticipation of the late May Redhook 5K. (It's not a bad introduction to the 5K circuit; it ends with beer.) Getting that bib number, she said, provided a tangible goal, and training with the Runner's Alley group held her accountable. She's run two half marathons since.

Another boost of encouragement: run or ride for charity, like Susan Mollohan of Derry — a victim of Parkinson's Disease, she's performing her training rides in every New England state to prepare for her first full century ride Sept. 7, which raises money for awareness and research.

Still more, you could vow to summit your first 4,000-footer, tackle your first adventure race or complete your first triathlon, half or full marathon. The fuel? Knocking that item off your bucket list.

Accomplishing these goals has never been so accessible, or frankly, so fun — at

least three New Hampshire running events this year involve athletes running through rainbows of color, and many more will leave them caked in mud, feeling like a kid again.

The goal is what will keep you motivated, maybe out of fear, maybe determination, but just as important is the journey, from the physical training to the finish line. Start your goal shopping here.

(Note: Nobody at The Hippo is a professional trainer. None of these are fully fleshed out programs but rather they are places to start. And, of course, check with your doctor before embarking on any new fitness programs.)

Fun runs and 5Ks

You need: A solid pair of running sneakers.

Why this race: It's prevalent and it's short.

Time to prepare: Maybe eight weeks for ultra-beginners. Less time if any if you're physically fit or a runner.

Local options: The untimed "color" races include the Color Me Rad 5K on April 27 in Veterans Memorial Park, Manchester (colormerad.com/race/manchester-nh/), the New Hampshire Color Vibe 5K at the New Hampshire Motor Speedway, 1122 Route 106 North, Loudon, on Saturday, Aug. 9 (thecolorvibe.com/newhampshire.php), and The Color Run 5K (thecolor-run.com/new-hampshire/) on Oct. 11, also at the New Hampshire Motor Speedway. For a 5K that ends with beer, try the Runner's Alley/Redhook 5K at the Redhook Brewery, 1 Redhook Way, Portsmouth, on Sunday, May 25, at 11 a.m., or the Smut-

tynose Will Run for Beer 5K on Sunday, June 22, at the Smuttynose Brewery, Towle Farm Road, Hampton.

"If you've never run before, this is a good place to start," said Runner's Alley owner Jeanine Sylvester in a phone interview. "It's the easiest distance to achieve and it's where

For a phenomenal 5K: Cam Dickson



Cam Dickson became a runner when she signed up for the Redhook 5K in late May last year. Kelly Sennott photo.

First race: Redhook 5K

Motivation: Watching the Dublin Marathon, losing weight.

Favorite aspect of running: Camaraderie

A wife and a mom of two high school athletes, Manchester resident Cam Dickson hadn't run in years before she signed up for Runners' Alley's beginning 5K group, complete with coaching.

"I felt I needed to do something," she said during a Thursday evening run in downtown Manchester. It was one of the first great days of the season; the sidewalks were clear from snow and it was nearly warm enough for shorts. The camaraderie got her hooked.

"You're in a group, and they hold you accountable. Everybody wants you to be there," Dickson said. "You'll see that there's a lot of people in the group that keep coming back. ... It's like a social outlet."

The feeling of accomplishment you get at the end of a race and that coveted "runner's high," she said, are pretty great, too; after tackling her first 5K last spring, she trained for and ran the Manchester Half Marathon and the Jingle Ball Half Marathon in November and December.

She thinks her family can notice the difference in having a runner in the family. "I'm more positive. I'm happier. I feel better, too," Dickson said.

Riding for a cause: Susan Mollohan



Susan Mollohan (second to the left) rides the New England Parkinson's Ride every year to bring about an awareness and raise money for the disease. Courtesy photo.

Motivation: Finding a cure for Parkinson's, slowing down the progression of the disease
She's fundraising: This summer she'll ride in every New England state to help raise money and awareness. Susan Mollohan of Derry became a long-distance bicyclist when she was diagnosed with Parkinson's in 2009 and opted to take part in the New England Parkinson's Ride. The century ride annually raises awareness and research money for the disease, this year on Saturday, Sept. 7, at Old Orchard Beach, Maine.

The ride, it should be noted, is not a race — the purpose is not to win but to complete. In an interview last July (e-pages.dk/thehippo/283/8) Mollohan talked about the struggles of living with Parkinson's Disease and her efforts to bring about a cure through fundraising and sharing her story. Until now, she'd only ridden 50 miles of the ride.

But this year is different; this year, in order to raise more money, more awareness, and to prove to herself and everyone else she can, Mollohan is performing long training rides in every New England state, all in aims to complete the full 100 miles. She's currently setting up contacts within these respective communities in aims to gather people to ride with her. The first rides will be about 25 miles, the last in the 70 or 80 mile range.

These events work because they bring like-minded people together.

"You're bringing together people who have a common interest. ... These are people who are active, and so they're people who have the energy and the drive to do something physical, and I think adding in fundraising kind of goes along with that personality," Mollohan said. The ride is particularly difficult for her because of Parkinson's; at some points in the long rides, she has to physically get off the bike because she's shaking so hard.

"Things that motivate me: finding a cure for the disease. I can almost get emotional... right now while talking about that," she said. "And I crossed that milestone by turning 60. I want to remain as active as I can. ... The more you stay active, the more it slows the progression down."

most people have the greatest success."

If you're a couch-to-5K kind of person, Sylvester suggests starting out with a run/walk program.

"Every two weeks [in this run/walk program] is pretty much the same, especially in the beginning," Sylvester said. "You walk five minutes, then run for a minute. ... The second time you run, you might walk five minutes and then run for two minutes seven times. ... Each week incrementally goes up, but it's slow, to let your body adjust."

You shouldn't be completely winded during these beginner programs.

"We encourage people for when they start out to have a buddy with them. You should be able to talk while you run. Adjust your pace based on your ability to talk with your neighbor. If you can't talk because you're so out of breath, you need to slow down," Sylvester said.

Plus, she said, running with people adds an extra push.

"We can self-talk ourselves out of anything, but if someone's waiting for you on the sidewalk, it's harder," Sylvester said. "Once you finish, you never say, 'Oh, I wish I didn't do that,' but you will regret not going."

Soreness and stiffness are natural (and can be helped with good stretching or foam rollers, available at most athletic stores), but sharp pain isn't. Sylvester advises beginners to start out slow in order to learn what's normal or not normal for their bod-

ies while running.

Another thing to be wary of when you begin running: what you eat. You certainly won't need to refuel during 5K or 10K training runs or races, but you still need to think about what you eat shortly before, if more so you don't eat anything that makes you sick.

"Everyone's digestive system is different, but a lot of people like to eat an hour and a half to two hours before the run. They'll eat something light, like half of a PBJ, crackers and cheese, a mix of carbs and protein. You don't want to eat a steak dinner and then try to go run. That will definitely not feel good," she said.

It's an ideal time to start running, sure because it's healthy, but also because some of the events are so much more than 5K's. The untimed, uncompetitive "color runs" have exploded in New England. (Start with white clothing. Run/walk through a powdered color-infused course. Finish in the same colors as your favorite childhood cereal.)

So have runs that end with beer — check out the "Will Run For Beer" race series in Massachusetts and New Hampshire (will-runforbeer.com).

Sylvester's advice for race day: Don't try anything new. Don't eat anything different. Don't wear something you've never worn before. Dress as though it's 10 to 15 degrees warmer than it actually is. (Her cut-off mark for wearing shorts is 50 degrees. Others will disagree, but she's found many gauge what to wear this way.)

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During last year's Redhook 5K. Courtesy Runner's Alley.

Going for the half

Time to train: Assuming you've got the 5K under your belt, probably between three and four months. Could be less if you're already running 15 to 20 miles a week regularly.

Why this race: It's half of a marathon! It's got the glory without the beat-up of a full.

Local options: There's the Granite State Half Marathon on Tuesday, May 13, which runs along the Nashua River (newenglandchallenge.org/granite.html, starting at the Holiday Inn, 9 Northeastern Blvd., Nashua); the Bear Brook Trail Half Marathon on Saturday, July 19, through Bear Brook Park, Allenstown (check out at facebook.com/BearBrookMarathonAndUltra/info, also includes marathon and ultra); and for a bit of comic book inspiration, the CHaD Hero Half Marathon in Hanover on Sunday, Oct. 26, which often features dressed-up runners (chadhalf.org, One Medical Drive, Lebanon).

So you've got the running bug. The next step is the half marathon. It's become one of the most trained-for races around.

"Oh my gosh, there are definitely a lot

more people running these," said Granite State Racing Team coach, physical therapist and professional long course triathlete Amber Ferreira. "I don't know where it spurred from. Half marathon races are popping up everywhere, and it's one of those distances that's long enough that you feel it's a good accomplishment, yet it's still do-able for the average person. It's the most popular distance that everyone wants to go after."

Intimidated by jumping from a 5K to a half marathon? You can squeeze in a 10K before your training.

"If you've done the 5K and want to keep continuing, another six weeks could easily get you to the 10K," Sylvester said. "As a rule of thumb, don't increase the longest run of the week or total mileage more than 10 percent."

Training for a half marathon will vary in intensity depending on how fast you want to do it, but "you could totally get away with just running three days a week," Ferreira said. "However, you'll likely want to supplement those days with a bit of cross training, just to help build a nice cardiovascular base."



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Half-marathoner: Adam Morris



First race: Big Lake Half Marathon
Motivation: His friends run too.

Thirty-year-old Adam Morris was a recreational runner until this past year; he'd run some 5Ks, the occasional 10K, but he wanted to try something different. Also, it was the thing to do.

"A lot of my friends have been getting into running really seriously. ... The social person I am, I wanted to join in," Morris said. "I started shopping around to see what sort of race I should do, and my friend suggested I try for a half marathon."

So, last May he ran the Big Lake Half Marathon. He's since done three others.

"Finishing that first race motivated me to get better at it. ... Eventually I would like to accomplish a full marathon, but I just haven't yet between work and everything," he said.

What he'll do better next time: "I sort of followed it, but I had to modify it to what fit with me. I tried to stick with it the best I could. I might have actually trained a bit too long — I felt really good two to three weeks before the race, and so I think I peaked too early."

He thinks joining a running group helps; the Granite State racing team in Concord has a solid core of racers and welcomes recreational runners as well. It's where he met his coach, Amber Ferreira, and it's where he got advice about how to get back from an Achilles tendon injury.

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Water water water!



During these very long training runs (or hikes, rides, etc.), and especially those in the summer, water is critical. Camelbacks or water waistbands will help, but they can be cumbersome and often not enough. And going without water is not an option.

Some tips from coach, PT and athlete Amber Ferreira on H2O fueling: drink a ton of water beforehand. Or drop off water beforehand.

"If I have extra time, I'll take a drive and drop off water bottles along the course I'm going to run. Or I might do something that's a bit boring, like run three 6-mile loops if I'm going to try for an 18-mile run," she said.

Even just knowing the area you run well — that there's a faucet in the park you run through or that you can buy a \$1 bottle of water at the gas station you run by, will help.

"If it's too hot and I know I won't get a productive workout, I might do the rare thing and run on the treadmill. You have to know how your body reacts," she said.

Most runners and experts interviewed emphasized the value of cross training. This might include biking, strengthening, hiking — things that work out your whole body, particularly those muscles you don't use while running, like glutes, arms and core. Not only will it be better for your overall physical fitness, but it'll also reduce your risk of injury, which becomes more likely the more pounding you're doing on the road.

You can find lots of free training plans online — Hal Higdon's half and full marathon schedules are extremely popular among beginners, offering plans that are comprised of different levels (novice — if you don't run much at all — to advanced) and different modes of time. Most training plans, in addition to cross training, will include a handful of short-to middle-distance runs in the middle of the week (perhaps between four and six miles) and one longer run on the weekend (between nine and 13 miles).

It's during these longer runs — say 10 miles plus — that you might want to start thinking about different kinds of fueling.

"Nutrition is a big factor," Ferreira said. "You'll never need a gel for a 5K, but once you get to a half marathon, it kind of depends on how much you sweat. You need to think about taking in Gatorade, you need to maybe think about taking a gel at Mile 10. It's totally something that can completely ruin the race if you don't give it a thought." (Gatorade, gels, and shot blocks — tiny gummies bursting with calories and electrolytes — are most important when you're sweating a lot. Also, don't wait till race time to use one of these energy boosters.)

Your best friend during these long training runs, other than your sneakers, could be your phone.

"The iPhones have a variety of different running apps which can be more helpful than anything you find online,"

Ferreira said. (One of those is the "map my run" app, which records how far you trek, the number of calories you burn and the pace of your run.)

The big one: first marathon

Time to train: If you can run at least five miles, probably six months.

Locals options: Clarence Demar Marathon in Keene on Sept. 28 (clarencedemar.com); the New Hampshire Marathon in Bristol (30 N. Main St., Bristol, nhmarathon.com) on Saturday, Oct. 4; The Manchester Marathon (Elm Street, cityof-manchester.com) on Sunday, Nov. 2

What would a training guide be without a marathon section? The Hippo actually had an extremely in-depth guide to marathon training a few years back (visit hippopress.com/read-article/the-long-run). If you're going to go for the full 26.2 miles, it's important to have a solid base — most plans require the runner to be able to run five miles no problem — and a solid three to four hours to devote every weekend to a single run (or more, if you're going to count the nap you take afterward). Hal Higdon and Jeff Galloway each offer training plans for beginners and advanced runners (jeffgalloway.com, halhigdon.com). Both plans can be obtained free, though Higdon's website has more variations and Galloway's is very much a beginner program (and includes lots of walking). You can also obtain training schedules through many other venues (Runner's World, Cool Running, etc.).

These gurus emphasize to beginners not to run your first marathon for time, and not to be discouraged to walk. Higdon says to walk through the water stops, as you'll have to slow down anyway (because everyone else will and otherwise you'll pour water down your front).

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Adventure racing machine: Christy Vigue



Motivation: Mud memories
Favorite event: Spartan Sprint in Fenway
Latest training obsession: Granite State CrossFit

Though she's run 5Ks and half marathons, this Manchester mom says she's "not a runner." She's been in the obstacle course scene for three years (with 15 events on her resume, including 13-mile Spartan Beast). She's made enormous strides this past year since she joined Granite State CrossFit in Manchester.

"What I like about the obstacle course racing is that it gets you excited about trying the next obstacle," she said. "My favorite is the Spartan Sprint in Fenway. There's no mud or fire, which is a bummer, but it's fun because you get to see every part of Fenway Park. You even have obstacles to do in the locker room."

It also brings back fond, muddy memories.

"It makes me feel like a kid again. You don't care about what you look like. I enjoy getting muddy, scraped and bruised the same way I did when I was a kid. ... You also feel good when it's done. It's a big accomplishment," she said.

She likes that you never know what you're going to get, that sometimes, you need to be prepared to swim in your clothes and shoes, that if the race is long enough, you need a pack with food and water in it.

She's found enormous improvements in her racing strength since she joined Granite State CrossFit. "It's also really motivating; when I was doing P90X, I was never sure I was doing anything right because I never had anyone telling me so. ... I like to do lots of strength workouts; before I joined CrossFit, I did P90X training. ... The only thing I can't really train for is throwing a spear."

Her tips for washing your items after?

"I hose everything down, best I can, and then I fill a bucket with hot water and some Oxi Clean and give my clothes and sneakers a good soak. Then I hose again and wash in the washing machine. My clothes will only sustain permanent damage when it tears occasionally on barbed wire."

Manchester mom Christy Vigue has taken the adventure racing world by storm. Photo courtesy of Spartan Race.

Sweat, mud and fire: your first adventure race

What the ... : It's a 3-, 9-, 13- or 26-mile course with obstacles that may or may not include barbed wire, fire, a swim, wall-climbing, rope-climbing, tire-jumping or spear-throwing.

Why would you do this?! Non-runners/bikers say it's less boring. Also, epic photos.

How much training: Depends how long the race is. The Runner's Alley Adventure 5K program is eight weeks long and requires that runners can initially run two miles.

Local options: New England Dragway Thunder Run 2014, at the New England Dragway grounds, Epping, May 17 (thunderrunnh.com); Wason Pond Pounder, a 5K on May 31 with 14 to 16 obstacles along Wason Pond trails in Chester (wasonpondpounder.com); Sunapee's Mountain Mucker, a 5K obstacle course race May 31 (themountainmucker.com); the Loon Mountain Monster Mud Run on July 12, also a 5K (loonmntn.com); Renegade Playground Challenge, 72 Lafayette St., Rochester, on July 19 (renegadeplayground.com)

Even Sean Gray at Runner's Alley can attest that many people go for the adventure races today because running for hours on end, to be frank, can get boring.

"A lot of people get bored of just the running aspect. This adds a new challenge and makes it a little more fun," he said in a phone interview.

In fact, he's met people who find the prospect of running a 5K more daunting than running an obstacle course race.

"It's a bit harder, and so it's surprising — you'll see a lot of people who are scared to do a 5K, a 10K, but they'll sign up for a Tough Mudder," he said. "They'll end up walking from event to event, so it's not the racing, it's the challenge of getting through the obstacles that captures them."

These races are exciting — they involve things like climbing walls and ropes, jumping through fire or carrying heavy objects up mountains. They're also often performed in teams, untimed, the ultimate goal being completion.

He's been seeing more people gravitate toward them the last five years, and he too has become enamored — he's completed two Tough Mudders and the Spartan Beast. He's currently training for the Spartan Ultra Beast, 26 miles of obstacles in Killington, Vt.

There are lots of local events (listed above) but also many national organizations like the Tough Mudder, the Spartan races and the female-led Mudderella, which travel across the country.

Gray is currently leading a 5K adventure group through Runner's Alley in prepara-



Runner's Alley's Adventure group performing during their 2013 Adventure 5K challenge. Courtesy Runner's Alley.

tion for the Wason Pond Pounder. He sent an example of a week's training for the adventure 5K group via email; it includes running two to three miles, two to three days a week, and on the other days, a mix of running and circuit training (regular/assisted pull-ups, bench dips, lunges, leaps, mountain climbers, jump rope, squats, etc., at high intensity). These are functional movement exercises, done in a way meant not to develop power so much as overall endurance. He adjusts the plan accordingly when training for a 12- or 13-mile event. "When you're running the Tough Mudders, you're basically running up and down a black diamond. You need to be good at transitioning from running to upper body workouts and then back to running again," Gray said. "You have to have that all-

around fitness level, upper body, lower body, core strength."

Plus, for most adventure races/events, you won't know what's to be thrown at you. Participants have also been known to use CrossFit, P90X and race websites (like toughmudder.com, which provides examples and exercise direction for beginning, intermediate and advanced "mudders").

Gray's last tip: sign up early to get the first wave. These mud races are extremely popular, especially the Tough Mudders and the Spartan races, as there's often wait time between obstacles.

Try a triathlon

First time around: The sprints are usually a half mile swim, a 10- to 15-mile bike and a 5K run.

All in the shoes



You may want to consider using your least favorite pair of sneakers for a muddy adventure race. Courtesy photo.

Arguably the most important thing you do in preparation for your race, other than running, is buying a sturdy pair of running sneakers that fit not only your foot type but also your "gait style" (running stride). It's a hefty investment — typically about \$120 — but a good pair of shoes will be pivotal in the comfort of your runs and in reducing injury.

Where to get those specialized shoes? One place is Runner's Alley, the state's only "running only store," which has locations in Manchester, Portsmouth and Nashua, and is currently setting up another shop at 142 Main St., Concord. The company provides great support for runners, not only in its gear, but also in its advice and coaching for customers. The business holds free runs Saturday mornings at 8 a.m., usually between four and six miles. It also offers training groups, beginner 5K to half marathon training, throughout the year,

which comes with an upfront cost but includes coaching.

When buying your first pair of shoes, a seller might ask you to run in the store to determine whether your ankles are leaning in, your knees caving in, etc., to determine how much support you need. (Or don't need.)

There's no one shoe for everyone, Runner's Alley owner Jeanine Sylvester said; runners with flat feet won't buy the same as people with high arches, and they'll need to be replaced every 300 to 500 miles, depending on how fast you wear them out, which will be determined by how you run and where you run.

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One training motivation: reaching the top of the 4,000-footers. Lakes of the Clouds with Mt. Washington. Courtesy Dennis Welsh of AMC.

Where most people need more work:
The swim. It's a more technical-based sport. Also, large events turn into more of a water brawl, said Amber Ferreira.

How long will it take: Usually between 1 and 2 1/2 hours.

How long should you train for:
Depends on the individual and race. For someone active, beginnertriathlete.com says 13 weeks.

More importantly, what to wear?
Some competitors will wear suits you can swim, bike and run in. Or you could go simple and wear a swimsuit and workout clothes. Remember changing will take time.

Local options: Greater Nashua Sprint Triathlon on Sunday, June 8 (.3 mile swim, 16 mile bike, 5K run, nashuatr.com which starts at YMCA Camp Sargent, 141 Camp Sargent Road, Merrimack); Capitol City Triathlon on Sunday, July 27 (0.3-mile swim, 15-mile bike, 5K run, at NHTI, 51 Institute Drive, Concord, fasteventsnh.com/capitol-city-tri.html); Circle Triathlon on Sunday, Aug. 31 (0.25 mile swim, 12-mile bike, 2.5 mile run, at 283 River St., Ashland, circletriathlon.org)

A coach of the Granite State Racing Team, a running club in Concord, Amber Ferreira is also a physical therapist and a professional long-course triathlete. She better describes herself as an "endurance monster" with a passion for cross training and multisport. Just before our phone interview, she competed in the national snowshoe championships in Woodford, Vt. (And won.)

"I do a ton of cross training," Ferreira said in a phone interview. "My fastest marathon and half marathon times happened when I stopped running seven days a week and started cross training."

As such, she knows a thing or two about training for multi-sport endurance test like a triathlon, which at times can be a bit overwhelming.

"In triathlon training, once you get into the longer stuff, it can get pretty complicated. You're juggling three sports," she said.

How much you devote to each element of training is up to you; beginnertriathlete.com offers a free 13-week program for those competitors who have at least some running experience and are looking to try a sprint triathlon. The first week, for example, includes two swims (one 15 minutes, one 30 minutes), one run (20 minutes) and two bike rides (one 35 minutes, one 40 minutes). The highest-volume week, two months later, includes two swims (one 30 minutes, one 35), one run (45 minutes) and two bike rides (one 45 minutes, one 60).

These free training plans online are helpful to follow because they are organized in a way to help you rest and improve — an intense week will be followed by an easier one, followed again by a harder one. There will be one longer ride or run (or both) every weekend.

"If you can swim, bike and run, for the most part, you can pick up a beginner training program for free. If you want to get to the next level, if you have goal to make, it's not a bad idea to get a coach," Ferreira said, either one who specializes in multi-sport events like these or someone who can provide more technical advice — swimming, for instance, is often the weakest segment for a triathlete because it's the least natural of the three.

Trek a 4,000-footer

Why this challenge: No entry fee, prize is the glorious view.

Things you'll need for the hike: Good footwear; light fleece; windbreaker; hiking poles (optional); pack to stick it all in; two liters of water and a means of water purification; food (high energy, like trail mix, high-energy nut and fruit bars, beef jerky, fruit, PBJ); a headlamp; *AMC White Mountain Trail Guide* (to read beforehand, contains six maps, costs about \$25)

At 4,000 feet high: Patricia Grogan



New Hampshire hiker Patricia Grogan hiked her first 4,000-footer last summer. She liked it so much she planned to do two more for the summer of 2014. Courtesy photo.

First 4,000 footer: Mt. Moosilauke

Why she did it: The view; every time she gets to the top, she gets a bit teary-eyed

Tip for beginners: Hiking poles make coming down easier

Good mountain to start with: Mt. Major, which looks over Lake Winnepesaukee
Hampton resident Patricia Grogan didn't know she was hiking a 4,000-footer when she took on Moosilauke. It was a windy, cloudy day, and the hike took about 10 hours total, if you include the break at the top. It was September, and she wore pants, hiking boots, a fleece and windbreaker. It wasn't until she was halfway up the mountain that her son, Eddie, informed her.

"I just had the biggest grin on my face, I'm telling you, it made all my energy come back. I said, 'I'm getting to the top of that thing,'" Grogan said in a short phone interview.

A regular walker, she only began hiking two years ago, when she moved back to New Hampshire from New Jersey. She'd hiked Mt. Major, Artist's Bluff and South Moat Mountain, but peaking at Mt. Major encouraged her to try for more.

"The feeling when you get to the summit of a mountain, it's just so worth it. That's my inspiration. ... I get up there, and it brings tears to my eyes! ... I'm planning on trying two more [4,000-footers] this summer," she said.

She advises beginners to get a set of poles and to do lots of walking beforehand.

"I walk a lot. It really helped me. You have to have some sort of leg conditioning before you start, that's for sure," she said.

You might also want: To know how to read a map and compass. And a map and compass.

Best/easiest 4,000-footers to start out with: Mt. Tom, Mt. Hale, both of which have a gain of only 2,000 feet of elevation.

Beginners stay away from: Presidentials, Owl's Head, Mt. Bond, at least at first. These also often require overnight equipment.

Best time to hike: Best time for beginners, between mid-May and September. Best of the best is during August or September, cooler and less buggy.

Boots were made for walking: It's the best exercise for this case.

How long will it take? Rick Wilcox of IME in Conway says most decent hikers can gain about 1,000 feet an hour without too much trouble.

The state is littered with hikes and views, but the 4,000-foot mountains hold a royal position in New Hampshire. The state even has a Four Thousand Footers Club, formed in 1957, and hiking all 48 of them is like the Granite State equivalent of hiking Mt. Everest.

Plus, most trees usually stop growing at about 4,000 feet, which means that these New Hampshire hikes are the ones with the rocky summits and unobscured views.

Owner of International Mountain Equipment (IME) in Conway and the International Climbing School, Rick Wilcox knows the state's peaks better than most; he completed all 48 4,000-footers at age 15, and he's one of the few worldwide to summit Everest.

"Climbing a 4,000-footer is more intermediate to more advanced hiking," he said in a phone interview. "There are some 4,000-footers that are easier than others

— some of which are even easier than the state's 3,000-footers."

How do you prepare to surmount the coveted 4,000-footer? Wilcox says the best way is to walk.

"The types of muscles and body type we're looking for on these long hikes are those that can hike for six or eight hours, while stopping for snacks," he said. "Running develops a different kind of muscle system; most people don't go out running for eight hours, but you are going to have to walk for eight hours."

Weight training is not really a big deal; using a stairmaster might help, but walking is king, preferably three times a week.

"One thing hikers have to learn is where their physical endurance fits in with what they're trying to accomplish. Getting to the top of the mountain is only halfway through the day. ... Start on easier mountains and learn how your body works on these peaks. If you struggle with a 3,000-foot gain over five miles, then maybe you need to train a bit, to get some exercise hiking around town," Wilcox said.

Also remember, the longer you hike, the harder it is to keep up that speed. Beginners should take the more gradual trail up; Moosilauke, for instance, has one shorter, steeper trail and a longer, more gradual one. Despite that it's longer, the latter will be easier going.

Most importantly, when you finally perform your hike: "Have common sense," Wilcox said. "You can only go as fast as the weakest climber in your group. Stay together; if you're having a hard time, turn around and come back as a group. If the weather is bad, turn around and reschedule the hike for another day."

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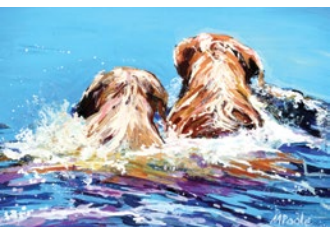
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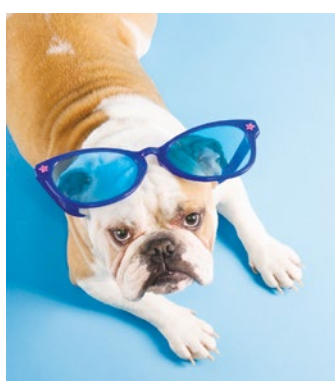
Thursday, April 10

Prepare to eat some hot dogs and do some cheering: It's the first (home) game of the 2014 season of **Fisher Cats baseball**. The New Hampshire Fisher Cats take on the Binghamton Mets tonight at 6:35 p.m. at Northeast Delta Dental Stadium (1 Line Drive in downtown Manchester, nhfishercats.com). Tickets cost between \$6 and \$12, see the website for details. The first 2,500 fans will get a free team magnet with schedule. The game kicks off a week of home games for the Fisher Cats, who will play the Mets through Sunday, April 13, (the Friday game will feature post-game fireworks) and then face the New Britain Rock Cats Monday, April 14, through Wednesday, April 16.



Thursday, April 10

Buy art, eat food and help animals. Sullivan Framing will hold **"Paws and Claws for a Cause"** in partnership with Copper Door Restaurant to benefit Animal Rescue League of NH today from 7 to 9 p.m., at Sullivan Framing and Fine Art Gallery, 15 N. Amherst Road in Amherst. Local artists have created original paintings, available for purchase for \$75, with all proceeds donated to the League. The evening will include hors d'oeuvres and wine. Call 471-1888 or go to rescueleague.org.



Saturday, April 12

Also from the League: The Animal Rescue League of NH (545 Route 101, Bedford, 471-0888, rescueleague.org) will host **Bow Wow Bedford** today from 10 a.m. to 4 p.m. The event will include information on dog licenses, a micro-chip clinic, rabies vaccines, face painting (for the human attendees), shopping and raffles and lunch for sale.



Saturday, April 12

Time to do some low-cost shopping. The Longmeadow Congregational Church (4 Wilson Crossing Road, Auburn, 483-2907, longmeadowucc.org) will have a **rummage sale** today from 8 a.m. to 2 p.m. The Humane Society of Nashua (5 Hudson Park Drive, Hudson, hsfh.org) will hold a **yard sale** today from 8 a.m. to 2 p.m. and Sunday, April 13, from 8 a.m. to noon. And pick up some tasty treats at an **Easter bake sale** today from 10 a.m. to 3 p.m. at the Assumption Greek Orthodox Church (111 Island Pond Road, Manchester, 623-2045).



Saturday, April 12

As one sports season begins, another ends: The **Manchester Monarchs** play their final home season game tonight at 7 p.m. at the Verizon Wireless Arena in downtown Manchester. The Monarchs will take on the Portland Pirates and the evening will feature giveaways (including a lunchbox giveaway for the first 2,000 fans) as part of Fan Appreciation Night. See manchestermonarchs.com for ticket information.

Eat: In Manchester

Eats Week continues in Manchester through Saturday, April 12. Restaurants in the city's downtown are offering fixed-price meals and discounts. Offers include a three-course sushi dinner at Thousand Crane for \$25 per person, a \$3 hot coffee and muffin combo at J Dubs Coffee, a buy one get-one-free offer for the breakfast buffet at the Patio at the Hilton Garden Inn and a three-course meal for two at Portland Pie Company for \$24.99. See intownmanchester.com for a complete listing. And find more about Eats Week in last week's issue of the Hippo. Go to hippopress.com and click on the current issue to go to the flipbook. Click on the calendar icon on the bottom left side of the page to find the April 3 issue. The story is on page 39.

Drink: An espresso with a side of jazz

Enjoy a Sunday morning of **art, jazz and eats** on Sunday, April 13, from 11 a.m. to 2 p.m. at the Currier Museum of Art (150 Ash St. in Manchester, 669-6144, currier.org). The brunch menu includes made-to-order omelets and pancakes, coffee and espresso drinks and other lunch and breakfast favorites. The cost is \$19.95 for adults, \$6.95 for kids 10 and under (\$8.95 for those doing the continental brunch only). Call the museum, ext. 110, for reservations.

Be Merry: With music

Head to The Red Blazer (72 Manchester St. in Concord, 224-4101, theredblazer.com) on Friday, April 11, for the acoustic **music of Randy Arrant**. Find more cool music to heat up your night in our Music This Week listing, which starts this week on page 63.

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Odyssey interpretation

Romare Bearden translates the African-American journey

By Kelly Sennott
ksennott@hippopress.com

Why did Romare Bearden want to retell *The Odyssey*? And what was his aim in making all its characters black?

Colors, characters, collages and questions make up “Romare Bearden: A Black Odyssey,” a very large Smithsonian exhibition that stopped at the Currier Museum of Art in its tour across the country and opened a couple of weeks ago.

On view now through Aug. 17, the show of watercolors, drawings and bright collages offers Bearden’s perception of the 2,700-year-old story, telling of Odysseus’s 10-year journey back home after the fall of Troy. It’s a story of faith, will, bravery and tenacity, and it’s been told and retold countless times. But in this collection, Bearden takes a different route: here, he uses Homer’s tale as the framework to recreate his depiction of black America.

“*The Odyssey*, in many ways, was a metaphor for life,” said Currier Museum of Art Associate Curator Kurt Sundstrom in a phone interview. “It’s about Odysseus’s 10-year journey to find his home. Along the way, he’s presented with a number of challenges, and he evolves as a person through these challenges.”

Stories about journeys dominate literature, from Jesus to *On the Road* by Jack



Romare Bearden, “Battle with Cicones,” collage, 1977. Courtesy of the Currier Museum of Art.

Kerouac, Sundstrom pointed out, and these journeys often work to represent more than just getting from one place to another. This is no different.

Sundstrom says you can see the connection: from being taken from Africa to surviving slavery, from northern migration to civil rights issues, African-Americans worked through countless struggles as a group in the centuries before these collages were made in the late 1970s.

“He was a brilliant writer and was incredibly knowledgeable about the history of art in general, a brilliant scholar,” Sundstrom said. “The work is never preachy, never angry, never lecturing people. But it’s extraordinary work with enough ambiguity that gives the viewer lots of open-ended questions.”

Born in North Carolina in 1911, Bearden grew up in Harlem amidst the Harlem Renaissance. He was influenced by blues,

by jazz, and in 1963 he co-founded Spiral, a collective of African-American artists that included Norman Lewis, Charles Alston, Hale Woodruff and others, dedicated to the civil rights movement. It morphed from being an overtly political group to one dedicated to creating a new visual order, as described in the press release, with less figurative work and more abstraction.

Bearden, as described in exhibition videos and panelings, always insisted that art comes from other art, and throughout the show, you’ll find that, too; Homer’s story is narrated alongside each piece of art, starting with the fall of Troy and moving through with Circe, the Land of the Lotus Eaters, ending with his return home.

Even if you’re not up on your Greek mythology, you’ll find little difficulty following along. The collages, so bright and vibrant, are very simple and seem to jump

out at you. Also, the installation contains a wealth of accessories including an app you can download on your phone beforehand (it’s free and comes with dialogue to go with each piece — bring headphones).

In his work, art comes from other art more physically, too; recent research indicates that Bearden photo-reproduced elements of a painting in the Currier collection by pre-Renaissance painter “The Follower of Meliore” and you can see the proof in three of his pieces. (These pieces aren’t depicted in this particular installation, however, there will be a pop-up show opening May 24 that demonstrates this.)

“To me, there was no parallel black or white artist in his generation,” Sundstrom said. “You can see him jumping from medium to medium with absolute ease. ... He’s the one who brought collage to the forefront as a medium, and he re-invigorated it. No serious artist used collage in the way he did, and he did it in a way to tell a story.”

“Black Odyssey” programming

Family Saturday: Community Collage on Saturday, May 10, from 10 a.m. to 3 p.m., at which time attendees can contribute to a large collaborative collage that invites you to recreate a Manchester scene. Guided family tour at 11:30 a.m.

Focus Tour: “The Odyssey” Cliff Notes on Sunday, May 25, at 11:30 a.m. Tour of the exhibition, conversation continues over lunch at Winter Garden Cafe, \$20 (includes admission and lunch).

Uprooted (documentary) film and discussion on Saturday, June 21, at 3 p.m., 30-minute documentary produced by UNH, tells stories of five refugees who have been resettled in the state.

Family Summer Studio: Collage Explored on Wednesdays, July 2- July 30, from 11 a.m. to 1 p.m., family studio art activity that explores possibilities of collage.

See “Romare Bearden: A Black Odyssey”

Where: Currier Museum of Art, 150 Ash St., Manchester

When: On view now through Aug. 17

Admission: \$12 for adults, \$10 for seniors, \$9 for students, \$5 youth, free for children younger than 13

Contact: currier.org, 669-6144

24 Art

Includes listings for gallery events, ongoing exhibits and classes. To get listed, e-mail arts@hippopress.com.

ART

• **SULLIVAN FRAMING: PAWS AND CLAWS FOR CAUSE** beneficiary event in partnership with Copper Door Restaurant to benefit Animal Rescue League of NH on Thurs., April 10, 7-9 p.m., at Sullivan Framing and Fine Art Gallery, 15 N. Amherst Road, Amherst. Local artists created 6x6 original paintings, available for purchase for \$75. 100 percent proceeds donated. Free, hors d’oeuvres and

wine provided. Call 471-1888, amy@sullivanframing.com, rescueleague.org.

• **CRAFTING AN ARTFUL HOME** five-part series, presented by Kimball Jenkins Estate & School of Art (266 N. Main St., Concord) and NH-based interior designers/stylists. “Decorate a Room Around Your Favorite Piece of Artwork” Thurs., April 10, 6-8 p.m.; “Contemporary Art in a Traditional Home” Thurs., April 17, 6-8 p.m.; “Mixing

26 Theater

Includes listings, shows, auditions, workshops and more. To get listed, e-mail arts@hippopress.com.

Colors and Patterns Like a Pro” Thurs., May 1, 6-8 p.m.; “Liven Up Your Space With a New Way of Looking at Art” Thurs., May 8, 6-8 p.m.; “Backyard Style” Thurs., May 15, 6-8 p.m. Admission \$30 per event, \$120 for all five. Visit kimballjenkins.com, call 225-3932 for details.

• **5TH ANNUAL STYLES AND SMILES FASHION SHOW** and raffle at Windham High School, 64 London Bridge Road, Windham, on Sat., April 12, at

6:30 p.m. Event raises funds and awareness for Avon Walk for Breast Cancer national charity. Tickets \$10, survivors get in free. Raffle, refreshments.

• **CURRIER MUSEUM FAMILY SATURDAY: COLLAGE** at 150 Ash St., Manchester, on Sat., April 12, 10 a.m.-1 p.m. (art making), family tour at 11:30 a.m. Hands-on art activities, guided family gallery walk. Admission free from 10 a.m. to noon for NH residents. Visit currier.org, call 669-

28 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

6144, ext. 122.

• **CURRIER MUSEUM OF ART JAZZ BRUNCH** on Sun., April 13, 11 a.m.-2 p.m., continental station, made-to-order omelettes, pancakes, etc., at the Currier Winter Garden Cafe, 150 Ash St., Manchester, reservations recommended. Visit currier.org, call 669-6144, ext. 110, email lpavlopoulos@currier.org, \$19.95 for adults, \$8.95 for continental only, cash bar.

• **NHIA ART TALKS** at Labelle

Winery, 345 Route 101, Amherst, series of presentations hosted by NHIA faculty. Alison Williams presents “How Art and Science Connect” on Sun., April 13, at 3 p.m. Free admission, wine and cheese. RSVP required; email rsvp@nhia.edu, visit sharonarts.org.

• **IMPERIAL RUSSIAN FABERGE EGGS** event at Concord Public Library, 45 Green St., Concord, on Tues., April 15, at 7 p.m. Marina Forbes photo-

LOCAL — COLOR — NH art world news

• **Last in a series:** For the third part in the New Hampshire Institute of Art's three-part lecture series, Alison Williams, dean of the Institute's MFA program, offers a lecture on Sunday, April 13, at 3 p.m., at LaBelle Winery (345 Route 101, Amherst, 672-9898). The presentation, "How Art and Science Connect," will be preceded by a reception during which the attendees can enjoy free wine and cheese and followed by an opportunity to dine at LaBelle with a 10-percent discount. Space is limited for the event, which is free but RSVP encouraged. Email rspv@nhia.edu. Visit nhia.edu.

• **Calling all professional artists:** The New Hampshire State Council on the Arts marks a May 2 deadline for professional artists who are looking to apply for the New Hampshire Arts in Education Artist roster. The roster is meant to serve as a resource for educators interested in bringing experienced teaching artists into classrooms to work with youth, members of which are practicing professional artists who can use art as a tool for a variety of learning experiences. Evaluation criteria: evidence of artistic excellence, exceptional communication and teaching skills, experience and ability to work in an educational and community-based setting, innovative/motivating ideas for residency plans. Visit nh.gov/nharts or call 271-0795, email catherine.r.obrian@dcf.gov.

• **Are you in the right brain?** Or the wrong

tour of collections from around the world, talks about history of the eggs and the artist. Call 225-8670, visit concordpubliclibrary.net or the library Facebook page.

• **DRAWN AND QUARTERED, THE ART OF CARTOONING:** MIKE LYNCH AND STEPHANIE PIRO event on Tues., April 15, at 6 p.m., at The Pearl, 45 Pearl St., Portsmouth. Presentations, networking, hors d'oeuvres, presentation at 7 p.m. Registration free for NHCC members, students, \$15 for non-members. Visit nhcreativeclub.org.

• **RICHARD BLANCO** part of Eagle Pond Authors Series on Thurs., April 17, at 7 p.m., at Plymouth State University, 114 Main St., Plymouth, 535-3787.

• **KEN HARVEY** award-winning photographer presents on Thurs., April 17, at 7 p.m., at Nashua Public Library, 2 Court St., Nashua, 589-4610, nashualibrary.org/directions.htm, caroleymann@nashualibrary.org, 589-4610. Presentation of slides of his African safari to the Serengeti, the Ngorongoro Crater, a Maasai vil-

lage, etc., free admission, registration not required.

Exhibit openings

• **"THE TAME ONES"** at Seacoast Artist Association Gallery, 225 Water St., Exeter, 778-8856, on view now through April. Reception on Sat., April 12, 2-4 p.m.

• **"THE LIMITLESS COLLECTION"** photographic body of work by Pat Kennedy Corlin about NE home and worldwide travels, on view at the Seacoast Artist Association Gallery, 225 Water St., Exeter, 778-8856, now through May 31. Reception on Sat., April 12, 2-4 p.m., at the gallery.

• **SNHU 8TH ANNUAL STUDENT EXHIBIT** at the McIninch Art Gallery, 2500 N. River Road, Manchester, on view April 10 through May 3, with a reception on Thurs., April 10, 3:30-5:30 p.m. Includes work like magazine layouts, logos, photography, illustrations, character and environment designers, posters, brochures, short animation/videos.



Alison Williams presents a lecture "How Art and Science Connect" at Labelle Winery this weekend. Courtesy photo.

one? A day of alternative art happens on Saturday, April 26, from 11 a.m. to 5 p.m. — the Wrong Brain Spring Bazaar is back, with more unconventional, underground art than ever before. The Millspace at the Newmarket Mills, 55 Main St., Newmarket, will be brimming with vintage and recycled goods, photography, records, clothing, jewelry, knits, aromatherapy, books, pins, patches, to name just a bit, in addition to live music by People Skills, Andrew Szirbik, Superdude and Stephen Ormond. Add in a few tarot readings, a make-your-own-pin stand, a bake sale and a zine library, and you might never go back to the right brain. Visit the event's Facebook page for more information.

• **Teachers' art:** The Art Gallery at Rivier University presents "Celebrating the Faculty in Art" on view through April 22 on the second floor of Memorial Hall, 420 Main St., Nashua. The exhibition consists of work by current faculty including Clifford Davis, Theresa Couture, Willard Hall, Loretta Hubley, Ronnie McClure, Sheli Peterson and Patti Schlapper; visit rivier.edu/artgallery.

— Kelly Sennott

Theater

• **TALLEY'S FOLLY** at Merrimack Repertory Theatre, 132 Warren St., Lowell, Mass., 978-654-7550, mrt.org, now through April 13. Visit frosthieves.com/upcoming-shows.html for ticket prices, which start at \$20.

• **HAIR** at Seacoast Repertory Theatre, 125 Bow St., Portsmouth, now through April 19. Call 433-4472, visit seacoastrep.org for ticket prices.

• **PAPA WORKSHOP: RUMPELSTILTSKIN** on Sat., April 12, at 11 a.m.; Sun., April 13, at 11 a.m., at Seacoast Repertory Theatre, 125 Bow St., Portsmouth. Tickets \$10 per person. Visit seacoastrep.org.

• **BECKY SHAW** presented by Artists Collective Theatre at Hunt Memorial Building, 6 Main St., Nashua, on Thurs., April 10, at 8 p.m.; Fri., April 11, at 8 p.m.; and Sat., April 12, at 8 p.m. Tickets \$20, available for purchase at act-theatre.org.

• **SEUSSICAL THE MUSICAL** presented by Amherst PTA at Souhegan High School (412

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Dorks or heroes?

On the *Dorks in Dungeons* appeal

By Kelly Sennott
ksennott@hippopress.com

If you've never attended *Dorks in Dungeons LIVE! Onstage*, you might want to get to your first Portsmouth showing, if not early, then right on time. At the start of every show, Game Master Brian Kelly gives the audience a brief explanation.

More like a statement of assurance.

He asks, "Do you know what a giant is? Do you know what a dragon is?" If the audience members nod their heads, then he consoles them, "You'll be all right."

The regular cast and crew call *Dorks in Dungeons* a fantasy improv comedy show based on *Dungeons & Dragons*, a role-playing dice game in which players create imaginary characters in a fantasy world and set off on quests. However, in order to appease a wider audience, they've cut down on the confusing/boring elements of the game to create a system of improvisation that's slowly garnered a slew of attention and almost cult following in Portsmouth.

The group has performed as the headliner at the Hal-Con in Halifax, Nova Scotia, the second-largest fantasy/sci-fi convention in Canada, and they'll be guests of honor at PortConMaine come June. The cast and crew also join Seven Stages Shakespeare Company as the Rude Mechanicals in the ShakesBEERience production of *A Midsummer Night's Dream* in May. Their next regular performance is April 13 at the Seacoast Rep.

"We have a lot of audience members who've never played *Dungeons & Dragons*. They don't know what it's all about, yet they're regulars," Kelly said in a phone interview. As game master, he's sort of like Drew Carey on *Whose Line Is It Anyway?*, except in their version, the actors only ever play one game.

While it's true you don't need to be a gamer to get it, there are a few other things you should know beforehand. The heroes of the show — Cullen DeLangie as The Great Mimoso, Teddi Kenick-Bailey as Loxi, Bri-



The next *Dorks in Dungeons LIVE! Onstage* event is April 13. Kathleen Cavalaro photo.

an Paul as Yorgen Hamfiston and Molly Dowd Sullivan as Phyona Darkblack — are members of a fantasy postal service, based on general characters within the *Dungeons & Dragons* rulebook. The improvisors — Kevin Baringer, Mike Ficara, Robin Fowler, Jessica Miller and Glenn Provost — fill in as other characters that need to be played.

Theirs is an ongoing story, but not so ongoing that you can't stop in at any point. Kelly has a very basic outline of what's going to happen throughout every performance (about three sentences, to be exact), and the improvisors fill in those blanks.

But there's a catch: Every time a hero wants to do something — swing a sword, start a fight, bribe the guard — he has to roll a 20-sided die. That score, one being very poor, 20 very good, will determine how well that character performs the task.

The show, which began in July 2012, has evolved quite a bit since first production.

"It was definitely a strange evolution," Kelly said. "One of our producers and co-creators, Kathleen Calvaro, was given two weekends to fill a theater. The catch was that

she couldn't put on any plays. She filled it with stand-up comedy, alternative acts, and the times that weren't filled, Sam Bennett and I decided to play *Dungeons & Dragons* live with funny people. Instead of just having one game master play all the characters, we had some actors come onstage."

That first show wasn't exactly a show-stopper.

"It was very much like how you'd watch a chess tournament," Kelly said. "Overhead, there was a camera on the game table. ... The game is really fun to play with your friends, but not super fun to watch."

But people liked it, and so co-producers — who now include Cavalaro, Kelly and Brian Paul — decided to keep at it.

"Two weekends in, we pitched it to the Players' Ring in Portsmouth. ... They gave us a slot every month for the whole theater season, which meant about 10 shows. Every month, we kind of started fine-tuning it," Kelly said. "It really became a thing all in its own. We even wrote a book about it."

The audience response took them by surprise.

"We had no idea if anyone would care," Paul said. "It started just as a crazy idea to fill time up onstage. What surprised me was the hard-core audience, that 'cult following,' was not necessarily the gamers, the people who would know our source material. We started getting people watching who were more theater buffs, people who I'd think were too highbrow for what we were doing."

The production every month is the result of a lot of luck and hard work, Kelly said, but he thinks people come back because it's something different. They're not the first to perform fantasy improv, but they're the first to do it quite like this, and the first to do so on the Seacoast.

Another reason could be that audiences get kind of a say in what happens; those guests who order tickets in advance get an action point, i.e., a poker chip with stickers on it. If said audience member doesn't like a particular roll an actor makes, he can toss the chip onstage — hopefully without hitting anybody — and demand a re-roll.

Nostalgia could be part of it, too.

"I played *Dungeons & Dragons* in high school. So did a lot of our cast. Some still play," Kelly said. "It's a social activity. ... I'm generalizing here, but if you were playing *Dungeons & Dragons* in high school, you probably weren't invited to a lot of parties. It was a good way to meet and hang out with like-minded people. I think a lot of people have really fond memories of the game, and our appeal is that nostalgia." 🍷

See *Dorks in Dungeons LIVE! Onstage*

Where: Seacoast Repertory Theatre, 125 Bow St., Portsmouth

When: Upcoming shows are on Sunday, April 13, at 7 p.m.; Sunday, May 18, at 7 p.m.; and Sunday, June 22, at 7 p.m.

Admission: Pay What You Can at the door; pre-ordered tickets are \$12

Contact: dorksindungeons.com

Tavern Quest! An interactive event on Saturday, April 19, at the Stone Church, 5 Granite St., Newmarket, 659-7700

Boston Post Road, Amherst) on Thurs., April 10, at 7 p.m.; Fri., April 11, at 7 p.m.; Sat., April 12, at 2 and 7 p.m.; and Sun., April 13, at 2 p.m. Call 582-5211. Tickets \$15, \$12 for students and seniors. Visit amherstptaseussical.brownpapertickets.com.

• **THE GIZMO GUYS** show on Sun., April 13, at 1 and 4 p.m., featuring Allan Jacobs and Barrett Felkner, master jugglers, at the Capitol Center for the Arts, 44 S. Main St., Concord, 225-1111, ccanh.com. Tickets \$20.

• **THE WIZARD OF OZ** at Rochester Opera House, 31 Wakefield St., Rochester, April 10 through April 27. Tickets \$18-\$22, call 335-1992, visit rochesteropera-house.com.

• **HAL HOLBROOK AS MARK TWAIN** at Capitol Center for the Arts, 44 S. Main St., Concord, on Fri., April 11, at 8 p.m. tickets \$45-\$55, call 225-1111, visit ccanh.com.

• **SCRAP ARTS MUSIC** performance at Dana Center for the Humanities, 100 Saint Anselm

Drive, Manchester, on Fri., April 11, at 7:30 p.m. Tickets \$33.75, call 641-7700, visit anselm.edu/dana.

• **CRIMES OF THE HEART** Pulitzer Prize-winning tragic comedy by Beth Henley on Fri., April 11, at 7:30 p.m.; Sat., April 12, at 7:30 p.m.; and Sun., April 13, at 2 p.m., at NHTI, 31 College Drive, Concord, 230-9311. Performed by Stage Lynx Drama Club, admission \$10.

• **MUSIC OF THE NIGHT** presented by Stage One Productions at Chateau Event Center, 201 Hanover

St., Manchester, on Sat., April 12, at 7:30 p.m. (curtain at 8:45 p.m.) and Sun., April 13, at 11:30 a.m. (curtain at 1 p.m.). Call 669-5511, email boxoffice@stageoneproductions.net for ticket prices.

• **JESUS CHRIST SUPERSTAR** performed by StageCoach Productions on Fri., April 11 at 8 p.m.; Sat., April 12 at 8 p.m., and Sun., April 13 at 2 p.m., at 14 Court St., Nashua. Visit stagecoachproductions.org for details. Tickets \$20.

• **PERSPECTIVES** spring dance ensemble, jazz, tap, ballet, hip

hop, contemporary, lyrical dance on Fri., April 18, at 7 p.m., in the Sawyer Center Theater, 541 Main St., New London. Tickets \$10 adults, \$5 students, colby-sawyer.edu/tickets, 526-3670, boxoffice@colby-sawyer.edu.

• **DARWIN'S WAITING ROOM: COMICALITY** at the Players' Ring, 105 Marcy St., Portsmouth, through April 13, Fridays and Saturdays at 8 p.m., Sun., April 13 at 2 p.m. Family-friendly sketch comedy show, *The Twilight Zone* meets *Monty*

Python. Tickets \$15, \$12 for members, students, seniors, visit playersring.org, call 436-8123.

• **CLICK, CLACK, MOO** on Tues., April 15, at 10 a.m., at Stockbridge Theatre, 5 Pinkerton St., Derry. Tickets \$6-\$8, call 437-5210, visit stockbridgetheatre.com.

• **THE JUNGLE BOOK** presented by Palace Youth Theatre at Palace, 80 Hanover St., Manchester, on Wed., April 16, at 7 p.m., and Thurs., April 17, at 7 p.m. Tickets \$12, call 668-5588, visit palacetheatre.org.

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Notes from the theater scene

• **10 years of theater:** Ghostlight Theater Company of New England starts its 10th season with *Woyzeck*, a performance that promises to be “part theater, part performance art” at the Janice B. Streeter Theater, 14 Court St., Nashua, with showtimes on Thursday, April 24, at 8 p.m.; Friday, April 25, at 8 p.m.; and Saturday, April 26, at 2 and 8 p.m. The production team partnered with die Karneval von Wahn Sinn, a carnival group that specializes in macabre theater, to help perform Georg Büchner’s tragic play about a brain damaged soldier who’s subjected to extreme military medical testing, blurring all senses of reality. (Coincidentally, it’s this theater group’s 10th year as well.) The company was attracted in part because the play is 150 years old and unfinished.

“Once I started reading deeper into the show I began to see that, although unfinished, Büchner said a lot in his 16-page script,” local show director Dylan Gamblin said in a press release. “The morality in the pursuit of science, the class struggle between rich and poor, the after-care, or lack thereof, for PTSD, the question of what is sane and what is not.” Tickets are \$20 at the door, \$15 online. Visit gltnet.org.

• **Amherst PTA’s take on Dr. Seuss:** The Amherst PTA’s rendition of *Seussical the Musical* is at Souhegan High School (412 Boston Post Road, Amherst) April 10 through April 13, and contains a cast aged 7 to 70. The play is comprised of Dr. Seuss characters like the Cat in the Hat, Horton the Elephant, Gertrude McFuzz and Mayzie La



The Prescott Park Arts Festival “raised the roof” of its new addition last week. Courtesy photo.

Bard, all played by parents and teachers of the greater Souhegan Valley. In this production, you’ll see parents and their kids sharing the stage, in addition to some very familiar faces — one cast member, Michelle Emmond, celebrates her 35th production with the Amherst PTA. Showtimes are Thursday, April 10, at 7 p.m.; Friday, April 11, at 7 p.m.; Saturday, April 12, at 2 and 7 p.m.; and Sunday, April 13, at 2 p.m. Tickets are \$15 per person. Call 801-5603.

• **Pavillion gets a roof:** The Prescott Park Arts Festival raised the roof last week on its new addition. The pavillion will provide more upgraded public restrooms, new food services and an “enhanced audience and park visitor experience,” as described in the press release, which will particularly make this summer’s *Shrek: The Musical* more enjoyable.

“It’s a thrill to watch the new structure rise from the ground, emerging from the earth as the snow washes away. This progress, along with our recent announcement of the summer musical, makes us all feel a little bit of spring in the air,” Executive Director Ben Anderson said in a press release. “I look forward to sharing the improved Park with all the Festival fans in the coming months.” Visit prescottpark.org to learn more about the festival and its updated progress.

— Kelly Sennott



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7:30 pm, Friday, April 11 &
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2 pm, Sunday, April 13
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Crimes of the Heart, by Beth Henley. Directed by Jim Webber. At the core of this Pulitzer Prize winning tragic comedy are the three MaGrath sisters, Meg, Babe, and Lenny, who reunite at Old Granddaddy’s home in Hazlehurst, Mississippi after Babe shoots her abusive husband. Past resentments bubble to the surface as they’re forced to deal with assorted relatives and past relationships while coping with the latest incident that has disrupted their lives. Each sister is forced to face the consequences of the “crimes of the heart” she has committed.

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Auditions/open calls

• **AUDITIONS: PALACE YOUTH THEATRE** *Beauty and the Beast* for kids ages 8 to 18, on Sun., April 13, at 10 a.m., 11 a.m. or noon, at Palace Theatre, 80 Hanover St., Manchester. Learn a dance, be asked to sing after. Call 668-5588.

Classical

• **BACH’S LUNCH SERIES** concert on April 10, 12:10-12:50 p.m., “Music for Brass Quintet,” at Concord Community Music School’s Recital Hall, 23 Wall St., Concord, free. Feel free to bring bag lunch. Call 228-1196, visit ccmusicschool.org.

• **NH FIDDLE ENSEMBLE** performs benefit concert for Womenade of Greater Squamscott at Exeter Town Hall (Front St., Exeter) on Fri., April 11, at 7:30 p.m. Tickets \$12, \$6 for children. Call 934-1901, visit nhfiddleensemble.com. The ensemble

also plays at the Franklin Opera House, 316 Central St., Franklin, 934-1901, on Sun., April 13, at 2 p.m., tickets \$6, visit franklinoprahouse.org, 934-1901.

• **MUSICIANS OF WALL ST. CONCERT: AN EXPLORATION IN SYMMETRY** at the Concord Community Music School, 23 Wall St., Concord, on Fri., April 11, at 7:30 p.m. Call 228-1196, visit ccmusicschool.org, admission \$15 adults, \$12 students.

• **NASHUA COMMUNITY CONCERT ASSOCIATION: YANG AND OLIVIA LIU** perform at Keefe Auditorium, 117 Elm St., Nashua, on Fri., April 11, at 8 p.m. Ticket information available by calling 318-1792, visiting cityartsnashua.org, nashuacommunityconcerts.org.

• **SCRAPARTS MUSIC** at Dana Center, 100 Saint Anselm Drive, Manchester, on Fri., April 11, at 7:30 p.m., tickets available at

anselm.edu/dana, call 641-7700, \$33.75.

• **SAINT ANSELM SPRING CONCERT** “Holy Week” on Sat., April 12, at 7:30 p.m., at Dana Center for the Humanities, 100 Saint Anselm Drive, Manchester. Call 641-7700, email dana@anselm.edu. Free.

• **LATINAS: MUSIC BY LATIN AMERICAN WOMEN COMPOSERS & ARRANGERS** at the Mariposa Museum, 26 Main St., Peterborough, on Sat., April 12, at 7 p.m. Under director/founder Laury Gutiérrez, La Donna Musicale and Rumbarroco: Boston’s Latin-Baroque Fusion Ensemble will perform. Admission \$20. RSVP at 924-4555, tina@mariposamuseum.org.

• **MERRIMACK VALLEY FLUTE CHOIR** performs at Nashua Public Library on Sun., April 13, at 2 p.m., at 2 Court St., Nashua. Original works, familiar favorites. Visit nashualibrary.org, call 589-4600.



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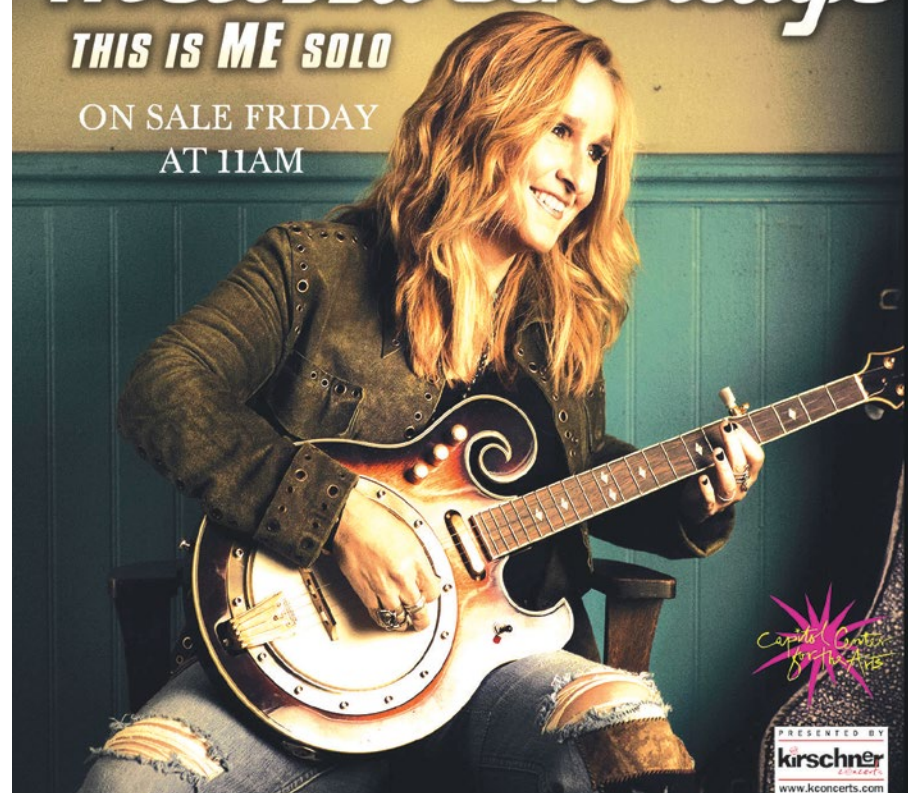
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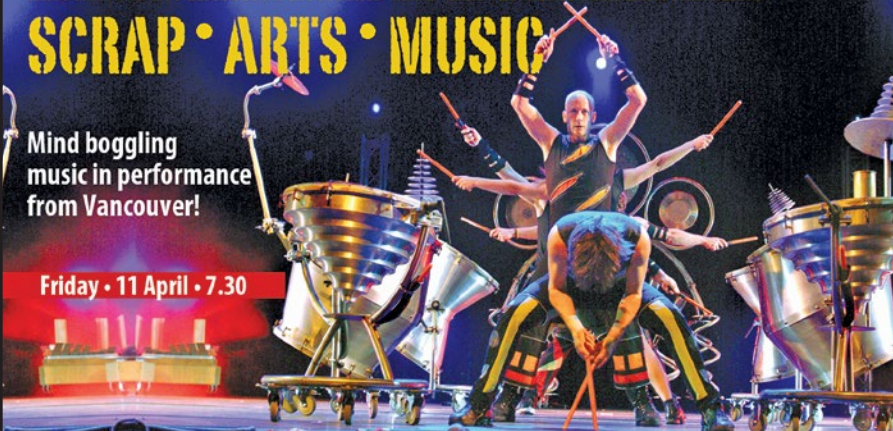
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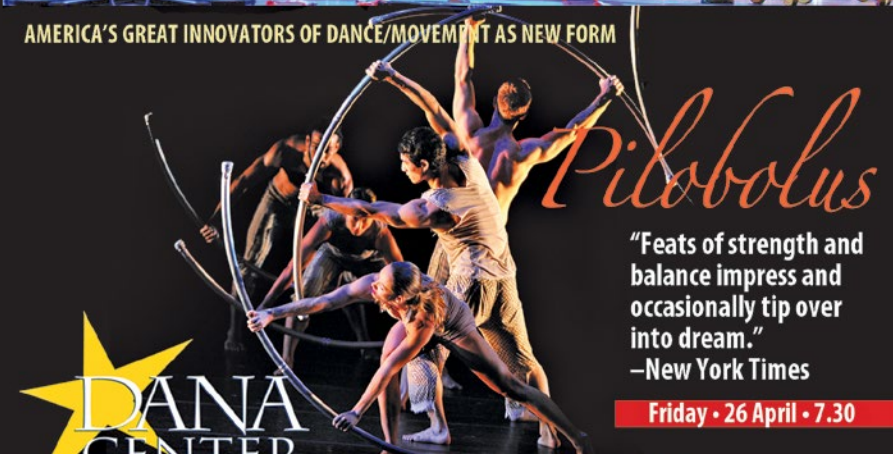
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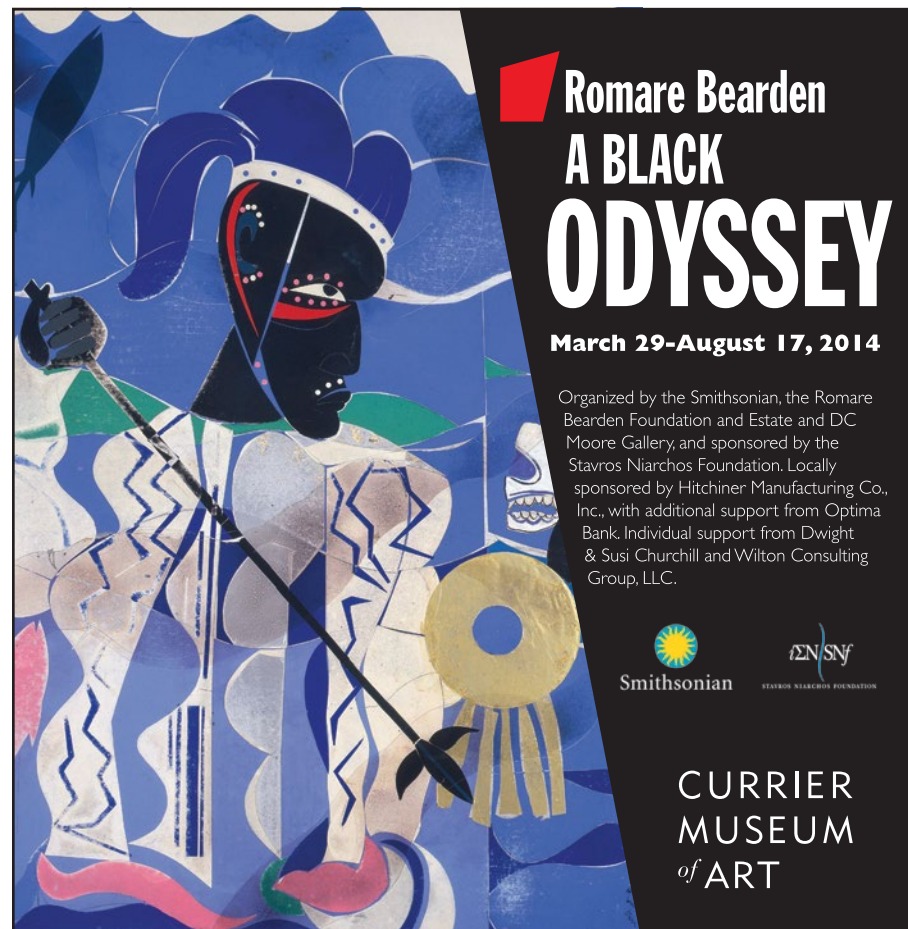
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Romare Bearden A BLACK ODYSSEY

March 29-August 17, 2014

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Spring break

Send the kids to camp

By Kaitlin Joseph
kjoseph@hippopress.com



Campers at last year's art camp at the Currier Museum of Art. Courtesy photo.

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Games, clubs, fun...

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Advice on your outdoors.

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There's gold in your attic.

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Click and Clack give you

car advice.

Get Listed

From yoga to pilates, cooking to languages to activities for the kids, Hippo's weekly listing offers a rundown of all area events and classes. Get your program listed by sending information to listings@hippopress.com at least three weeks before the event.

Check out this list of where to send your kids on their last vacation of the school year.

Art Camps

• **Beck's Arts Express** (491 Amherst St., Unit 25, Nashua, 566-1393, artsexpressnh.com) Campers will learn to paint landscapes and still-life and create a modern art piece.

Who: Ages 7 to 12

When: Monday, April 28, through Wednesday, April 30, from 9 a.m. to noon.

Cost: \$100 for the three days

• **Currier Museum of Art** (180 Pearl St., Manchester, 669-6144, ext. 122, currier.org) "Every Family's Odyssey" is a camp inspired by the work of the Currier's exhibit "Romare Bearden: A Black Odyssey." Campers will explore their own personal and family histories and paint, make a collage and sculpt.

Who: Ages 5 to 14

When: Monday, April 28, through Friday, May 2, from 9 a.m. to noon or 9 a.m. to 3 p.m.

Cost: \$270 for a full day or \$160 for a half day, for the week

• **Kimball Jenkins School of Art** (266 N. Main St., Concord, 225-3932, kimballjenkins.com) Campers will learn to draw, paint, sculpt, make collages and do print-making.

Who: Ages 6 to 13

When: Monday, April 21, through Friday, April 25, from 9 a.m. to 3 p.m. Before and after care options are available.

Cost: \$235 for the week

• **Media Vacation Camp** (161 South Beech St., Manchester, 222-1200, mediapoweryouth.org) Kids will learn to use production and editing equipment and learn how to use improv, storytelling and art to create their own positive media messages.

When: Monday, April 28, through Friday, May 2, from 9 a.m. to 4 p.m.

Who: Grades 6 through 8

Cost: \$125 for the week

• **The Refrigerator Door Art Camp** (7 Chestnut Drive, Bedford, 781-8944, refrigeratordoor.org) Campers

will create pieces for a gallery show on Friday.

Who: Ages 4 through 12

When: Monday, April 28, through Friday May 2, from 9 a.m. to noon with extended care to 3 p.m.

Cost: \$190 for the week

• **Studio 550 Art Center** (550 Elm St., Manchester, 232-5597, 550arts.com) At "Heroes, Monsters and Myth Camp," campers will make creatures from stories and fairy tales. While the "Teen Wheel Throwing Camp" will cover the basics of the potter's wheel.

Who: "Heroes, Monsters and Myth Camp" is open to all ages; "Teen Wheel Throwing Camp" is open to students aged 12 through 18.

When: Monday, April 21, through Friday, April 25: "Heroes, Monsters and Myth Camp" runs from 9 a.m. to noon; "Teen Wheel" runs from 12:30 to 3:30 p.m.

Cost: \$155 for one camp

Culinary camps

• **The Culinary Playground** (16 Manning St., Suite 105, Derry, 781-883-7982, culinary-playground.com) Learn how to make lasagna roll-ups, cannoli bites, sweet and salty noodle bowls and chocolate chow mein cookies.

Who: Ages 7 to teenagers

When: Tuesday, April 29, through Thursday, May 1, from 9:30 a.m. to noon, or 9:30 a.m. to 3 p.m.

Cost: \$245 for full three days or \$85 per day or \$130 for half three days or \$45 per day.

• **YMCA, Londonderry Branch — Chef Camp** (206 Rockingham Road, Londonderry, 437-9622, graniteymca.org) Learn skills such as portion control, how to choose healthy alternatives and basic kitchen safety.

Who: Grades 1 through 5

When: Monday, April 28, through Friday, May 2, with care available from 7 a.m. to 6 p.m.

Cost: \$185 for the week

General camps

• **NHSPCA Day Camp** (104 Portsmouth Ave., Stratham, 772-2921, nhspca.org) Campers will learn about and spend time with animals.

Who: Kids ages 6 through 12

When: Monday, April 21, through Friday, April 25, from 9 a.m. to 3 p.m.

Cost: \$250 for the week

• **Stonewall Farm Camp** (242 Chesterfield Road, Keene, 357-7278, stonewallfarm.org) Farm Field Days will allow campers to visit with farm animals, hike, cook, play games, shear sheep and go on alpaca walks.

Who: Kindergarten through 8th grade

When: Monday, April 21, through Friday, April 25, from 9 a.m. to 3 p.m.

Cost: \$200 for the week or \$45 per day

• **YMCA of Greater Manchester, Downtown** (30 Mechanic St., Manchester, 623-3558, graniteymca.org) Activities include swimming, science experiments, creative arts and gym games.

Who: Grades 1 through 8

When: Monday, April 28, through Friday, May 2, with care available

from 7 a.m. to 6 p.m.

Cost: \$195 for the week or \$44 per day, members pay \$155 for the week or \$35 per day

• **YMCA of Greater Manchester, Allard Center** (116 Goffstown Back Road, Goffstown, 497-4663, graniteymca.org) Activities include swimming, science experiments, art, gym games and (for some programs) day trips.

Who: Kindergarten through 8th grade

When: Monday, April 28, through Friday, May 2, with care available from 7 a.m. to 6 p.m.

Cost: \$195 for the full week or \$44 per day, members pay \$155 for the week or \$35 per day

• **YMCA, Londonderry Branch** (206 Rockingham Road, Londonderry, 437-9622, graniteymca.org) Activities include swimming, science experiments, creative arts and gym games.

Who: Kindergarten through 8th grade

When: Monday, April 28, through Friday, May 2, with care available from 7 a.m. to 6 p.m.

Cost: \$170 for the week or \$37 per day

• **YMCA of Greater Nashua** (24 Stadium Drive, Nashua, 882-2011, nmymca.org) Camp activities include science experiments, cooperative team-building games and outdoor play.

Who: Kindergarten through 8th grade

When: Monday, April 28, through Friday, May 2

Cost: \$273 for a week or \$66 per day

Science camps

• **Children's Museum of NH** (6 Washington St., Dover, 742-2002, childrens-museum.org) Campers will explore the science around them and study acid-base reactions, light refractions and magnetic fields.

Who: Ages 5 to 9

When: Monday, April 21, through Wednesday, April 23, 9 a.m. to 2 p.m.

Cost: \$120 for the three days

• **New Hampshire Audubon** (26 Audubon Way, Auburn, 224-9909, nhaudubon.org) Activities include crafts, birding, vernal pool exploration, live animal presentations and hikes.

Who: Ages 6 to 10

When: Monday, April 21, through

Friday, April 25, through Sunday, April 27, at the McLane Center and Monday, April 28, through Friday, May 2, at the Massabesic Center. Camp runs from 8:30 a.m. to 4 p.m. with after care hours available.
Cost: \$52 per day

• **Prescott Farm Environmental Education Center** (928 White Oaks Road, Laconia, 366-5695, prescottfarm.org) Kids will learn to garden, meet with farm animals, cook, play in the woods, go hiking, explore vernal pools and more.

Who: Ages 6 through 12
When: Monday, April 21, through Friday, April 25, from 9 a.m. to 3 p.m.
Cost: \$225 for a week or \$45 per day

• **RoboTech Center** (3 Taggart Drive, Nashua, 888-6102, robotechcenter.com) LEGO Robots Camp will allow kids to create real moving robots with Legos.
Who: Grades 1 through 8
When: Monday, April 28, through Friday, May 2, from 9 a.m. to 3 p.m. Before and after care options are available.
Cost: \$399 for the week

• **Seacoast Science Center** (570 Ocean Blvd., Rye, 436-8043, seacoastsciencecenter.org) The Seaside Safari Day Camp and the Treks 4 Tots Camp feature hands-on activities based on a different ocean-related theme for each day of the week.
Who: Seaside Safari is for kindergarten through 5th grade. Treks 4 Tots is for ages 3 1/2 to 5.

When: Both camps run Monday, April 21, through Friday, April 25, and Monday, April 28, through Friday, May 2, from 9 a.m. to 3 p.m. with a noon pick-up half-day option.
Cost: Seaside Safari is \$55 per day or \$275 for the week. Treks 4 Tots is \$55 per full day and \$35 per half day.

Sports camps

• **Concord Parks and Rec soccer camp** (7 Newtown Ave., Concord, 225-8690, concordnh.gov) Kids learn all aspects of the game with instruction provided by British Challenger Soccer.

Who: Preschool Camp is for ages 4 to 6 (not in first grade) and Soccer Camp is offered to grades 1 through 6.

When: Monday, April 21, through Friday, April 25. Preschool Camp is from 1 to 2 p.m. and Soccer Camp is 8:30 a.m. to noon.

Cost: Preschool camp is \$71 for residents and \$81 for non-residents. April Soccer Camp is \$125 for residents and \$135 for non-residents.

• **Concord Parks and Rec Golf Camp** (Beaver Meadow Golf Course, Concord, 225-8690, concordnh.gov) Learn the basics of golf.

Who: Ages 7 to 13
When: Tuesday, April 22, through Friday, April 25, from noon to 5 p.m.

• **Concord Sports Center** (2 Whitney Road, Concord, 224-1655, concordssportscenter.com) MT Elite School Vacation Baseball Camp will provide fundamental baseball instruction in all aspects of the game. Camp will be led by former professional catcher Matt Tupman.

Who: Ages 7 to 12
When: Tuesday, April 22, through Friday, April 25, from 9 a.m. to noon.
Cost: \$150 for the four days

• **Fisher Cats Baseball Camps** (1 Line Drive, Manchester, 641-2005, ext. 129, nhfishercats.com) Baseball and softball camps give kids an opportunity to learn the game using professional equipment with members of the New Hampshire Fisher Cats. Campers will receive a game ticket and attend an exclusive autograph session.
Who: Ages 6 to 15
When: Monday, April 28, through Wednesday, April 30, from 8:30 a.m. to noon.
Cost: \$110 for the three days

• **Play Ball** (9 Congress St., Nashua, 16 Industrial Way, Salem, 883-2323, goplayball.com) Baseball and softball programs provide instruction in hitting, fielding, base running and throwing.
Who: Ages 6 to 13
When: Monday, April 28, through Friday, May 2, from 9 a.m. to noon.
Cost: \$115 for the week

• **Ramp Camp** (6 Airfield Drive, Rye, 964-2800, ryearfield.com) Campers learn to ride skateboards, bikes and scooters; focus on one or learn tricks and tips for riding all three.
Who: Ages 8 through 17
When: Monday, April 21, through Wednesday, April 23, and Monday, April 28, through Wednesday, April 30, from 8:30 a.m. to 3 p.m. or 8:30 a.m. to noon.
Cost: Three full days is \$169 and three half days is \$119

• **Soccer Sphere** (George Larkin Field, SNHU, Manchester, 645-9703, abcsportscamps.com/ssoccer/info) Learn and improve soccer skills.

Who: Ages 5 through 14
When: Monday, April 28, through Friday, May 2, from 9 a.m. to 3 p.m. or 9 a.m. to noon.
Cost: \$225 for a full day for a week or \$125 for a half day for a full week

• **Vertical Dreams Rock Climbing** (250 Commercial St., Manchester, 625-6919, and 25 E. Otterson St., Nashua, 943-7571, verticaldreams.com) Learn the basics of rock climbing.

Who: Ages 5 through 13
When: Monday, April 21, through Friday, April 25, from 12:30 to 3:30 p.m.
Cost: \$25 per child

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Theater camps

• **Palace Theatre** (80 Hanover St., Manchester, 688-5588, palacetheatre.org) "Muppet Mania Camp" teaches all aspects of theater including singing, dancing, acting, costume, set painting and more.
Who: Grades 2 through 8
When: Monday, April 28, through Friday, May 2, from 9 a.m. to 4 p.m.
Cost: \$225 for the week

• **Peacock Players** (14 Court St., Nashua, 889-2330, peacockplayers.org) Campers will learn theater skills, play theater games and rehearse for a final performance that will be open to family and friends. Campers do not need to audition to participate.
Who: Ages 5 to 16
When: Monday, April 28, through Friday, May 2, from 9 a.m. to 3 p.m.
Cost: \$175 for the week

Trip camps

• **Concord Family YMCA** (15 N. State St., Concord, 783-1129, concordymca.org) Take day trips to Boston Museum of Science Omni Theater, Fort Foster in Maine

and Cowabunga's in Hooksett. There will also be activities held at the Y including crafts and sports.

Who: Grades 1 through 6
When: Monday, April 21, through Friday, April 25, from 7 a.m. to 5:30 p.m.
Cost: \$168 for the full week or \$40 per day

• **YMCA of Greater Manchester, Allard Center** (116 Goffstown Back Road, Goffstown, 497-4663, granitemca.org) Go on daily field trips to area attractions.
Who: Grades 3 through 8
When: Monday, April 28, through Friday, May 2, with care available from 7 a.m. to 6 p.m.
Cost: \$224 for the week or \$54 per day, members pay \$179 for the week or \$45 per day

• **YMCA, Londonderry Branch** (206 Rockingham Road, Londonderry, 437-9622, granitemca.org) Go on daily field trips to area attractions.
Who: Grades 3 through 8
When: Monday, April 28, through Friday, May 2, with care available from 7 a.m. to 6 p.m.
Cost: \$199 for the week or \$47 per day

Children and Teens

Events

• **DISCOVER GIRL SCOUTS** at the Kingston Community Library (2 Library Lane, Kingston, 635-7581 ext. 3066, pelham-library.org) on Thurs., April 10, from 5 to 7 p.m. Learn about how to join the program.
• **STUFFED ANIMAL SLEEPOVER** at the Pelham Public Library (24 Village Green, Pelham, 635-7581 ext. 3066, pelham-library.org) on Thurs., April 10, at 6 p.m. Children can bring their stuffed animal to the library and let them sleep over. A bedtime story will be read and snacks will be given.
• **DECORATE EASTER EGGS** at Kingston Community Library (2 Library Lane, Kingston, 642-3521, kingston-library.org) on Sat., April 12, at 10 a.m. Elementary school children can come decorate Easter eggs to bring home.
• **EASTER EGG HUNT** at Pel-

ham Town Hall (6 Village Green, Pelham) on Sat., April 12, from 11 a.m. to 1 p.m. Children up to age are welcomed to search for the candy-filled eggs.

• **BEAVER BROOK EGG HUNT** on Sat., April 12, from 1 to 3 p.m. at Beaver Brook Nature Center (117 Ridge Road, Hollis, 465-7787, beaverbrook.com). Look for decorated eggs along the trails. There will be refreshments for sale and donations are welcomed.

• **COMMUNITY EASTER EGG HUNT** on Sat., April 12, from 10 a.m. to noon at Wheelock Park (101 Park Ave., Keene, justindalebarney@gmail.com). The free event for children ages 10 and under will also feature the Easter Bunny, music, food, prizes, crafts and more.

• **EASTER EGG HUNT** at the Richard Maghakian Memorial School (22 Milford St., Brook-

line) on Sat., April 12, at 10 a.m. sponsored by the Brookline Women's Club. Children age 10 and under are welcomed to come hunt and take pictures with the Easter Bunny.

• **MONKEY BUSINESS** at the Children's Museum of New Hampshire (6 Washington St., Dover, 742-2002, childrensmuseum.org) on Sat., April 12, from 10 a.m. to 2 p.m. Curious George will visit the museum to read stories and pose for pictures.

• **CARING BUNNY** at the Mall of New Hampshire (1500 S. Willow St., Manchester, 669-0434, simon.com) will offer photos to families with special needs children on Sun., April 13, from 9:30 to 11 a.m.

• **CARING BUNNY** at the Pheasant Lane Mall (310 Daniel Webster Highway, Nashua, simon.com) on Sun., April 13, from 9:30 to 11 a.m. will offer

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Family fun for the weekend

Easter fun

The Emmanuel Baptist Church (14 Mammoth Road, Hooksett, 668-6473, emmanuelbaptistchurch.com) will hold its annual **Awana Easter Egg Hunt** on Saturday, April 12, from 1 to 4 p.m. Kids in grades 4 and 5 are welcome to come hunt for eggs. There will be winners in each age group. Families can enjoy free food and drinks.

Kids can also **visit with the Easter Bunny** on Saturday, April 12, from 10 a.m. to noon at St. Joseph Hospital (172 Kinsley St., Nashua, 595-3168, stjosephhospital.com). The hospital will host its Easter Eggstravaganza, where the lobby will be filled with face painting and crafts.

Enjoy **breakfast with the Easter Bunny** on Saturday, April 12, from 8 a.m. to noon at the Bartlett Elementary School (Mast Road, Pinardville, 665-8108). Eat pancakes, scrambled eggs and sausage. Kids can enter in raffles to win prizes and take photos with the Easter Bunny. Bring a canned good for the Goffstown Food Network for a free raffle ticket.

The annual **Our Promise to Nicholas Easter Egg Hunt** will take place at the NH Sportsplex (68 Technology Drive, Bedford) on Saturday, April 12, from 8:30 to 11 a.m. Kids can hunt for eggs that contain prizes. There's also going to be entertainment, games, a silent auction, a bake sale and raffles. Tickets are \$5 per person or \$20 per family.

See a show

The Windham High School Theater (64 London Bridge Road, Windham, 537-2400, windhamsd.org) will put on the **Styles and Smiles Fashion Show** on Saturday, April 12, at 6:30 p.m. The fashion show will raise awareness for the Avon Walk for breast cancer. Tickets are \$10 and survivors of cancer can attend for free.

See magic before your eyes at the American Legion Post 98 (43 Baboosic Lake Road, Merrimack, 424-8453, merrimackcrimeline.org) on Saturday, April 12, from 10 a.m. to



2 p.m. Money will benefit the Merrimack Police K-9 program. Tickets are \$5 per person or \$15 per family.

Animalistic

The Hopkinton Town Library (61 Houston Drive, Contoocook, 746-6121, littlenaturemuseum.org) will have a **presentation about ospreys** and their natural history on Saturday, April 12, from 1:30 to 2:30 p.m.

Monkey around at the Children's Museum of New Hampshire (6 Washington St., Dover, 742-2002, childrens-museum.org) on Saturday, April 12, from 10 a.m. to 2 p.m. **Curious George will visit** the museum to take pictures with kids and read stories.

Fun run

The **Race to Renu 5K Run/Walk** will benefit the Easter Seals of New Hampshire on Sunday, April 13, at 9 a.m. The race will start at the Renu Body Salon & Spa (583 Daniel Webster Highway, Merrimack, millennium-reg.com). Registration starts at 8 a.m.

Play time

Compete in the **NHTI Wiffle Ball Tournament** at NHTI (31 College Drive, Concord, 271-6484, ccsnh.edu) on Saturday, April 12. Games start at 9 a.m. and are scheduled every hour throughout the day in honor of a Concord resident who has survived cancer but is suffering from a liver condition. Registration is \$100 per team. Create your own team or try to join one.

photos to families with special needs children.

• **EASTER EGG HUNT** at Tuscan Market (67 Main St., Salem, 912-5467, tuscanbrands.com) on Sun., April 13, from 10 a.m. to 1 p.m. A visit from the Easter Bunny will start at 10 a.m. The egg hunt will begin at 11 a.m. There will be other children's activities as well. Cookies, gelato, zeppole, coffee and hot chocolate will be available for all participants.

• **FATHER AND SON PALM SUNDAY BREAKFAST** at the First Baptist Church (121 Manchester St., Nashua, 882-4512, fbcnashua.org) on Sun., April 13, from 8 to 10 a.m. Men are \$6 and children 12 and under are \$4. Families of four are \$15. Rosemarie Dykeman of the Salvation Army will speak.

• **CARING BUNNY** at the Fox Run Mall (50 Fox Run Road, Newington, simon.com) on Sun.,

April 13, from 9 to 10:30 a.m. for pictures for families with children with special needs.

• **CARING BUNNY** at the Rockingham Park Mall (99 Rockingham Park Blvd., Salem, simon.com) on Sun., April 13, from 9:30 to 11 a.m. for pictures with families with special needs children.

Miscellaneous

• **RUMMAGE SALE** at the Longmeadow Congregational

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IN/OUT THE GARDENING GUY

Spring pruning

Late start won't hurt your fruit trees

By Henry Homeyer

listings@hippopress.com

Conventional wisdom has it that fruit trees should be pruned in March, but don't worry if you haven't even started yet. I haven't. There's no harm in pruning in April, or anytime, really. After the buds on fruit trees open, they are more prone to being knocked off while we work on the trees. But you probably don't care if you get a few less apples or pears. The snow has been so deep this year that it has been difficult to move ladders around, keeping most of us from starting early.

Pruning is best done with clean, sharp equipment. You'll need a pair of by-pass hand pruners and a sharp tri-cut pruning saw. Bow saws, once popular, are tough to get in tight places, so the folding saw has taken over. A nice pair of loppers will save time sawing medium-sized branches.

Before beginning, check your pruners to see if they are sharp. I do that with the backside of a fingernail, which I drag lightly across the cutting blade. It should shave off a little of the nail. (If yours are not sharp, read my description of how to sharpen pruners in my book, *Organic Gardening (not just) in the Northeast: A Hands-On, Week-by-Week Guide*. Your library should have it).

Next I clean off any gunk on the blades. I use a special solution called Sap-X with an old green scrubby, but you could use a little sewing machine oil or even kerosene. The blades should open and close easily.

Start working on a tree by studying it for a few minutes. Apples do best with a single leader in the middle and the longest branches near the base, getting shorter going up the trunk. If you have two competing leaders, it would be good to remove one, though in an old tree that might not be practical due to the size.

As you look at the tree, ask yourself which larger branches should be removed. Are there any dead branches? They must be removed, so start by taking them out. Are there branches that are rubbing others, or crossing through the middle of the tree? They can go next. Lastly, remove any watersprouts — those smaller branches shooting straight up.

Some fruit trees produce dozens or even hundreds of watersprouts each year. Although some varieties seem more prone to producing them than others, you can minimize their presence by pruning to create a well-balanced tree that allows sunshine to get to each leaf of the tree. Watersprouts are the tree's effort to produce more leaves to create more food.



Branch collar and line to show where to cut. Photo by Henry Homeyer.

Even though it might seem scary, it is better to remove large branches than to nip away at a tree, taking tiny branches. It is more efficient, and makes for a better looking, healthier tree. In any given year you can remove up to a quarter of the tree. That means a quarter of the branches that produce leaves — and hence food for the tree. Taking out a big dead branch doesn't count at all. A healthy tree allows each leaf to get sunshine. If there are too many branches, they will shade each other out.

Where you make your cuts is important, too. Don't cut off branches flush with the trunk, nor leave long stubs. Branches should be pruned just outside (away from) the wrinkly flare that starts at the trunk on a larger branch. That area you should leave is called the trunk collar. It is the site where healing takes places fastest. Years ago arborists recommended painting tar over a cut, but that is no longer thought to be a good practice.

If you have an empty place in your tree and wish you had a branch there, sometimes you can bend down a branch and keep it in place until it will stay put — generally around July 4. But don't do that until after the leaves appear. You can attach a weight to a small branch. A plastic soda bottle is good: you can add water until it is just the right weight. Or you can tie a bigger branch down to a stake in the ground.

Apples generally are produced on short spurs that occur on scaffold branches that are at a 45-degree angle from the main trunk (or even more horizontal). Branches going straight up are less likely to produce fruit. But don't be impatient with young trees: they won't produce fruit until they are good and ready.

Pruning on a warm spring day is great fun, and a good excuse to be outside. And remember, trees are not like people: they benefit by having their limbs removed.

Henry Homeyer is a gardening teacher, coach and public speaker. Reach him at henry.homeyer@comcast.net or P.O. Box 364, Cornish Flat, NH 03746. Please include a stamped envelope if sending a real letter.

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Hi Donna,

I enjoy reading your column in the Hippo and decided to send you a photo of the easel that I rescued from my deceased father's household belongings in Branford, Conn. My only sibling didn't want it. I liked it and thought it would make a nice way to display artwork. I have used it for this purpose for more than 45 years. The brass arm brackets holding the picture have the following inscription (PAT'D. DEC 8, 1891).

Not sure if this indicates the age of the easel or only the brass. This date is also on brass-washer type pieces used at all connecting joints. There is one crack in the smaller, almost closed wooden curve on the upper left side. I am curious as to the approximate age and value of this piece. Was it decorative or possibly used for holding an artist's canvas while painting? Would love to get your opinion.

Jan

Dear Jan,

Your easel is definitely from the Victorian Era, which would fit in to the dates you are reading on the brass pieces. It's called bentwood and done in the same manner as bentwood chairs from the same time frame. The wood was moistened enough to bend it into shape — tough thing to do but very pleasing to look at. The wood is usually a hardwood (oak, walnut), a very tight grained wood so when bending the grain doesn't split and open.

I believe it was more of a decorative easel than an artist's canvas holder. This was for hanging art when it was finished



in a home or for display elsewhere. I could see a nice painting on this in a nice Victorian setting, or maybe even pencil drawings in a cottage setting.

The value is in the condition, and even though you mentioned it had a tiny crack I don't think that will hurt it too much because it is so decorative. The form itself is not that common either, and I think to an art collector this stand would be a bonus to have for display. So I would put your easel in the \$200 range.

Donna Welch has spent more than 20 years in the antiques and collectibles field and owns From Out Of The Woods Antique Center in Goffstown (fromoutofthewoodsantiques.com). She is an antiques appraiser and instructor. To find out about your antique or collectible, send a clear photo of the object and information about it to Donna Welch, From Out Of The Woods Antique Center, 465 Mast Road, Goffstown, N.H., 03045. Or email her at footwdw@aol.com. Or drop by the shop (call first, 624-8668).

Church (4 Wilson Crossing Road, Auburn, 483-2907, longmeadowucc.org) on Sat., April 12, from 8 a.m. to 2 p.m. The sale will include clothing and household linens.

• **EASTER BAKE SALE** on Sat., April 12, from 10 a.m. to 3 p.m. at the Assumption Greek Orthodox Church (111 Island

Pond Road, Manchester, 623-2045). There will be spinach peta, greek cookies and easter bread for sale in honor of the Ladies Philotochos Society.

• **HSFN YARD SALE** will benefit the Humane Society of Nashua (5 Hudson Park Drive, Hudson,) on Sat., April 12, from 8 a.m. to 2 p.m. and Sun., April 13, from

8 a.m. to noon. The sale features donated items. Drop off donations Sat., April 5, through Wed., April 9.

• **SPRING RUMMAGE SALE** at the First Congregational Church (10 Union St., Milford, 673-3713, firstccmnh.org) on Fri., April 11, from 6 to 8 p.m. and on Sat., April 12, from 9 a.m. to noon. There

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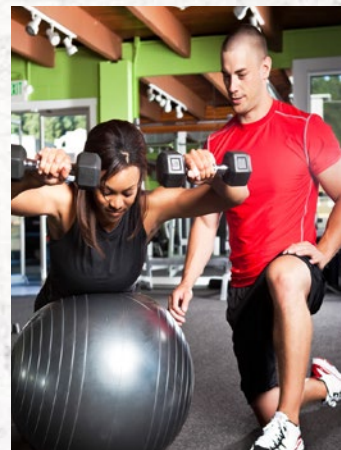
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Olympians on ice

Tour brings Olympians to Verizon rink



Meryl Davis and Charlie White. Courtesy photo.

By Kaitlin Joseph
kjoseph@hippopress.com

At the recent Winter Olympics in Sochi, Meryl Davis and Charlie White made history when they brought home the U.S.'s first ever gold medal in ice dancing.

Now, Davis and White are traveling the country as headliners in the "Stars on Ice" tour, which also features other Olympians and national ice skating champions. The tour comes to the Verizon Wireless Arena in Manchester on Thursday, April 17.

Mirai Nagasu, 2010 Olympian and 2014 U.S. bronze medalist, is one of the skaters scheduled to take the ice. She spoke about her life on the ice in a recent phone interview.

"I started [ice skating] when I was 5 years old and from the first time I skated I just always wanted to go back and eventually it just snowballed into competing," Nagasu said. "I enjoy working hard throughout the year and then testing myself at competitions."

Stars On Ice

Where: Verizon Wireless Arena, 555 Elm St. in Manchester, verizonwirelessarena.com, 644-5000.

When: Thursday, April 17, at 7 p.m.

Tickets: Cost ranges from \$20 to \$155

For more information: starsonice.com

Nagasu has spent the last couple of weeks preparing for the tour, learning her solo, group, opening and closing performances.

"We've been working hard but it's also been a lot of fun," she said. "'Stars on Ice' is a great opportunity for skaters and fans because competition is high pressure, while in 'Stars on Ice' ... there are no rules or judges, which allows us to cater our performance to the audience."

Nagasu noted that she's excited to be able to perform with a group since she is a solo skater and is excited to meet her fans through the meet-and-greet after the show.

"It is a great opportunity for fans to see what we are like off the ice, as people, not just skaters. For me it's great because, as a singles skater, I often am just living in my own world, and it is great for me to hear what the fans think. It is motivational and gives me support to keep on going," Nagasu said.

This year's show marks the first time the U.S. Olympic figure skating team will headline. Other stars on the tour include Ashley Wagner, Gracie Gold, Jeremy Abbott, Alissa Czisny, Ryan Bradley, Josh Farris, Kimberly Navarro and Brent Bommentre, Marissa Castelli and Simon Shnafir, Jason Brown, Max Aaron and Polina Edmunds.

will be clothing and household goods for sale.

Nature

Animals/insects

- **BUG NIGHTS** at St. Paul's School (Boscawen, 796-2615, merimackriver.org) to learn about bugs will be held on Wednesdays, April 16 and April 23, from 6 to 9 p.m.
- **OSPREYS** presentation at the

Hopkinton Town Library (61 Houston Drive, Contoocook, 746-6121, littlenaturemuseum.org) on Sat., April 12, from 1:30 to 2:30 p.m. Learn about ospreys and their natural history.

• **SPRING SERENADE** at the Amoskeag Fishways (4 Fletcher St., Manchester, 626-3474, amoskeagfishways.org) on Thurs., April 17, from 9:30 to 11 a.m. or

12:30 to 2 p.m. Learn about which animals make which noises in the spring and why. Cost \$8 per family. Registration is required.

• **LIVE NH AUDUBON EXHIBIT** at Birch Heights (7 Kendall Pond Road, Derry, 425-7755, birchheights.com) on Thurs., April 17, at 11 a.m. with live animals like box turtles, frogs, birds and more.

Help for a leaky sunroof



Dear Tom and Ray:

I bought a 2006 Pontiac GTO about a year ago. After a considerable search, I found one with an aftermarket sunroof so the sun's rays could help heal the psoriasis problem on top of my head. When it rains, or when I go to the carwash, my car fills with water. It sounds like there is water sloshing around inside the passenger door. During heavy rain or while driving at high speeds on a wet freeway, the rear passenger floor gets absolutely soaked. The water then moves forward to "dampen" the front passenger floor. I know what you're going to say: "Replace/repair the sunroof first." OK, I will. But just in case, what else could it be? Thanks in advance for your help. — "Bathing Bill"

RAY: We can give you a couple of ideas, Bill.

TOM: That water that sounds like it's sloshing around in the passenger door? It could be sloshing around in your passenger door!

RAY: Water can get into the doors

when it rains. That's why doors have drain holes at the bottom -- so the water can get out. But if your drain holes are plugged up with leaves, dirt or dead insect carcasses, water could be accumulating in there. And if a few inches of water builds up in the door, it easily could spill over onto the floor of the passenger compartment.

TOM: So have someone check the drain holes in your doors for you.

RAY: If the door drains are clear and there's no water in there, then you might check the sunroof's channels.

TOM: All of mine are set to HBO.

RAY: The water channels in your roof are supposed to drain away the water that gets in through the edges of the sunroof's opening.

TOM: There's no way to completely seal up the sunroof, since it's essentially a hole in your roof (although factory sunroofs tend to be better than aftermarket ones). So all sunroofs have channels that drain out whatever water does get in there.

RAY: There's one channel on each side of the car, and they run along the edge of the roof, and then down through the roof pillars and onto the ground. Your channels could be all plugged up.

TOM: The water that sounds like it's sloshing around in the passenger door could be sloshing around in the A pillar, which is the roof pillar that runs along the edge of your windshield.

RAY: And, like water in the door, if water builds up in your sunroof channels and has nowhere else to go, it looks for

the easiest path to the ground -- which happens to be through your rear carpet.

TOM: Those channels can be checked and blown out with compressed air.

RAY: If that's not it, another thing to look at are the seals around the doors. If the weatherstripping is damaged or dried out and cracked, a surprising quantity of water can get into the car through the edges of the doors -- and that also could end up on the floor in back.

TOM: The same is true for bad molding around the front or rear windscreen.

RAY: And if it's none of those things, and you run out of ideas, think about just opening the sunroof when it rains. Maybe getting all that water right on your head can at least momentarily soothe that dry-skin issue?

TOM: Don't be offended by my brother, Bill. He just tries to look at every GTO as half-full (of water) instead of half-empty. I hope you find the source of the leak!

Dear Tom and Ray:

Since buying a Prius, I have become overly interested in gas mileage. The dashboard tells me I am regularly getting over 50 mpg. But when I try to measure mileage the old-fashioned way (actually recording the amount of gas I put in the car and dividing by the number of miles I've driven), I come up with a figure about 3-4 mpg lower than what the dashboard claims. So, does the dashboard lie? What about these real-time mileage readouts? Are they any use? Can I trust my Prius? Thanks. — Pat

RAY: Well, of course you've become obsessed with gas mileage after buying a Prius, Pat. You've got Prius Syndrome.

TOM: Symptoms include focusing on your instant fuel-economy reading on the dashboard when you should be watching the road, and feathering the gas pedal when starting off from a traf-

fic light, trying to keep the car in electric mode as long as possible, while ignoring the irate drivers behind you who want to know why it's taking you 25 seconds to get to 15 mph.

RAY: The dashboard readouts actually are pretty good, Pat. Better than what you can do yourself.

TOM: One of the auto testers from Consumer Reports told us that, while they don't rely on them for published results, they've found that the dashboard mileage readings from most manufacturers were accurate to within 1 mile per gallon. Not all of them are that good -- and some are off by quite a bit -- but most of them are right on the money.

RAY: The better ones work by splicing a fuel-flow meter into the fuel line, which measures precisely how much fuel is actually going into the cylinders. So if the speedometer is accurate (which is not always the case), you can get a very accurate reading that way.

TOM: And it turns out that's much more accurate than the do-it-yourself method. That's because in reality, it's very difficult (unless you're Consumer Reports, with beakers and syringes) to fill the tank to the exact same place each time you fill up.

RAY: How do you know your tank is "full"? When the pump clicks off. Or when gas spills all over your Lucky Brand jeans. That's a very inaccurate estimate, in reality. And the margin of error only increases when you have a small gas tank, like you have in the Prius.

TOM: So I'd trust the Prius' computer, Pat. And whatever you're getting, remember that it's plenty, compared with what the rest of us jamokes get ... unless you hit a tree while watching the mileage readout on the dashboard. Then your mileage will drop significantly! So please drive safely.

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News from the local food scene

By Emelia Attridge
food@hippopress.com

FOOD

Easter brunch

Restaurants offer buffets and seatings for the holiday

By Emelia Attridge
food@hippopress.com

While some restaurants will be serving from their regular menus with Easter specials on Sunday, April 20, most will be setting up carving stations, tables filled with danish and pastries and omelets made to order for brunch buffets. All restaurants strongly encourage reservations, and some require reservations for Easter brunch.

• **Airport Diner** (2280 Brown Ave., Manchester, 623-5040, thecman.com) will be open from 5 a.m. to midnight on Easter Sunday. Breakfast starts at 5 a.m. and Easter specials will be available from 11 a.m. to midnight.

• **Alan's of Boscawen** (133 N. Main St., Boscawen, 753-6631, alansofboscawen.com) is taking reservations for its Easter Extravaganza, with baked honey ham, roast leg of lamb, prime rib and more. The brunch buffet is available between 9 a.m. and 3 p.m. Alan's of Boscawen will also be serving Easter specials from noon to 9 p.m., and from its regular menu after 3 p.m. Reservations encouraged.

• **Alpine Grove** (19 S. Depot Road, Hollis, 882-9051, alpinegrove.com) will be serving an Easter buffet with the Easter Bunny from 10 a.m. to 1 p.m., with seating on the hour. The buffet will include breakfast items, danish, muffins, fruit compote, French toast, assorted quiches, baked Virginia ham with pineapple glaze, stuffed sole with Florentine sauce, a dessert buffet and a cash bar will also be available. The buffet costs \$20 for adults, and \$10 for children ages 12 and under. Reservations required.

• **Bedford Village Inn** (2 Olde Bedford Way, Bedford, 472-2001, bedfordvillageinn.com) will be serving a brunch buffet in the Great Hall with omelets, Belgian waffles, carving station and more. Seatings are from 9:30 a.m. to 2:15 p.m., and cost is \$45 for adults and \$22.95 for children ages 4 to 10. Bedford Village Inn will also serve a four-course prix-fixe dinner from 12:30 to 5:30 p.m. in the dining room, which costs \$59 for adults and \$29.95 for children ages 4 to 10. Reservations are required for both the brunch buffet and the Easter dinner.

• **Belmont Hall & Restaurant** (718 Grove St., Manchester, 625-8540, belmontrestaurant.com) is offering an all-you-can-eat buffet with seatings at 8 a.m., 10 a.m. and noon in the function hall. The buffet costs \$10.99 for adults and \$6.99 for kids ages 6 and under. Reservations encouraged. The restaurant will also be open from 6 a.m. to



2 p.m. serving from its regular menu on a "first come, first served" basis.

• **BluAqua** (292 Route 101, Amherst, 673-4321, blueaquarestaurant.com) is offering brunch from 10 a.m. to 3 p.m.

• **Brookstone Event Center** (14 Route 111, Derry, 328-9255, brookstone-park.com) will offer a brunch with the Easter Bunny from 10:30 a.m. to 1:30 p.m. Brunch costs \$35.95 for adults, \$16.95 for children ages 3 to 12, with no charge to toddlers. A cash bar will also be available. Prepayment and reservations are required.

• **Buckley's Great Steaks** (438 DW Highway, Merrimack, 424-0995, buckleysgreatsteaks.com) will offer a a la carte brunch from 11 a.m. to 3 p.m. Reservations required.

• **The Chateau** (201 Hanover St., Manchester, 627-2677, chateauh.com) is taking reservations for its brunch buffet from 10 a.m. to 2 p.m., with breakfast items, like scrambled eggs, quiche, sausage and bacon, as well as chicken, meatballs and desserts. The buffet costs \$12.95 for adults, and \$8.95 for children under 10 years old.

• **Chez Vachon** (136 Kelley St., Manchester, 625-9660, chezvachon.com) will be serving from its regular breakfast menu during regular hours. An Easter dinner special (ham with white sauce and peas, potatoes, green bean casserole and carrots) will also be available all day and available to-go, costs \$9.99.

• **The Common Man** (25 Water St., Concord, 228-3463; 88 Range Road, Windham, 898-0088; 304 DW Highway, Merrimack, 429-3464, thecman.com) will be serving from its dinner menu and Easter specials at its Concord, Windham and Merrimack locations from 11 a.m. to 9 p.m. Reservations are encouraged.

• **The Copper Door** (15 Leavy Drive,

Bedford, 488-2677, copperdoorrestaurant.com) will be serving from its regular menu with Easter specials during its regular hours, starting at 11:30 a.m. Reservations are encouraged.

• **Country Tavern** (452 Amherst St., Nashua, 889-5871, countrytavern.org) will serve brunch from 9:30 a.m. to 3 p.m., including omelets made-to-order, breakfast items like scrambled eggs, home fries, bacon and sausage, cinnamon French toast, quiche and corned beef hash, along with a carving station, fresh baked haddock, spring vegetable stir-fry, chicken Marsala, penne bolognese and desserts like brownies, assorted cheesecakes, cannolis and coconut macaroons. Brunch costs \$24.95 for adults, \$14.95 for kids under 12 years old.

• **The Derryfield** (625 Mammoth Road, Manchester, 623-2880, derryfieldrestaurant.com) is serving a breakfast buffet with an omelet station, a carving station, pastries and salads, and a buffet line with traditional breakfast items as well as blintzes, grilled sirloin, seafood newburg, chicken, turkey and seafood dishes. The buffet costs \$22.95 for adults, \$19.95 for seniors ages 65 and older, and \$14.95 for children under 12 years old. Seatings start at 10 a.m.; call for reservations.

• **Firefly American Bistro** (22 Concord St., Manchester, 935-9740, fireflynh.com) will be open during its regular hours and serving brunch from its regular menu with Easter specials.

• **Fratello's Italian Grille** (155 Dow St., Manchester, 624-2022, fratellos.com) is already booked for its Easter brunch, but will be serving a dinner buffet with seating at 5 p.m. Cost \$25.95 for adults, \$14.95 for children ages 6 to 12, and kids ages 5 and under dine for free. Reservations are required, call 641-6776. The restaurant will also be serv-

dinner with reservation with seatings at noon, 2:30 p.m. and 5 p.m.

• **Gauchos Brazilian Steakhouse** (62 Lowell St., 669-9460, gauchosbraziliansteakhouse.com) will be offering a special luncheon with the Easter Bunny on Saturday, April 19, from 11:30 a.m. to 2 p.m., followed by dinner from 4 to 10 p.m. On Sunday, April 20, a brunch buffet with the Easter Bunny will be served from 10 a.m. to 2 p.m., with full breakfast menu available, as well as dinner from 3 to 8 p.m. Reservations encouraged.

• **Giorgio's Ristorante & Meze Bar** (524 Nashua St., Milford, 673-3939, giorgios.com) will be serving brunch from 10 a.m. to 2 p.m. with roasted lamb, turkey, ham, made-to-order omelets, smoked salmon, breakfast menus, salads and pastries. A Bloody Mary Bar will also be offered for an additional charge. Cost \$28.99 for adults, \$9.99 for children. Only available at the location in Milford.

• **Granite Restaurant & Bar at The Centennial** (96 Pleasant St., Concord, 227-9005, graniterestaurant.com) seatings are at 10 a.m. and noon for its annual Easter buffet. Reservations encouraged.

• **Hanover Street Chophouse** (149 Hanover St., Manchester, 644-2467, hanoverstreetchophouse.com) will be serving a three-course prix-fixe dinner, from noon to 4 p.m., with entrees like Kurobuta ham, lamb, prime rib and filet mignon. Reservations required.

• **Lakehouse Grille** (281 DW Highway, Meredith, 279-5221, thecman.com) is offering its Grand Easter Buffet from 10:30 a.m. to 4:30 p.m.; costs \$29.95 for adults, \$11.95 for children under 12 years old. It will also be serving from its dinner menu with Easter specials from 4 to 9 p.m. Reservations encouraged.

• **MT's Local Kitchen & Wine Bar** (212 Main St., Nashua, 595-9334, mtlocal.com) is taking reservations for its Easter Brunch buffet. The menu includes items like tropical fruit salad, garden salad, Mediterranean pasta salad, quiche, homemade corned beef hash, chicken Marsala, stir-fry Asian noodles with vegetables, bread pudding, haddock cakes, smoked Maine salmon, baked beans, eggs Goldenrod, baked ham and roast beef, plus omelets made to order and a dessert buffet. Cost \$23 for adults, or \$15 for children under 10 years old.

• **O Steaks & Seafood** (11 S. Main St., Concord, 856-7925, magicfoodsrestaurant-group.com/osteaks) will be serving an a la carte brunch from 11 a.m. to 3 p.m., followed by dinner service from its regular menu. Reservations encouraged.

• **The Puritan Backroom** (245 Hooksett Road, Manchester, 669-9890) is taking reservations for Easter Sunday, and will be serving from its regular menu from 11 a.m. to 11 p.m., with Easter specials.

• **The Red Blazer Restaurant and Pub**

(272 Manchester St., Concord, 224-4101, theredblazer.com) will be offering a breakfast buffet from 7:30 to 11:30 a.m. with items like eggs lasagna, eggs Benedict, sausage-stuffed biscuits, ham, baked beans, bacon, sausage, scrambled eggs, French toast, blueberry pancakes and desserts along with an omelet station. Then from 12:30 to 3:30 p.m., a dinner buffet will be served with options like roast leg of lamb, baked ham with brown sugar and bourbon glaze, baked cod, herb-roasted chicken, mashed potatoes, rice pilaf and vegetables, along with a salad bar and dessert buffet. The breakfast buffet costs \$11.99 for adults, \$7.99 for children ages 4 to 10. The dinner buffet costs \$24.99 for adults, \$13.99 for children ages 4 to 10. Children 3 and under eat free.

• **Restaurant Tek-Nique** (170 Route 101, Bedford, 488-5629, restauranttechnique.com) will offer a brunch buffet with omelet station, desserts and drink specials from 9 a.m. to 3 p.m. The brunch buffet costs \$30 for adults, \$14 for kids ages 3 to 12, and kids ages 3 and under eat free. Reservations are encouraged.

• **Tilt'n Diner** (61 Laconia Road, Tilton, 286-2204, thecman.com) will be open from 6 a.m. to 9 p.m. on Easter Sunday. A breakfast buffet will be offered from 7:30 a.m. to noon and Easter specials will be served from 11 a.m. to 9 p.m.

• **Tuscan Kitchen** (67 Main St., Salem, 952-4875, tuscanbrands.com) is taking reservations for Easter Sunday, and will be serving from its regular menu with Easter specials during regular hours.

• **Villa Banca** (194 Main St., Nashua, 598-0500, villabanca.com) will be open from noon to 6 p.m. with Easter specials. Reservations encouraged.

• **The Yard** (1211 S. Mammoth Road, Manchester, 623-3545, theyardrestaurant.com) will be serving brunch with seatings at 10 a.m., noon, 2 p.m. and 4 p.m., including breakfast (eggs Benedict, pancakes, French toast, home fries, corned beef hash, sausage and scrambled eggs), lunch and dinner items (includes options like seafood Newburg, rosemary chicken, kielbasa, Swedish meatballs, lasagna and sweet and sour pork) with sides of garlic mashed potatoes, rice pilaf and baby carrots. Brunch also includes a dessert buffet. Easter Brunch costs \$22.95 for adults, and \$11.95 for children under 10 years old.

• **Zorvino Vineyards** (226 Main St., Sandown, 887-8463, zorvino.com) will offer seatings at 10 a.m., 11 a.m., noon and 1 p.m. for its Easter Brunch buffet, which will feature stations like an omelet station, breakfast pastries, salad station, carving station with lamb roast, honey ham and prime rib, entree station with baked haddock, chicken roulade and other choices, and a dessert station. The buffet costs \$35.95 for adults, \$16.95 for children ages 3 to 10, and kids under 3 eat free. 🍷

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Communities gather for Passover dinners

Catered kosher or potluck dishes make the meal



By Emelia Attridge
food@hippypress.com

Get ready for matzo ball soup, Gefilte fish and kugel as temples across southern New Hampshire offer community Passover seders.

While a seder may be held in the family home, community seders allow for congregations to come together and also provide an opportunity for non-members, neighbors in the community and non-Jews to gather and learn more about the holiday of Passover, which begins at sunset on Monday, April 14, and ends on Tuesday, April 22, this year.

Many seders this year will be serving catered kosher dinners, but at Temple Beth Jacob in Concord, it's a tradition to bring kosher potluck dishes.

At Temple B'nai Israel in Laconia, member Irene Gordon spends her time in the kitchen preparing most of the dinner for the community seder. Everything's homemade, but cooking can be a challenge since ingredients like flour, or seeds that expand, aren't allowed.

"We do try to use traditional recipes that have come over from Europe or that have come over from Israel," Gordon said. "It's very limited cooking so matzo ball soup is one of the classics that, yes, we eat year 'round, but especially on Passover."

Gordon said she sometimes uses cake meal (made of finely ground matzo) as a supplement with eggs and nuts in dessert recipes. This year, she's making a flourless chocolate cake and apricot mousse for the dessert.

"A lot of people just don't do a seder at home anymore, so this community seder is a wonderful way to get together," Gordon said.

Here are some seders on the schedule for this year:

• **Chabad Lubavitch NH**, located at 7

Camelot Place in Manchester, is holding a community seder with a catered dinner at 7:30 p.m., on Monday, April 14. Reservations are required, and should be placed early by visiting lubavitchnh.com or calling 647-0204. The dinner costs \$25 for adults, and \$15 for children. Shabbat dinners-to-go will not be available during Passover.

• **Temple B'nai Israel**, located at 210 Cour St. in Laconia, will offer a community seder on Tuesday, April 15, starting at 5 p.m. The seder, led by Rabbi Hannah Orden, will begin at 5:30 p.m. The menu will include items like chopped liver, matzo ball soup, Gefilte fish with homemade horseradish, stuffed turkey roll and desserts. The dinner costs \$20 for adults, or \$10 for children under 12 years-old. Reservations are required, call Irene at 267-1935. Visit tbinh.org.

• **Temple Beth Abraham**, located at 4 Raymond St. in Nashua, will hold a community seder from 5:30 to 8 p.m. on Tuesday, April 15, with a catered dinner and reading of the Haggadah. Tickets for the dinner cost \$36 for adults, \$18 for children ages 6 to 12, and children ages 5 and under receive free admission. Call 883-8184 for reservations. Visit tbanashua.org.

• **Temple Israel**, located at 36 Olive Meadow Lane in Dover, will hold an interactive congregational seder on Tuesday, April 15, at 5:30 p.m. The evening will include a catered kosher meal with options like baked apricot chicken, vegetarian entree, matzo ball soup or Gefilte fish. The dinner costs \$40 for adults, \$22 for children ages 6 to 12, and no charge to children under 5 years-old (or children not requiring a meal). Reservations required, call 742-3976. Reservations should be placed by Monday, April, 14. Visit dovertemple.org.

• **Temple Beth Jacob**, located at 67 Broadway in Concord, will offer a potluck

community seder dinner on Tuesday, April 15, at 5:45 p.m. Attendees should prepare a Passover dish, cooked and ready to serve, plus a dessert. The dinner costs \$10 for adults or \$6 for kids ages 6 to 12. Reservations are required, and checks can be sent to Temple Beth Jacob, 67 Broadway, Concord, NH 03301. Visit tbjconcord.org.

• **Etz Hayim**, located at 1½ Hood Road in Derry, will be offering a community seder on Tuesday, April 15, at 6 p.m. The dinner costs \$30 for Etz Hayim adult members, \$36 for non-member adults, or \$15 for children ages 12 and under. Call 432-0004. Reservations must be paid in advance by noon, Thursday, April 10. Visit etzhayim.org.

• **Temple Israel**, located at 200 State St. in Portsmouth, will hold a community seder on Tuesday, April 15, at 6 p.m. in its social

hall. Call 436-5301 or visit templeisraelnh.org to register.

• **Congregation Betenu**, located at 5 Northern Blvd. in Amherst, is offering a community potluck seder on Tuesday, April 15, at 6:15 p.m. for a suggested donation of \$8 for individuals or \$18 for families. Families should bring a main dish, individuals can bring a side dish or dessert prepared kosher for Passover. Open to anyone, but reservations are required and should be placed by Friday, April 11. Call 886-1633, or email betenu@betenu.org.

• **Temple Israel**, located at 66 Salmon St. in Manchester, is offering a community seder with a catered dinner on Tuesday, April 15, at 7 p.m. Reservations must be placed by Friday, April 11. Call Christine at 622-6171. Visit templeisraelmht.org.

Food Lectures/author events/festivals/fairs

• **WORLD CUISINE TOUR** Thursdays, ends May 15, from 10:30 a.m. to 7:30 p.m., at the Concord Food Co-op (24 S. Main St., Concord, 225-6840, concordfoodcoop.coop). Each week features cuisine from a different region of the world. Diners receive stamps each Thursday in a passport. Earn five stamps, receive free admission to a future Co-op event; earn 10 stamps and receive two passes to a future

Co-op event. Visit concordfoodcoop.coop to see the menu each week.

• **SEACOAST RESTAURANT WEEK** Portsmouth and the seacoast celebrate Spring Restaurant Week, which ends Sat., April 12. Participating restaurants offer three-course prix-fixe menus (\$16.95 for lunch, \$29.95 for dinner). See restaurantweekportsmouth.com.

• **EATS WEEK** Downtown Manchester restaurant week with dining deals ends Sat., April 12, at participating restaurants. Visit

intownmanchester.com.

• **TASTE FOR A CURE** Fund-raiser for Cystic Fibrosis Foundation on Thurs., April 10, from 6:30 to 9:30 p.m. at The Executive Court Banquet Facility (1199 S. Mammoth Road, Manchester) includes tastings from local eateries and bakeries, silent auction and live music from the Bedford Youth Performance Company Jazz Band. Tickets cost \$60. Visit the Northern New England Chapter page at cff.org, or call 598-8191.

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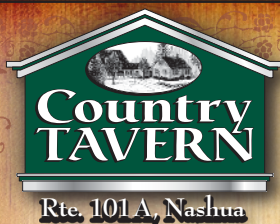
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FOOD

Spring spirit

It's time for the Concord YMCA social

By Emelia Attridge
food@hippypress.com

Regardless of the weather, there's always one sure sign that spring has arrived — the Concord Family YMCA's annual Spring Social. Now in its 10th year, the benefit features a wine and beer tasting as well as a Top Chef Cook Off challenge between guest restaurants.

"What I hear from people is they can't wait to figure out what they're serving," YMCA Development Director Paula Taylor said. "I think the fact that they're able to taste and test so many different wines and beers — and the food — it's not your typical chicken dinner fundraiser."

This year, Granite Restaurant & Bar at the Centennial Hotel, The Barley House, O Steaks & Seafood and the Celery Stick Café at the Concord Food Co-op are all participating in the Top Chef Cook Off. The restaurants will each bring a featured spring appetizer. To vote in the Top Chef challenge, guests will receive a flower along with a program book when they arrive to the event. Each restaurant will have a vase on its table where guests can place their flowers to cast votes.

New Hampshire Distributors will provide beers for the tasting, and it's also one of the lead sponsors for the evening, Taylor

"In Good Spirits" Concord Family YMCA 10th annual Spring Social

When: Wednesday, April 16, from 5:30 to 7:30 p.m.
Where: Capitol Center for the Arts, 44 S. Main St., Concord
Cost: \$35 per person, must be 21 to attend
Visit: concordymca.org/in-good-spirits

April 13, at Tuscan Market, 67 Main St., Salem, from 10 a.m. to 1 p.m. Includes visit from the Easter Bunny, egg hunt at 11 a.m., children's activities, cookies, gelato, zeppole, coffee and hot cocoa. Call 912-5467.

• **EDIBLE BOOK CONTEST** at the Nashua Public Library, 2 Court St., Nashua. Contestants create edible literature-based concoctions that may look like a book, be inspired by a book or resemble a book character but must be entirely edible. Entries can be delivered to the Music, Art and Media Department in the library on Sun., April 13, from 1 to 1:30 p.m., and guests can visit and vote from 1:30 to 4 p.m. Students from SNHU will give cake-decorating demonstrations at 2:30 p.m. Visit tinyurl.com/nplediblebook.

• **TASTE OF THE NATION** Wed., April 16, from 6 to 9 p.m. at the Radisson Hotel Downtown Manchester (700 Elm St., Manchester), benefit to end childhood hunger features tastings from 50 of the state's chefs and restaurants, 30 vineyards, live music and raffle. Tickets cost \$65, or \$100 for VIP Admission (includes early admission at 5 p.m.). See ce.strength.org/manchester.

• **GREEN SMOOTHIE DEMO** Thurs., April 24, at 7 p.m., at Amherst Town Library, 14 Main St., Amherst. Health benefits of raw green food smoothies, demo and sampling with instructor Julie Salvato. Free and open to the public, but registration is required. Call 673-2288 or visit amherstlibrary.org.

• **FLIGHT NIGHT** Fri., April 25,

from 4 to 7 p.m. at Dancing Lion Chocolate (917 Elm St., Manchester, 625-4043, dancinglion.us). Three flights of drinking chocolate with tasting notes. Cost \$14, reservations encouraged.

Chef events/special meals

• **LITERARY AFTERNOON** TEA Sun., April 13, from 1 to 3 p.m. at The Cozy Tea Cart (104 Route 13, Brookline, 249-9111, thecozyteacart.com). Menu includes coconut pecan muffins, almond scones with Devonshire cream, sweet cream puffs, cucumber mint tea sandwiches and ham and brie tea sandwiches. Registration required.

• **SPRINGTIME IN PARIS** Dinner on Fri., April 18, and Sat., April 19, at Stages at One Washington (1 Washington St., Suite



Chef Chris Roscoe of O Steaks & Seafood with its spring appetizer for the Top Chef Challenge. Courtesy photo.

said. Other beverage vendors include R.P. Imports, Gala Wines, Horizon Beverages, Wineberries, Zorvino Vineyards of Sandown and Candia Vineyards.

"In years past they've had three to four different wines each," Taylor said.

In addition to the wine, beer and food tastings, the evening also includes a raffle with items like a luxury box for 18 at a Fisher Cats game, a trip to Waterville Valley and Red Sox tickets. Funds raised during the Spring Social benefit the Concord Family YMCA's annual campaign, which helps to give families and kids the opportunity to experience YMCA programming, like after-school care and summer camp.

"We would just love a great turnout from our community," Taylor said. "That's why we get really excited about doing events like this because it gives people the chance to see the Y in a different light. ... It's a great social aspect to come out with friends and co-workers, celebrate Concord and give back to an amazing charity."

ing date.

• **Beer bus may head north:** Granite State Growler Tours is celebrating its one-year anniversary this month as the first and only craft beer tour bus company in New Hampshire. According to a press release, owner David Adams said that 800 guests climbed aboard the tour bus (nicknamed "Greta the Growler Getta") for nearly 90 tours of New Hampshire's seacoast breweries in its first year. The tour bus company provides transportation to the local craft brewing companies on the weekend. Now, the company will be adding a Friday tour that includes two craft breweries in Newburyport, Mass. "Our next step is adding more breweries," Adams said in the press release. "We really want to expand to the Manchester circuit. We've done one tour there so far, and it's certainly a market we'd like to share with our guests." Tentatively, a Manchester-area tour would include tastings at Milly's Tavern, White Birch Brewing, Kelsen Brewing Company and 603 Brewery. Visit nhbeerbus.com.

• **Winter markets close for the season:** Spring has arrived, but as temperatures rise, winter farmers markets begin to close. The good news is that only means summer farmers markets will open soon. The **Concord Winter Farmers Market** at Cole Gardens (430 Loudon Road, Concord, 229-0655,

colegardens.com) will close out the season with its last market day on Saturday, April 12, from 10 a.m. to 2 p.m. The Concord-Merrimack County SPCA will be bringing adoptable furry friends to visit the market, and market-goers can donate an item to the SPCA to enter to win a basket full of goodies from Winter Market vendors. The **Exeter Winter Farmers Market** will meet for the last time on Saturday, April 12, from 10 a.m. to 2 p.m. at Exeter High School (315 Epping Road, Exeter). See seacoastlocal.org. The **Deerfield Winter Farmers Market** will meet at Old Town Hall (10 Church St., Deerfield) for the last winter market on Sunday, April 13, from 1 to 4 p.m. See farmersmarket.deerfield-nh.us. While other markets are all closed for the season, the markets in Contoocook and Hopkinton (10 a.m. to 1 p.m. on Saturdays at Hopkinton Town Hall, 330 Main St.), Henniker (4 to 7 p.m. on Thursdays at the Community Center, 57 Main St.), Newmarket (from 9 a.m. to 1 p.m. on the first and third Saturdays at Newmarket High School, 213 S. Main St.), Salem (10 a.m. to 2 p.m. on Sundays at Lake Street Garden Center, 37 Lake St.), and Weare (4 to 6 p.m. on Fridays at the old Town Hall and Community Center, 16 N. Stark Highway) will all be open during the months of April and May. 🍷

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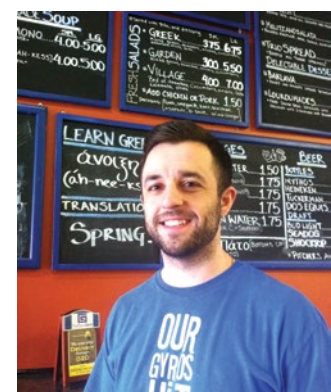
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IN THE KITCHEN

WITH ALEXANDER LAMBROULIS

Alexander Lambroulis, the owner of The Gyro Spot (1073 Elm St., Manchester, 218-3869, thegyrospot.com), grew up summering in Greece, where there were gyro shops on every street corner, including one that his family owned. Lambroulis figured the street food would translate well to the States. His family always owned pizza shops in America, but prior to The Gyro Spot and the restaurant business, Lambroulis explored a career as a jeweler. He left that career to open The Gyro Spot, because “food was still in my blood,” he said. All the recipes he uses at The Gyro Spot are based on recipes from his family’s gyro shop in Greece and his grandmother’s recipes.



What is your must-have kitchen item?

Greek yogurt, I’d say. Because without good tzatziki you can’t have a good gyro.

What celebrity would you like to see eating at your restaurant?

Oh, that’s easy: John Stamos.

What would you choose for your last meal?

Something that my grandmother makes. Probably anything that my grandmother would make for me, because she’s fantastic — stuffed peppers [and] this bean thing she makes that I don’t know how to say it in English. It’s these giant beans cooked in red sauce.

What is the biggest food trend in New Hampshire right now?

I want to say probably fast-casual, like upscale fast-food. Limited-menu type places where you know you’re going to go in and get one specific thing and get it done well.

What is your favorite meal to cook at home?

Mac and cheese.

Favorite restaurant besides your own?

I really had an awesome meal at Cava in Portsmouth. Very, very fine dining, with tapas, small menu.

What is your favorite dish on your restaurant’s menu?

The traditional pork gyro
 — Emelia Attridge

Melitzanosalata

Recipe for roasted eggplant dip from Alex Lambroulis

- 3 eggplants
- ½ cup chopped parsley
- ½ cup extra virgin olive oil
- 1 clove minced garlic
- ¼ cup white wine vinegar
- 1½ cups crumbled feta

Pierce each eggplant with paring knife or fork. Roast eggplants on medium heat char broiler, turning them often. Cook until skin is charred and eggplant is tender. Set aside until cool enough to handle. Remove and discard skin. Blend all ingredients in mixer. Fold in feta cheese at the end. Season with salt and pepper to taste. Refrigerate for an hour and serve with grilled pita chips.

325, Dover, 842-4077, stages-dining.com). Reservations required; visit OpenTable.com.

• **EASTER BRUNCH** Sun., April 20, with seatings at 10 a.m. and noon at Granite Restaurant & Bar (96 Pleasant St., Concord, 227-9000, graniterestaurant.com). Reservations required. Call 227-9000, ext. 602.

• **POP UP DINNER** with chefs James Haller and Patrice Gerard on Mon., April 21, at the Wellington Room, 67 Bow St., Portsmouth, at 6 p.m. Cost \$65. Call 431-2989.

• **FORKS & CORKS** Four-course wine dinner series at The Copper Door (15 Leavy Drive, Bedford, 488-2677, copperdoor-restaurant.com) held on Wednesdays, May 21, Sept. 24, and Nov. 12. Tickets cost \$75 and dinners start at 6 p.m. Tickets must be purchased in advance.

chased in advance.

• **PASTIES FOR PARKINSON’S** Dinner and a Vaudeville-style show on Tues., June 1. Dinner at 6 p.m., followed by the show from 7 to 10 p.m. at Whippersnappers, 44 Nashua Road, Londonderry to benefit Suzy’s Shakers of the New England Parkinson’s Ride. Includes dinner with performances by Scratch and the Boston Baby Dolls burlesque troupe, stand-up comedy, Middle Eastern belly dancing and other acts. Tickets cost \$25.

• **CONCORD FOOD CO-OP BRUNCH** The Co-op’s Celery Stick Café (24 S. Main St., Concord, 410-3099, concordfood-coop.coop) offers a brunch buffet every Sun., 10:30 a.m. to 2 p.m. Build-your-own omelet station.

• **CELIAC & GLUTEN INTOLERANCE SUPPORT**

GROUP Meets monthly from 7 to 8:30 p.m. at the Merrimack Public Library (470 Daniel Webster Highway, Merrimack, mer-rimack.lib.nh.us) Includes discussion, demonstration and sample. See royaltemptations.com/blog.

**Church/charity suppers/
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• **COMMUNITY BREAKFAST** Sundays from 8 to 11 a.m. at Philbrick-Clement Post 65 American Legion (12 N. Stark Highway, Weare, 529-2722, nhpost65.us). A la carte breakfast menu benefits the Legion and community outreach. Cost ranges from \$3.50 to \$7.

• **COMMUNITY SUPPER** Held the third Wed. of each month from 5:30 to 6:30 p.m., at the Unitarian Universalist Congregation in Milford at 20 Elm St. See uucm.org.



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Grapes

One of the best ways to save money at the grocery store is to buy produce that's on sale. Even though I'm so tempted by the \$7 berries sometimes, it's just not in my best interest to splurge on something that isn't in season or has been shipped from some far-away place. When I see something on sale, however, I can rest assured that it likely will be fresh and tasty in addition to not breaking the bank. Such was my luck this week with some beautiful red grapes. Grapes are normally so expensive that I had to snatch some up and take advantage of the low price.

Grapes are a simple snack that are easy to travel with, healthy and satisfy a sweet tooth. While I typically think of grapes as



just a snack or side dish, adding them to a dish can work wonders. Enter chicken salad. Chicken salad, to me, is nothing special. But if you add some spices and sliced grapes, it becomes a heavenly spring meal! Bring on the barbecues and sunscreen because this girl is ready! Perfect in a bowl at a cookout, on a sandwich for lunch or just a midday snack you find in the freezer, my chicken salad will reassure you that, indeed, spring is on its way (right?!).

— Allison Willson Dudas

Chicken Salad

3 large, boneless, chicken breasts
2-3 cups grapes, halved
2-3 stalks celery, sliced
Mayonnaise (¼ cup to ½ cup – I'll let you decide)
Salt & Pepper
Optional: Fresh dill, sliced green onions, slivered almonds

Begin by placing chicken breasts in pot of water over the stove; cover. Heat until boiling and lower heat to medium/low. Once heat is lowered, cook for about 15-20 minutes, until chicken is thoroughly cooked. Drain and set aside to cool (don't serve warm). Shred with fingers or two forks into bite-size pieces. In large bowl, combine all ingredients with chicken and mix together. Here's the fun part: taste and taste until you get the PERFECT combination! Serve on sandwiches with lettuce and honey mustard or just as is.

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• **BREAKFAST BUFFET** Sat., April 12, from 8 to 10 a.m. at Bethany Chapel Community Church (54 Newbury Road, Manchester), includes buffet with scrambled eggs, beans, grits, sausage, bacon, home-fries and specialty breads. French toast and pancakes cooked to order. Cost \$7 for adults, \$4 for kids ages 6 to 12, no charge for kids under 6. Call 497-2087.
• **EASTER BUNNY BREAKFAST** Sat., April 12, from 8 a.m. to noon at Bartlett Elementary

School, 689 Mast Road, Goffstown. Includes pancakes, scrambled eggs, sausage and beverage, an Easter Egg Hunt for kids up to Grade 4 (starts at 9:30 a.m. for pre-schoolers, 10 a.m. for grades 1 and 2, 10:30 a.m. for grades 3 and 4), plus photos with the Easter Bunny and raffles. Cost \$5 for adults, \$3 for kids ages 4 to 10, and kids 3 and free admission for kids 3 and under. Bring a canned good and receive a free raffle ticket.

• **BAKE SALE** at Assumption

Greek Orthodox Church, 111 Island Pond Road, Manchester, on Sat., April 12, from 10 a.m. to 3 p.m. Includes greek cookies, pastry and Easter bread. Call 623-2045.

• **NINETY NINE FUND-RAISER** Tues., April 15, from 5 to 10 p.m. at The Ninety Nine Restaurant, 10 Saint Laurent St., Nashua. Fifteen-percent of a dinner purchase will be donated to the Nashua Senior Activity Center. Present a voucher, available online at nashuaseniorcenter.org.

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Wild rice

Last summer, I helped to plan and host a bridal shower for my cousin. When it was time to create the favors, my aunt suggested we do cookies in a jar. Most people are familiar with these handy gifts — you put all of the dry ingredients into a mason jar and seal with a ribbon or bow. Then, the recipient only has to add the wet ingredients to make a batch of homemade cookies.

I've only ever seen recipes in a jar used for baked goods, so when I stumbled across the book *Recipes in a Jar* and discovered more than just desserts, I was immediately interested. Plus, I am once again trying to put together favors for a bridal shower, this time one themed "The Italian Coastline."

But before I settled on putting together 60 jars of soup, I thought I'd try a few recipes out for myself. One of my favorites was the Wild Rice soup.

My experiences with wild rice, especially in soup, are limited to college cafeterias and restaurant soup du jour options. I've never been a huge fan of wild rice, always preferring brown or white. However, the unique flavor of wild rice lends a sumptuous element to this soup that just wouldn't be there if it called for brown or white rice.

Using all pantry ingredients, this soup comes together in no time. The numerous



herbs and spices blend together and offer a delicate mix of flavors, while a hint of chicken broth makes the soup a perfect comfort food recipe.

To test the recipe, I skipped layering the ingredients and storing them in a jar and simply added them to the water. But I imagine letting the aromas and flavors of the herbs and spices meld over time would create an even more delectable dinner.

The only nonpantry ingredients (besides the water, of course) are mixed veggies and chopped turkey. I opted to only add frozen corn and carrots and a little extra turkey for a heartier soup.

Overall, I was really pleased with how the soup turned out. It's not a recipe I would have thought to try at home, and certainly not something I would have ever imagined using as a recipe-in-a-jar favor. However, I think the homey flavors and simplicity make this the perfect party favor — especially one reminiscent of a far off coastline or a once-in-a-lifetime vacation — they all let you relax and enjoy time out of the kitchen. — *Lauren Mifsud*

Turkey Wild Rice Soup Mix

From Recipes in a Jar

- ¾ cup wild rice
- 2 tablespoons dried, minced onion
- 1½ tablespoons chicken bouillon granules
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1 tablespoon dried thyme
- 1 tablespoon dried oregano
- 1 tablespoon dried dill weed
- 1 teaspoon garlic powder

- 2 tablespoons dried onion powder
- 1 pint glass jar

Layer ingredients in jar from rice to onion powder. Seal.

To prepare: Fill a pot with 8 cups of water and stir in jar contents. Bring to a boil and then reduce heat to medium low and let simmer for 10-15 minutes. Add two cups of frozen veggies and 1½ cups diced, cooked turkey. Cook for another 7-10 minutes or until heated through.

Winter farmers markets

- **CONCORD** Winter Farmers Market at Cole Gardens (430 Loudon Road, Concord, 229-0655, colegardens.com) from 10 a.m. to 2 p.m. on Saturdays until April 12.
- **CONTOOCOOK** at Hopkinton Town Hall (330 Main St.) from 10 a.m. to 1 p.m. on Saturdays through May. Call 746-3749 or visit facebook.com/contocook-farmersmarket.
- **DEERFIELD** from 1 to 4 p.m. at Old Town Hall (10 Church St.) on Sat., April 13. See farmersmarket.deerfield-nh.us.
- **EXETER** Sat., April 12, from 10 a.m. to 2 p.m. at Exeter High

- School, 315 Epping Road, Exeter. See seacoastlocal.org.
- **HENNIKER** at Community Center (57 Main St.), Thursdays, from 4 to 7 p.m. Visit henniker-farmersmarket.com.
- **MILFORD** in the Town Hall auditorium (1 Union Square) on the first and third Saturday of the month from 10 a.m. to 1 p.m. through April. Go to milfordnh-farmersmarket.com.
- **NEWMARKET** at Newmarket High School (213 S. Main St.) on the first and third Saturday of the month from 9 a.m. to 1 p.m. through April. See localharvest.org.
- **SALEM** at Lake Street Garden

- Center (37 Lake St.) on Sundays from 10 a.m. to 2 p.m. (April 20, May 4, and May 18). Visit salemnhfarmersmarket.org.
- **WEARE** meets weekly on Fridays from 4 to 6 p.m. at the old Town Hall and Community Center (16 N. Stark Hwy.) through May 18. See harvesttomarket.com.

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FOOD



**JUST
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Chocolate pudding

No one writes odes about cornstarch. There's nothing sexy about the fine white powder that is included in many baking recipes, but never exalted. It has no interesting history or cultural significance.

In reality, however, cornstarch is immensely useful, and for more than thickening the Thanksgiving gravy. When it comes to desserts, there are two main ways cornstarch functions.

First of all, there's tenderizing. To back up: Much of the structure in baked goods comes from gluten. Threads of gluten are formed when water mixes with flour and other grains. This process is what gives bread its height and chewiness; it is also what can make some cakes and pie crusts overly tough.

Cornstarch, however, is gluten-free. Therefore, adding the powder to recipes for shortbread can lessen the total amount of gluten that develops, creating a more tender final product. On the same logic,



cornstarch can also be combined with all-purpose flour (for each cup of flour, replace 2 tablespoons with cornstarch) to create a substitute for cake flour.

Check out epicurious.com for a simple cornstarch-enhanced shortbread recipe or thekitchn.com for a variety of desserts using cake flour (or your homemade substitute).

The second common use of cornstarch is its more classic function: thickening. In the dessert world, that often means cornstarch is used to thicken a juicy fruit pie or tart filling. For my money, however, cornstarch's thickening powers are put to their highest, purest use in recipes for homemade pudding.

This recipe is incredibly simple. It comes together almost as quickly as boxed pudding, but the result is richer, creamier and infinitely tastier. If you don't have chocolate lying around the house, the pudding is still excellent made with cocoa powder only. Enjoy. — Sarah Shemkus

Double Chocolate Pudding

Recipe from Bon Appétit Desserts

1/3 cup sugar
2 tablespoons unsweetened cocoa powder
4 teaspoons cornstarch
Pinch of salt
1 cup whole milk
1/2 ounce bittersweet or semisweet chocolate, chopped, plus more for garnish
1 teaspoon vanilla
Whipped cream for serving

Stir together sugar, cocoa, cornstarch and salt in medium saucepan until well mixed. Slowly pour in half of milk, whisking until mixture is smooth. Whisk in remaining

milk.

Place over medium heat and whisk constantly until pudding thickens and comes to boil, about 5 minutes (or longer on an apartment-grade electric stove). Continue to boil 1 minute longer, whisking constantly.

Remove pudding from heat. Add chocolate and vanilla and whisk until chocolate melts and pudding is smooth. Divide between two dessert dishes. Cool puddings in freezer 20 minutes.

Top with whipped cream. Shave chocolate on top to garnish. Serve.



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Azorean wine

There's more to Portugal than port

By Stefanie Phillips
food@hippopress.com

When it comes to wine, many people associate Portugal with port. But the Azores, an archipelago of nine islands off its coast, also produces wine. Since I had never tried Azorean wine before, I welcomed a recent opportunity to attend an Azorean dinner in Boston, complete with a menu designed by an authentic Azorean chef.

In my full-time public relations job, my office helps promote tourism in Portugal. Having learned about the country and its grapes, I always welcome the chance to try Portuguese wine, but it can be hard to find here in the United States. Azorean wine is an even rarer find. This wine dinner allowed me to try five different wines, paired with Azorean style food.

In the Azores, wine is produced on three islands, in what are considered the islands' three regulated wine regions: Pico, Graciosa and Biscoito (island of Terceira). The consistently mild climate allows grapes to grow in the Atlantic air. Pico and Terceira imported wines into the 19th century, according to WinefromPortugal.com, but odium and phylloxera diseases from Europe somehow made it to the Azorean vineyards and destroyed the wine production. Today, wine is mainly consumed on the islands and in Europe, but attempts to add new varietals and introduce modern winemaking techniques are boosting Azorean wine production.

There are six main grapes grown in the Azores, including arinto, generosa, merlot, trigueiro grande and verdelho. Arinto, being very versatile, is grown in nearly every wine region and is typically used in sparkling wine or wine blends. Verdelho is a grape native to the island of Madeira, where it is mainly used to make fortified wines. It is similar to the Spanish verdejo, but has its own genetic distinctions.

Both unfortified and fortified wines are common in the Azores. Here is the basic difference: Unfortified wines have less than 16 percent alcohol, while fortified wines have a higher percentage than that. Fortified wines tend to be sweeter and may have something added, like brandy. Port is a good example; it has a higher alcohol content and can be very sweet.

Many of the wines we tasted at the dinner were from the island of Pico and three were from the same producer, Curral de Atlantis. According to their website, Curral de Atlantis strives to stay true to tradition while also "incorporating contemporary means, methods and varieties."

The first course included octopus and crab, paired with Curral de Atlantis 2011 White.



This wine is a blend of verdelho, arinto, malvasia and chardonnay. I probably never would have identified any of these grapes on my own, but I really enjoyed this wine. It is light and crisp, with some nice minerality that made it an ideal pairing with seafood.

The second course also contained seafood, paired with 2011 Frei Gigante. I believe this wine is made on the island of Pico as well, but unfortunately, I couldn't find a lot of information about this wine. It is a little bit more lively than the Curral de Atlantis White, with more acidity and vibrance in its fruit flavors. It paired very well with the seafood in this course.

The third course was a beef and pork course, paired with Curral de Atlantis 2011 Regional Red. This wine is a blend of merlot and cabernet and was a special treat to try. It stood up to many other red blends I have tried. These grapes are not the islands' strong suit, but this wine was structured with a nice hint of tannins. It had some weight but went nicely with the meat.

Next, we were served an assortment of cheese and marmalade, paired with Lajido, an unfortified wine from the island of Pico, typically made with verdelho grapes. This is a slightly sweeter wine that is more like a liqueur. It is more viscous and similar to the color of rose. It cut through the texture of the cheese well and complemented the sweetness in the marmalade.

Finally, the last course was a tea-infused crème brulee with lemon meringue tarts, paired with Curral de Atlantis 2004 Unfortified Verdelho. This wine is also from Pico, and is usually drunk while it is young. Its most common characteristics are that it's dry with some acid, lighter-bodied, crisp yet refreshing and fruity with hints of lemon, green apple and apricot. Verdelho was once considered mainly a Portuguese grape, but its production has spread to Australia and California, and it is rumored to have relatives in Italy as well.

Trying new wines is always fun, but trying wines that are not everyday and common is even better. I can't wait to take a trip to the Azores and try these wines again in their homeland. 🍷

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DRINK

RED, WHITE & GREEN

Bottles for the budget-conscious wine-lover

Big, jammy, juicy reds were on the menu for us this week.

First up was the **2010 Phantom California Red** from Bogle Vineyards (\$19.99). This red blend (51 percent zinfandel, 47 percent petite sirah and 2 percent mourvedre, sourced from Clarksburg, Lodi and Amador, according to the Bogle website) was an inky violet red with a big and bold nose featuring aromas of dark berry and what one of us described as “juiciness.” This wine had dark fruit flavors as well as earthy notes — “you can smell the land, in a good way,” one of us remarked. The wine had a big mouthfeel full of fruit, but the wine itself wasn’t what you’d call fruity — it was actually more on the dry side. These qualities made it an excellent match for food.



The flavors followed through with those dark fruit, black berry and dried cherry flavors with a nice bit of acid that helped make the wine well-rounded. For a wine with no specific appellation and with a screw top (a prejudice that dies hard even for wine-lovers who know better), the Vinum was a pleasant surprise. It was a solid sipper in its own right and went well with our spicy pasta dinner.

Each week in “Red, White & Green,” the wine-lovers taste red and white wines that sell for not too much of the green, less than \$20. The goal? To find a good bottle without breaking the bank. Unless otherwise noted, the prices listed are what you’ll find the bottles selling for at the New Hampshire Wine & Liquor Outlet.

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- **WINE TASTING** of Animal Rescue League of NH wines on Sat., April 12, from 6:30 to 8:30 p.m. at The Drinkery, 2 Young Road, Londonderry, 434-1012, thedrinkeryshop.com.
- **WINE TASTING** of Animal Rescue League of NH wines on Sun., April 13, from 1 to 3 p.m. at A Market, 125 Loring St., Manchester, 668-2650, myamarket.com.
- **ALLAGASH** tasting on Thurs., April 17, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.
- **WHITE BIRCH BREWING** tasting on Sat., April 19, from 2 to 5 p.m. at Lucia’s Bodega, 30 Indian Rock Road, Windham, 421-9463, luciasbodega.com.
- **WOODSTOCK** tasting on Thurs., April 24, from 5 to 7 p.m. at The Beer Store, 433 Amherst St., Nashua, 889-2242, thebeerstorenh.com.
- **WINE TASTING** of Animal Rescue League of NH wines on Sat., April 26, from 1 to 3 p.m. at Sully’s Superette, 10 N. Mast Road, Goffstown, 497-8176, sullyssuperette.com.
- **WINE TASTING** of Animal Rescue League of NH wines on

Sat., April 26, from 4 to 6 p.m. at Harvest Market, 209 Route 101, Bedford, 472-5017, myharvestmarket.com.

Beer/wine dinners

- **BREWERS DINNER** Mon., May 5, at Sizzle Bistro (1 Highlander Way, Manchester, 232-3344, sizzlebistro.com) with White Birch Brewing. Reservations encouraged.

Beer/wine festivals and special events

- **YMCA ANNUAL SPRING SOCIAL** Wed., April 16, from 5:30 to 7:30 p.m. at the Capitol Center for the Arts, 44 S. Main St., Concord. Benefit includes wine and beer vendors, culinary offerings, silent auction and live auction. Call the Concord Family YMCA at 228-9622.
- **WINE TASTING GALA** Thurs., May 1, from 6 to 8:30 p.m. at EastPoint Executive Center (264 S. River Road, Bedford) benefits Bedford Historical Society. Wine tasting hosted by Perfecta Wine Company, with MC John Clayton. Samplings from Candia Road Beer Company and silent auction. Tickets cost \$30 in advance, \$100 for four tickets, \$40 at the door. Visit bedfordhistoricalnh.org.
- **CRAFT BREW FESTIVAL AND 5K** Sat., May 10, at Hampton Beach, includes 5k run and walk with post-race craft brew festival. Race starts at noon,

and festival runs from 12:30 to 4 p.m. Visit craftbrewraces.com.

- **PINT NITE** Every Thursday night at 7 p.m. at The Holy Grail Pub (64 Main St., Epping, 679-9559, holygrailrestaurantandpub.com).

Beer/wine tasting classes

- **INTRO TO RED WINE** Thurs., May 15, from 6 to 8 p.m. at LaBelle Winery (345 Route 101, Amherst, 672-9898, labellewinerynh.com) with winemaker Amy LaBelle.

Beer/wine making classes

- **IPA BREWFEST** Thurs., April 10, at 6 p.m. at IncredibREW (112 Daniel Webster Hwy., Nashua, 891-2477, incredibrew.com). Brewing five IPA varieties, and bottle two weeks later. Cost \$60 for two variety cases, bottles not included. Registration required.
- **BOSTON’S STRONG** Wed., April 16, at 6 p.m. at IncredibREW (112 Daniel Webster Hwy., Nashua, 891-2477, incredibrew.com). Brewing Imperial Force IPA and Imperial Red Ale, “split a batch” night cost \$30 per variety case (six bottles of each), bottles not included. Return in two weeks to bottle. Registration required.

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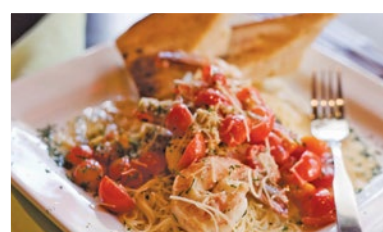
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- The Belle Brigade, *Just Because* **B-**
- De Lux, *Voyage* **B-**

- *The Improbability Principle* **C**
- *Children's Room*
- *Out Next Week*

Includes listings for lectures, author events, book clubs, writers' workshops and other literary events.

To let us know about your book or event, e-mail Kelly Sennott at ksennot@hippopress.com. To get author events, library events and more listed, send information to listings@hippopress.com.

- *Captain American: The Winter Solider*, **B-**

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The Belle Brigade, *Just Because* (ATO Records)



More Bonnaroo-corporate-tent marshmallow-fluff, the debut full-length from the L.A. act led up by the Gruskas, a brother-sister duo who are, lucky them, grandchildren of composer John Williams. I'm told they were more busker-ish before, on their EP, so I'm thankful that they're applying their abrasive, whiny vocals to something resembling rawk as opposed to trying to lure fans away from Norah and Amos and whatnot. They've had one song help to soundtrack a *Twilight* movie, which is about par for desperately tween-relevant stuff like this, a pop-minded fricassee of Sheryl Crow ("Be Like Him"), techno-fied Jewel ("Ashes") and a non-dark, less noisy Yeah Yeah Yeahs ("When Everything Was What It Was"), a dollop of vaguely adult-sounding bubblegum nonsense that does, I'll admit, have hooks that'd likely grow on you after a few minutes of being subjected to it at TGIFridays, the proper setting for such all-carb big-box-store ambience. **B-** — *Eric W. Saeger*

De Lux, *Voyage* (Innovative Leisure Records)



Clubbers are still struggling with the fact that James Murphy's all done with LCD Soundsystem, never thinking about what his reasoning might have been, aside from the chance to do stuff with Arcade Fire. Maybe he saw a post-hipster-techno wave rumbling in from the distance, who knows, but whatever, in the meantime there are plenty of artists filling the void, if you look at the big picture, ranging in soulfulness and subtlety from Hot Chip to Justice. Sure, this L.A. duo are disco kids, but I don't dislike them the way I do Chromeo and whatnot, mainly owing to the good amount of buzzy electro-zappage hanging over these tunes, which are strong in their own way, mostly combinations of '80s Talking Heads and pure '70s radio, personified in large part by the asphalt-and-chintz drum sound. There are departures and exceptions to the rule, lots of them: the house-pop "On the Day" is like Orbital on uppers, and the last fourth of "Moments," in which its government-issue pogo-1980s vibe gets jolted into relevance by Sean Guerin's hilariously over-the-top singing, like an *Exorcist* version of David Byrne. Way too many horses in this race to pick the next big neo-rave thing, but these guys have great odds. **B-** — *Eric W. Saeger*

PLAYLIST

A seriously abridged compendium of recent and future CD releases

- Japanese all-girl '70s-punk-throwbacks **Shonen Life** continue their search for the perfect totally-not-J-pop-and-quit-saying-that's-what-we-are answer to the Ramones in their 19th studio album, *Overdrive*. "Perfect Freedom" is the single from this album, and despite the video (the girls running around like the Monkees in a forest, then playing their instruments, then running around again), it's an OK song, if you liked their last 2,193 different Ramones-like songs. Naoko Yamano, the 53-year-old singer, is the only remaining original member, and yes, she does run around in the video, though not as fast as the two newbies.

- I'll tell you why I like New York band **Heartsrevolution** and its upcoming new EP, *Ride Or Die*: it sounds like Transvision Vamp, down to the bee-stung chick singer, the harmless-but-slightly-evil *Breakfast Club* synths, and the spazzy danceability of it all. They still have yet to do a full album, but in the case of a band like this, where one-hit-wonder-dom awaits, there's nothing wrong with not trying to fill an entire LP with 11 disposable tunes that no one will care about. Meantime, if you like to dance and spazz and listen to spacey chicks sing about whatever-who-cares, this EP features the song "Kill Your Radio," which may end up being their one hit — you never know. It has the same two notes as "We Got the Beat," that old Go-Gos song, so as long as no one notices (don't worry, no one will), they'll at least avoid a court date.

- **A Pony Named Olga** is a three-piece band from Germany, but they are not sniveling nerd-rock wimps — they play punkabilly, with a stand-up bass! *The Land Of Milk And Pony* is their first album, I think, but I don't know, because Wikipedia isn't talking to them, so let's just say it is their first album and insist it's true so that I will look like an omniscient font of pop-culture omniscience-ness. I like these idiots in this band, and I enjoyed listening to their idiotic song "Luxury Girl," because it makes fun of rich girls and the middle-class boys who can't get them, and there's plucked upright-bass and bad haircuts and idiotic yelling, sort of like They Might Be Giants a little, but more idiotic, plus upright bass.

- I'm trying to find a band in this pathetic "upcoming releases" list that you folks might have heard of, but apparently it's Obscure Bands week, except maybe **Needtobreathe**, you've heard of those nincompoops, right? *Rivers in the Wasteland* is their new album, out next week, just saying. You may know that this band is continuously having to tread the fine line between boring mainstream indie and boring Christian indie, which means it has all sorts of artistic freedom, thus the album's first single, "The Heart," sounds like Kings of Leon trying to sound like Mumford & Sons, which is totally not suspicious. — *Eric W. Saeger*

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Filmmaking fanatics

Local artists share expertise in book and workshop

By Kelly Sennott
ksennott@hippopress.com

"Just because more films are being made, it doesn't mean there are more filmmakers out there," said teacher, filmmaker and author Bill Millios.

Sure, an inexpensive DSLR camera helps, but in order to make a beautiful film that's seen by real people, you need more than the cast, crew, director, money and techy tools. You also need to have marketing and fundraising capabilities, and you need a producer with a passion for storytelling.

Filmmakers and co-authors Millios and Mark Vadeboncoeur are holding a workshop that will help experienced and to-be filmmakers discover (or rediscover) the ways of independent film today. It occurs Saturday, May 3, and Sunday, May 4, from 10 a.m. to 6 p.m. each day at Cinderella Modeling Studio & Agency in Manchester.

Millios isn't surprised more people are becoming so drawn to film; today, he said, you can get a DSLR (digital single-lens reflex) camera for \$1,000 or less. There's an instant wow factor when toying with these pieces of equipment.

"These cameras shoot unbelievably. I teach classes at SNHU [Southern New Hampshire University], and these kids won't even know what they're doing, yet... it looks gorgeous," Millios said in an interview at the Hippo office last week. "I think they get attracted to filmmaking by looking at the footage, but that's the equipment doing the work."

Millios of Back Lot Films and Vadeboncoeur of Goodheart Media Services have held lots of film workshops in New Hampshire, but this is their first in years, and their first since the publishing of their book, *The Digital Filmmaking Workshops: Producing, Marketing & Screening Your Independent Feature-Length Film*, which took three years to write and went to print in August 2013.

"We started holding film workshops around 2007. It was a time when shooting a film on video instead of 16 mm film was a fairly new concept," Vadeboncoeur said. "In



Bill Millios and Mark Vadeboncoeur will hold a digital filmmaking workshop in May. Courtesy photo.

the old days, the biggest expense was renting a camera, having film stock and having it developed on the technical side."

For the workshops and the book, Millios and Vadeboncoeur drew from their own personal experiences in creating *Old Man Dogs* and *Dangerous Crosswinds*, the latter of which was screened in nearly 20 locations in New Hampshire, Massachusetts and Vermont.

The workshop has an updated approach to filmmaking, technically speaking, but it's also just as much about what happens after the film is shot and edited.

"We really push the grassroots thing," Millios said. "Both our films we did all on our own... We booked it at at least a dozen theaters throughout New England. We brought the film to the people and bypassed the festival route. We recruited the money from the production budget, and made it back by selling DVDs."

Millios would like to see more filmmakers take this route.

"It was a lot of hard work, but we kind of use that as a model to encourage other filmmakers to treat it like a business. Especially with Kickstarter today, some filmmakers lose accountability," Millios said.

These filmmakers, he said, are putting effort and money and time in physically making the films, but they don't see them through. Instead of marketing, booking screenings and finding means to sell it afterward, they try to get their work in the film festival circuit and end there.

"You want to see it through — it's where the real gratification comes from, actually screening it. You get to meet real people and real viewers and get some wonderful discussions after the film," Millios said.

The event will have a few speakers, but for the most part, the workshop will be an in-depth, hands-on couple of days. Participants will also each receive a copy of their new book.

"We really try to emphasize the hands-on nature of it... Students will be getting their hands right on the equipment," Millios said. 🍷

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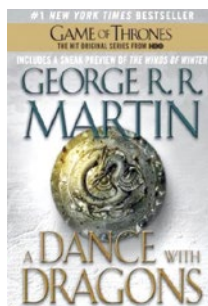
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Tuition: \$225, includes copy of *The Digital Filmmaking Workshops: Producing, Marketing & Screening Your Independent Feature-Length Film* by Marc Vadeboncoeur and Bill Millios.

Contact: digitalfilmmakingworkshops.com

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by Jim Butcher
Hardcover, May 27, 2014
- The Book of Life (Signed Book) (All Souls Trilogy #3)**
by Deborah Harkness
Hardcover, July 15, 2014
- Words of Radiance (Signed Book) (Stormlight Archive Series #2)**
by Brandon Sanderson
Hardcover, March 2014
- Night Broken (Mercy Thompson Series #8)**
by Patricia Briggs
Hardcover, March 2014
- The Ocean at the End of the Lane**
by Neil Gaiman
Hardcover, June 2013
- Alice's Adventures in Wonderland and Other Stories**
by Lewis Carroll, John Tenniel (Illustrator)
Hardcover, January 2010
- Harry Potter Paperback Boxed Set, Books 1-7**
by J. K. Rowling
Paperback, July 2009
- Harry Potter and the Sorcerer's Stone (Harry Potter #1)**
by J. K. Rowling, Mary GrandPre (Illustrator)
Paperback, September 1999
- A Storm of Swords (A Song of Ice and Fire #3)**
by George R. R. Martin
Mass Market Paperback, March 2003



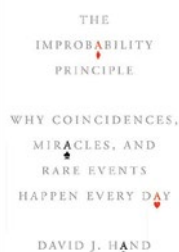
The Improbability Principle, by David J. Hand (Scientific American/Farrar, Straus and Giroux, 245 pages)

In the opening of Tom Stoppard's terrific play *Rosencrantz and Guildenstern Are Dead*, the title characters are playing "heads or tails," and the coin has come down "heads" 89 times in a row. "I'm afraid it isn't your day," Rosencrantz says. "I'm afraid it is," Guildenstern rejoins.

It's a darkly comical bit of theater, one on which David J. Hand could pontificate for hours. Odds, chance and probability are the British academic's specialty (and, no, they're not the same thing). In *The Improbability Principle*, he lectures from the Ivory Tower, endeavoring to teach the poor, misguided Guildensterns of the world that the world isn't out to get us — or help us — that everything that appears to be wondrous or astonishing is nothing more than accumulating math. In short, he turns miracles into statistics. Happy Easter. And he occasionally makes sense.

Hand begins with a story about actor Anthony Hopkins, who in 1972 traveled to London to buy a book on which his upcoming role was based. The bookstores, however, didn't have it, so he headed for home — and found the book he needed, discarded on the train. Stranger still, the book turned out to be one that had once been owned by the author.

"You have to ask: What's the chance of that happening? One in a million? One in a billion? Either way, it begins to stretch the bounds of credibility. It hints at an explanation in terms of forces and influences of which we are unaware," Hand writes. But do not take the hint, because Hand's "the Improbability Principle" asserts that



"extremely improbable events are commonplace," everyday events.

Should you disagree, you probably believe in Santa Claus, the Tooth Fairy, or (gasp) gods, and need "reassuring and placating" because you are "unwilling or unable to make the effort to dig deeper." Hand respects hard science and math, and any soft probing beyond those boundaries invites derision. To his mind, Jeanne Dixon, Carl Jung and Mani the Parakeet (a Malaysian astrologist's assistant) occupy the same intellectual shelf. Miracles, gods, synchronicity, morphic resonance are all part of a "host of imaginary imps." If professional atheist Richard Dawkins ever needs a ghostwriter, Hand's the man.

Except Dawkins is more lucid. Hand earnestly tries to translate complex theories and equations into prose understandable in the mass market, but it's hit and miss, and after a while, the misses make your eyes glaze over. He is a former president of the Royal Statistical Society (whose subhead should be "We're smarter than you!") and most of his published work has been in the form of scientific papers on topics such as "Latent Variable Models and Factor Analysis: A Unified Approach." (Don't ask me; I haven't a clue.)

Writing to the lowest common denominator is a sin that should be restricted to daily newspapers and celebrity magazines, but it is helpful when an author does not presume that his audience all has mathematics degrees. Therefore, Hand's "Law of Truly Large Numbers" — which sensibly explains why it's possible for a New Jersey woman to win the lottery twice in four months even though you and I will never, ever win once — makes sense when he uses words, yet becomes a "Stop Reading Now" sign when

he resorts to numbers.

Here's an example: When addressing "the birthday problem" — "How many people must be in a room to make it more likely than not that two of them share the same birthday? — there is an explanation that goes, in part, like this: "If there are n people in the room, with each of the other $n-1$ having a probability of $364/365$ of having a different birthday from me, then the probability that all $n-1$ have a different birthday from me is $364/365 \times 364/365 \times 364/365 \times 364/365 \dots \times 364/365$ with $364/365$ multiplied together $n-1$ times. If n is 23, this is 0.94. Since that's the probability that *none of them* share my birthday, the probability that *at least one of them* has the same birthday as me is just 1 minus this."

Got that? If so, you will love this book. Personally, I would have preferred that he'd just given the answer, which, as it turns out, is 23.

And so goes the book. Fascinating nuggets, surrounded by indigestible cud. At one point, Hand quotes an "eminent" British lawyer, mired in a discussion between statisticians and lawyers. "Large parts of the things that have been said here have been absolute gobbledegook to me." The line would make an excellent blurb for the book jacket.

In explaining how the universe and natural laws guarantee not order but uncertainty and the occasional triple-lightning strike (though probably not to you), Hand seeks to reassure us that chance, too, is governed by laws, and there's beauty in disorder.

"Some people seem to think that understanding a phenomenon takes away its mystery. ... But a grasp of the cause of the colors of the rainbow doesn't detract from its wonder," he writes. Ah, yes, but somewhere over the rainbow, brain cells melt like lemon drops when reading this book without a Ph.D. in math. C — Jennifer Graham

CHILDREN'S ROOM

A weekly recommendation from the Concord Public Library

3-D Art Lab for Kids: 32 Hands-on Adventures in Sculpture and Mixed Media

Written and illustrated by Susan Schwake, 2013
(Non-fiction, grades 4-8)

New Hampshire author and artist Susan Schwake introduces kids to a variety of art techniques using a wide range of materials — from clay and paper to textiles and beads. The book includes a number of "Meet the Artist" sidebars — including seven New Hampshire artists! Colorful photographs accompany clear step-by-step instructions.

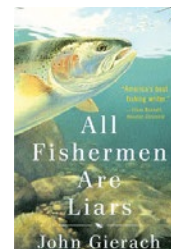


OUT NEXT WEEK

All Fishermen Are Liars

By John Gierach

Hits shelves: April 15



Author best known for: Numerous books on fly-fishing and articles in *Field & Stream*, *Gray's Sporting Journal* and *Fly Rod & Reel*.

One-sentence review: "Gierach's mischievous sense of humor and profound sense of good fortune that he gets to fish for a living make this another must-read for anyone — anglers and non-anglers — thanks to Gierach's playful and poetic prose, which brings to life such contemplative endeavors." — Publisher's Weekly

Book Report



• **Triple whammy:** Barnes & Noble, 235 DW Highway, Nashua, is hosting a three-author event this weekend. On Saturday, April 12, from 1 to 3 p.m., Milford author T. Stephens will talk about his book, *Dante's Cypher*, a mystery; Hooksett author Michael Espinola will speak about *Clean Regime*, which offers the real scoop on being healthy, with topics that range

on air, water, food contamination, natural remedies and detoxification cleanses; and Judy I. Grehan will speak on *Here Comes the Bridegroom!*, about ancient Jewish wedding customs and their biblical insight. Call 405-458-5642.

• **Don't go *Chasing Cheetahs*:** Hancock author Sy Montgomery's latest book, *Chasing Cheetahs: The Race to Save Africa's Fastest Cats* was released April 1, written to give young readers a firsthand account of the efforts by the Cheetah Conservation Fund in Namibia to save the world's fastest land animal. The book is accompanied by breathtaking photos by Nic Bishop. Visit symontgomery.com.

• **It's national library week!** This year's theme for national library week, April 13 through April 19, is "lives change at your library," according to ala.org. Library patrons across the country are requested to tweet about how the library has changed their lives with #LivesChange and #NLW14. Check out your library to see how it's celebrating.

• **Have an idea for a children's book?** Local author/illustrator Maryann Cocca-Leffler shares what it takes to get a children's book published at a workshop on Saturday, April 12, from 9:30 a.m. to 1 p.m. at Art Happens, 37 Wilton Road, Milford. Topics include the publishing process, the business of publishing (from queries, submissions and contracts) and tips/industry resources. Visit maryanncoccaleffler.com, call 672-8991. Tuition is \$45. — Kelly Sennott

Books

Author events

• **PAUL HARDING** author of two novels about multiple generations of New England family, including Pulitzer Prize-winner *Tinkers*, presents lecture "Truth and the Imagination" on Thurs., April 10,

at 6 p.m., at NHIA French Building Auditorium, 148 Concord St., Manchester. Part of school's Distinguished American Artists Discussing Art lecture series, \$20 admission, call 836-2546, email jlafleur@nhia.edu.

• **CHERYL LASSITER** signs

her new biography of the "witch of Hampton," *The Mark of Goody Cole: A Tragic and True Tale of Witchcraft Persecution from the History of Early America*, at the Goody Cole Room, Old Salt Restaurant, 490 Lafayette Road, Hampton, on Thurs., April 10, 6-7 p.m. Second book signing at Community Oven, 845 Lafayette Road, Hampton, on Sat., April 12, 5:30-7 p.m. Visit goodycole.com.

• **MARYANN COCCA-LEFFLER** creator of *Mr. Tanen's Ties*, author event at Barnes & Noble, 1741 S. Willow St., Manchester, on Fri., April 11, at 4 p.m. Call 668-5557, visit store-locator.barnesandnoble.com.

• **ANNE SARKISIAN** author of *Toxic Staple* talks about her book at Barnes & Noble, 1741 S. Willow St., Manchester, 668-5557, on Sat., April 12, at 2 p.m.

• **KERRY HUDSON** Skype author visit at the Concord Public Library, 45 Green St., Concord, on Sat., April 12, at 11 a.m. Author of *Tony Hogan Bought Me an Ice-cream Float Before He Stole My Ma*. Call 225-8670, visit concordpubliclibrary.net or the library Facebook page.

• **GERRI KING** presents newest book *The Duh! Book of Management & Supervision: Dispelling Common Leadership Myths* at Gibson's Bookstore, 45 S. Main St., Concord, on Sat., April 12, at 2 p.m. Call 224-0562, visit gibsonsbookstore.com.

• **JAMES VAN PRAAGH** at the Palace Theatre, 80 Hanover St., Manchester, on Sat., April 12, at 7:30 p.m. Tickets \$29.50-\$59.50. Call 668-5588, visit palacetheatre.org. Bestselling author of *Talking to Heaven* and *Reaching to Heaven*.

• **P.J. O'ROURKE** discusses and autographs *The Baby Boom: How it Got That Way and Why it Wasn't My Fault and I'll Never Do It Again* at the Toadstool Bookshop, 12 Depot Square, Peterborough, 924-3543, on Sat., April 12, at 11 a.m. O'Rourke also presents at The Music Hall, 28 Chestnut St., Portsmouth, on Wed., April 16, at 7:30 p.m., tickets \$13.25. Call 436-2400.

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Meet the Authors!

April 12th 2PM — Gerri King, Ph.D.



'The Duh! Book of Management & Supervision' Each year Dr. King consults over 150 corporate, industrial, governmental, insurance, and non profit clients throughout the U.S. in leadership development and management training.

April 17th 5³⁰PM — Peter Korn



'Why We Make Things and Why It Matters' Korn is a furniture maker whose work has been exhibited nationally in galleries and museums. He will be talking about the nature and rewards of creative work.

April 23rd — World Book Night!

Now in its 3rd year, thousands of volunteers will spread out across America today and tonight to hand out specially printed copies of free books, donated by publishers. The sign-ups to be a World Book Night Giver are free to anyone, but you do need to sign up months ahead of time so publishers can print the right amount of books.

April 24th 7PM — Poet Dan Chiasson



A poetry event for National Poetry Month! Dan joins us to present his collection of poems about boys and boyhood.

GIBSON'S BOOK CLUB! Open to all.
Join us the 1st Monday of each month at 7pm.

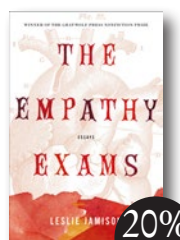
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THE TOADSTOOL BOOKSHOPS

The Empathy Exams by Leslie Jamison

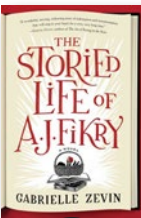
These emotional essays exploring empathy lead readers to an essential truth about what it means to care.

(Graywolf, Our Price \$12)



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The Storied Life Of A.J. Fikry by Gabrielle Zevin

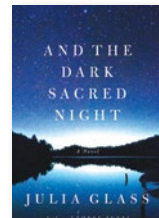


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(Algonquin, Our Price \$19.96)

The Dark Sacred Night by Julia Glass



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(Pantheon, Our Price \$21.56)

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Captain America: The Winter Soldier (PG-13)

Steve Rogers considers the age old question — security or freedom — in *Captain America: The Winter Soldier*, a surprisingly OK entry in the Marvel S.H.I.E.L.D.-iverse.

Rogers (Chris Evans) is better known as Captain America and, as you'll remember from his previous films and from the exposition delivered with no finesse in this movie, was a soldier given super strength and speed during World War II. He used those powers to defeat HYDRA, an extra evil splinter group within the Nazis, and lost only one of his buddies during that fight (hmm, will that information be important later?). He was frozen for decades and brought back to life right before *The Avengers*.

Now, working for S.H.I.E.L.D. with Natasha Romanoff a.k.a. Black Widow (Scarlett Johansson), Rogers isn't sure how he feels about the missions he's sent on, especially when he learns from Nick Fury (Samuel L. Jackson) about a new weapons system that could potentially take out terrorist types even before they commit their acts of terror. That kind of proactive approach to world-saving is what we need now, Fury argues, but Cap thinks that doesn't sound like the kind of freedom he was fighting for back when he was bending rules to battle Nazis.

As they would say on Cinema Sins: we interrupt this Marvel action movie to bring you a New York Times op-ed about drones and the NSA.

But Fury also has his doubts about this massive new Skynet-ish system, especially when a few security glitches make him think someone somewhere might be up to no good. Though Secretary Andrew Pierce (Robert Redford) tries to stall the system's implementation, the council of international holograms that is S.H.I.E.L.D.'s policy-making governing body is pushing to get the system's big death ships into the sky, policing the world. Soon, Rogers and Natasha find themselves working alone



Captain America: The Winter Soldier

to figure out who their real enemy is and whether or not anybody in S.H.I.E.L.D. can be trusted. Also, they learn that whoever they're fighting, those bad guys have a mysterious enforcer assassin nicknamed the Winter Soldier (Sebastian Stan).

I don't know if any of this counts as a SPOILER but: Going to Marvel movies lately has felt like getting on some rickety biplane. "Hey, it held together. We didn't crash to our deaths. Not bad!" has been my feeling coming out of the movies. Sure, I'm white-knuckling through a thick gray "conspiracy within S.H.I.E.L.D." cloud, but then, just at the last moment, just when the clock is counting down to the final seconds, just when I'm like "to hell with all this Tesseract nonsense" or whatever that particular movie's MacGuffin is, we get something simple and gratifying, like a costumed hero saving the day. Woo-wee! We've sailed through the danger and landed safely on the ground, my faith in the basic ability of Marvel to entertain intact.

And, sure, it's great for Marvel that they leave me feeling like they've successfully hurdled this very low bar but each outing has — with the possible exception of *The Avengers*, a movie that super-grouped the

best of Marvel into one story — left me feeling a little less of the joy and excitement that I felt, say, for the first *Iron Man* back in 2008. Part of this is because I feel obligated to remember so much previous story going in to each of these movies — not just the Thor or Captain America movie that preceded whatever I'm seeing now but all the pieces from all of this universe's movies that go in to making these stories make sense. That much pre-movie fact-checking just feels like homework. And because these movies are so much about the Marvel universe, the story of the individual guy and his cool powers and his hopes and dreams gets lost in giving service to the wider world.

Here, that translates to a movie where the arc of the main character — who, you'll remember, is Captain America and not the much more bad-ass Black Widow or the runner-up amount of bad-ass plus personableness that is Steve's new friend Sam Wilson (Anthony Mackie) — is not nearly as interesting as the arc in the overall Marvel universe. At the end of the movie, a lot has happened with S.H.I.E.L.D. — things that have repercussions for Tony Stark and Agent Coulson et al. What the movie didn't

do was make me care all that much more about Captain America.

That said, the movie succeeded in:

- Making me care, in whatever small amount, about S.H.I.E.L.D.
- Making me actually want to watch *Marvel's Agents of S.H.I.E.L.D.*, which I mostly checked out of after the first handful of episodes.
- Making me like Chris Evans as Captain America. He is far more the Superman for our modern times than Henry Cavill was playing actual Superman in last year's *Man of Steel*. This movie doesn't let Cap have as much fun — or really do as much anything — as the first Captain America movie did, but he is a pleasant character.

• Making me appreciate Scarlett Johansson as the Black Widow. Her character always seemed like an afterthought in previous movies but here she gets to do more than just throw some punches while wearing tight clothes. I never would have thought "Black Widow character development" was something I wanted but, like I said before, somehow the plane pulled up at the last minute and the landing was remarkably smooth.

Captain America: The Winter Soldier offers just enough Marvel fun to remind you why you cared about the franchise in the first place. **B-**

Rated PG-13 for intense sequences of violence, gunplay and action throughout. Directed by Anthony Russo and Joe Russo with a screenplay by Christopher Markus & Stephen McFeely, Captain America: The Winter Soldier is two hours and 16 minutes long and is distributed by Walt Disney Studios.

Post-credits text: There are two post-credits scenes — both of the "next time, in Marvel films" variety — one appearing after the main, very coolly animated credit sequence and one at the very end. Neither is as charming as that shawarma scene but I guess hard-core fans will get a kick out of the peeks at future storylines. 🍷

REVIEWLETS

* indicates a movie worth seeing. For reviews of graded films, go to www.hippopress.com

Opening soon:

April 11: *Rio 2* (G) features the further adventures of the Jesse Eisenberg-voiced blue macaw Blu and his lady friend (voiced by Anne Hathaway); *Draft Day* (PG-13) Kevin Costner leads the cast in this vaguely Moneyball-ish looking tale of the NFL draft; *Oculus* (R) features Katee "Starbuck" Sackhoff in a jumpy-score-tastic (at least in the trailer) horror movie.

Now playing:

Bad Words (R)

Jason Bateman, Kathryn Hahn. Bateman directs and stars in this aggressively naughty tale of a grown man who decides to compete for the grand prize in a kids' spelling bee. **B-**

Cesar Chavez (PG-13)

America Ferrera, Michael Peña. This paint-by-numbers biopic offers a mostly uninspiring glance at the life of Cesar Chavez. Mostly OK performances are not well served by the less than stellar script. **C**

Divergent (PG-13)

Shailene Woodley, Theo James. Interesting characters don't quite save this YA adaptation from uneven world-building and a general blahness. **C+**

The Grand Budapest Hotel (R)

Ralph Fiennes, F. Murray Abraham. Wes Anderson presents this beautiful, diorama-like fairy tale of an Eastern European hotel and its eccentric concierge during the first half of the 20th century. **A**

The LEGO Movie (PG)

Voices of Chris Pratt and Elizabeth Banks. And, delightfully, Will Ferrell. This solid tale of LEGOs protecting their world from a weapon called "Kragle" has adventure, comedy, visual cleverness, sweetness and a pretty spot-on joke about Siri. **A**

Mr. Peabody & Sherman (PG)

Ty Burrell, Allison Janney. Charming update of characters from the Rocky & Bullwinkle mix, this movie has cute puns, history nerd (not to mention nerd nerd) moments and a

sweet father-son story. **B+**

Muppets Most Wanted (PG)

Tina Fey, Ricky Gervais. The Muppets return for a new adventure involving a world tour and an international frog criminal. Though filled with highjinks, the movie is missing some of the Muppets zany heart. **B-**

Need for Speed (PG-13)

Aaron Paul, Dominic Cooper. Pretty cars, pretty long. **C+**

Noah (PG-13)

Russell Crowe, Jennifer Connelly. Darren Aronofsky begat this entertainingly nutso riff on the Bible story wherein Noah builds an ark, weathers a flood and can't figure out what to do with his hair and beard. **B-**

Sabotage (R)

Arnold Schwarzenegger, Sam Worthington. The govenator chomps on a cigar and on the scenery in this proudly stupid shoot-'em-up. **C+**

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MOVIES OUTSIDE THE CINEPLEX

Film RED RIVER THEATRES

11 S. Main St., Concord, redriver-
theatres.org, 224-4600
• *The Grand Budapest Hotel* (R,
2014) on Thurs., April 10, at 2,
5:30 & 8 p.m.; Fri., April 11, and
Sat., April 12, at 1, 3:30 & 8:30
p.m.; Sun., April 13, at 1, 3:30 &
6 p.m.; Mon., April 14, through
Thurs., April 17, at 2, 5:30 & 8
p.m.
• *Enemy* (R, 2013) on Thurs.,
April 10, at 2:10 p.m.
• *Ernest and Celestine* (PG, 2012)
on Thurs., April 10, at 2:05 & 5:40
p.m.
• *Le Week-End* (R, 2013) Fri.,
April 11, and Sat., April 12, at
1:30, 3:45, 6:15 & 8:45 p.m.;
Sun., April 13, 1:30, 3:45 & 6:15
p.m.; Mon., April 14, and Tues.,
April 15, at 2:05, 5:35 & 7 p.m.;
Wed., April 16, at 2:05 p.m.;
Thurs., April 17, at 2:05, 5:35 &
7:50 p.m.
• *The Unknown Known* (PG-13,
2013) Fri., April 11, at 1:45, 5:30
& 7:30 p.m.; Sat., April 12, at 1:45
& 5:30 p.m.; Sun., April 13, at
1:45 & 6:30 p.m.; Mon., April 14,
through Thurs., April 17, at 2:10,
5:45 & 7:45 p.m.
• *Girl Crazy* (1943) Sun., April
13, at 4 p.m.

WILTON TOWN HALL

40 Main St. in Wilton, 654-3456,
wiltontownhalltheatre.com
• *The Book Thief* (PG-13, 2013)
Thurs., April 10, at 7:30 p.m.
• *Le Week-End* (R, 2013) Thurs.,
April 10, through Thurs., April 17,
at 7:30 p.m. Plus Sun., April 13, at
2 & 4:30 p.m.
• *The Invisible Woman* (R, 2013)
Fri., April 11, through Thurs.,
April 17, at 7:30 p.m. Plus Sun.,
April 13, at 2 p.m.
• *Babes in Arms* (1939) Sat., April
12, at 4:30 p.m.
• *Food For Change* (2012) Sun.,
April 13, at 4:30 p.m.

MANCHESTER CITY LIBRARY

405 Pine St., Manchester, 624-
6550, manchester.lib.nh.us
• *Silent Film series Her Night of
Romance* (1924) on Tues., May 6,
at 6 p.m.; *Cabiria* (1914) on Tues.,
June 3, at 6 p.m. w/ musical accom-
paniment by pianist Jeff Rapsis.
• *White House Down* (PG-13,
2013) on Wed., April 16, at 1 p.m.

• *Hoot* (PG, 2006) on Wed., April
23, at 1 p.m.

WEST BRANCH COMMUNITY LIBRARY

76 N. Main St., Manchester, 624-
6560, manchester.lib.nh.us
• *Saving Mr. Banks* (PG-13,
2013) on Fri., April 11, at 3 p.m.
• *Walking With Dinosaurs* (PG,
2013) on Fri., April 18, at 3 p.m.

BEDFORD PUBLIC LIBRARY

3 Meetinghouse Road, Bedford,
472-3023, bedfordonline.com,
free movie at 2 p.m. on the third
Sunday of the month, presented
through Parks & Recreation
• *What's Up Doc* (G, 1972) on
Sun., April 27, at 2 p.m.

CONCORD PUBLIC LIBRARY

45 Green St., Concord, 230-3682,
onconcord.com/library
• *Frozen* (PG, 2013) on Fri., April
25, at 2:30 p.m.

CINEMAGIC,

1226 Hooksett Road, Hooksett
• *Nfinity Champions League
Cheerleading Event* on Thurs.,
April 10, at 7:30 p.m.
• *The Railway Man* (R, 2013) on
Tues., April 15, at 7 p.m.

CHUNKY'S CINEMA

151 Coliseum Ave., Nashua, 880-
8055
• *Karate Kid* (PG, 1984) Thurs.,
April 10, at 7 p.m. (also screening
at Chunky's Pelham)
• *Hop* (PG, 2011) A Little Lunch
Dates program presented by Col-
lins Dentistry for Children, free for
preschool children and their parents.
Lights are slightly dimmed. Screens
Wed., April 16, at 11:30 a.m., noon
and 12:30 p.m. (also at Pelham).
• *Cool Hand Luke* (1967) Wed.,
April 16, at noon (also screens at
Chunky's Pelham). Admission is
free for seniors.
• *Rio 2* (PG, 2014) Sensory-
friendly screening on Wed., April
16, at 4 p.m. (also screens at
Chunky's Pelham).
• *Terminator* (R, 1984) Thurs.,
April 17, at 7 p.m. (also screens at
Chunky's Pelham).

NASHUA PUBLIC LIBRARY

NPL Theater, 2 Court St., Nashua,

589-4600, nashualibrary.org. Call
589-4646 for a movie schedule.
Seating is limited. Food and drink
are not permitted. Cinema Cabaret
screens adult films on Tuesdays at
7 p.m. and the family film series
screens on Saturdays at 2 p.m.
The two series run from October
to May.
• *The Pirate Fairy* (G, 2014) on
Sat., April 12, at 2 p.m.
• *Tangled* (PG, 2010) on Sat.,
April 19, at 2 p.m.
• *Brave* (PG, 2012) on Sat., April
26, at 2 p.m.

RODGERS MEMORIAL LIBRARY

194 Derry Road, Route 102, Hud-
son, rogerslibrary.org. 886-6030
• *Cinema Celebration* on Thurs.,
April 10, at 6:30 p.m.

BELKNAP MILL

The Mill Plaza, 25 Beacon St.
East, Laconia, 524-8813
• *The Invisible People* (documen-
tary) on Thurs., April 10, at 7 p.m.

PETERBOROUGH PLAYERS THEATER

55 Hadley Road, Peterborough,
924-9344, showings of The MET:
Live in HD, National Theatre Live
• *Coriolanus* on Sun., April 13, at
4 p.m.
• Mozart's *Così Fan Tutte* on Sat.,
April 26, at 1:00 p.m.

POLLARD MEMORIAL LIBRARY

401 Merrimack St., Lowell,
Mass., 978-970-4120, pollardml.
org. Film night on second Thurs-
day of the month at 6:30 p.m.
• *Independent Film Night* featur-
ing *Broken* (NR, 2012) on Thurs.,
April 10, at 6:30 p.m.

WAYSMEET CENTER

15 Mill Road, Durham
• *Permaculture: The Growing
Edge* Sun., April 13, at 5 p.m.

SEACOAST REPERTORY THEATRE

125 Bow St., Portsmouth, 433-
4793, seacoastrep.org
• *The Stuff* (R, 1985) on Wed.,
April 16, at 7:30 p.m., followed
by interactive Skype interview
with director Larry Cohen

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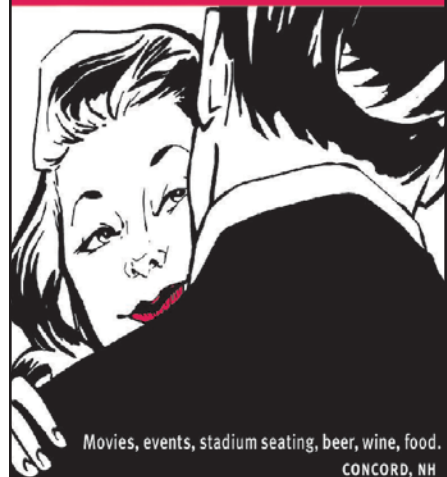
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By Michael Witthaus
mwitthaus@hippopress.com

• **Guitar men:** The dynamic acoustic duo of **Chris Eldridge and Julian Lage** performs. With the Nickel Creek reunion in full swing, Eldridge is taking time from his Punch Brothers duties for this side project. Lage has a background in modern jazz and new music, and Eldridge comes from bluegrass roots. Together, they weave an inspired and original sound. See Chris Eldridge and Julian Lage on Thursday, April 10, at 9 p.m. at The Press Room, 77 Daniel St., Portsmouth. Tickets are \$13; see pressroomnh.com.

• **Indie girl:** Aly Spaltro developed her musical persona **Lady Lamb The Beekeeper** during nocturnal fits of inspiration after quitting time at a Brunswick, Maine, video store. Later, she distributed homemade CDs at Bull Moose Records while working behind the counter. These days, she calls Brooklyn home and has built a national following for her quirky folk rock sound. See Lady Lamb The Beekeeper on Friday, April 11, at 8 p.m. at Music Hall Loft, 28 Chestnut St., Portsmouth. Tickets \$20 at themusichall.org.

• **Spring forth:** The long winter appears to be waning, finally, but **Jamgrass SpringFest** is playing it safe. The weekend-long event happens indoors and features six of the best bluegrass bands in New England, including Laid To Dust, Lunch At The Dump, Rockspring, Diamond Joe, Tyler Road and the Crunchy Western Boys. Attend Jamgrass SpringFest on Saturday, April 12, and Sunday, April 13, at 7 p.m. at Tower Hill Club, 290 Lakeside Ave., Laconia. Tickets are \$14 (\$8/single day) at towerhillclub.com.

• **Strange dude:** What hath Kickstarter wrought? MegaBeast front man and performance artist **Jason Drapeau** solicits contributions to watch him take a chest chop from a pro wrestler, receive dominatrix punishment, get paintballed, get tazed and endure other degradations. Watch on computer or flat screen at a downtown bar. Attend YouTube 10-Hour Loop Nightmare on Sunday, April 13, from 9:30 a.m. to 7:30 p.m. at Shaskeen Pub, 909 Elm St., Manchester. For the demented specifics, see jasonpeterspresents.com.

• **Dancing queen:** A DJ mixes ballroom, Latin and swing music as **Queen City Ballroom** Dance Studio celebrates its 18th anniversary. The semi-formal event includes lessons for dancers of all ability levels, with hosts for single ladies, and a dance showcase from the studio's Performing Team. Cash bar. Attend Queen City Ballroom Dance Studio 18th Anniversary Party and Showcase on Sunday, April 13, at 1 p.m. at Radisson Hotel, 700 Elm St., Manchester. Tickets are \$16 until April 12, or \$20 at the door. Call 622-1500. **Follow on Twitter:** @hipponitemusic **Listen on Spotify:** [spoti.fi/11v1t3b](https://open.spotify.com/playlist/11v1t3b)

NITE Melting-pot music

Roosevelt Dime perform at Simple Gifts

By Michael Witthaus
mwitthaus@hippopress.com

Depending on the song, Roosevelt Dime is a throwback to another era — Leon Redbone meets Squirrel Nut Zippers — or something else altogether. The rootsy quartet does Band-inflected Americana on “Calvary” and zydeco on “Cocaine Habit Blues” — the latter samples the Grateful Dead’s “Casey Jones.” A highlight of the just released *Full Head of Steam* is “Now There’s You,” a sizzling slice of Motown served up with soulful horns.

Guitarist and banjo player Andrew Green met bassist/songwriter Eben Pariser at Oberlin College; the two started Roosevelt Dime after graduation. Initially, the group busked acoustically in New York City, incorporating brass and multiple harmonies partly to rise above the din.

“Horns are really loud — they get people’s attention,” Green explained. “We were performing in parks and subways, and these were New Yorkers on their way home from work. If you can get them to stop, maybe even dance or tap their foot, you are really onto something.”

Green grew up listening to hard rock and found his way to roots music through the soundtrack of *O Brother, Where Art Thou?* He cites John Hartford as a key influence.

“He did everything,” Green said. “Singing, playing, soft-shoeing — an all around entertainer who could tell a joke or a story.”

Green also admires Ray Charles, Otis Redding and James Brown.

Each member of Roosevelt Dime brings a unique perspective. Green is a New York native, Pariser hails from Maine; horn player Seth Paris and drummer Tony Montalbano are both West Coast transplants.

“We are ... taking the elements of old-time music and incorporating it with soul, R&B, rock and Dixieland jazz,” Green said.

Shakti rock

Indie band visits Concord yoga studio

By Michael Witthaus
mwitthaus@hippopress.com

Even over the phone, Asa Dustin sounds peaceful. The founder of At Om Yoga Studio in Concord is discussing an upcoming event that blends music and what he terms “the mysticism of the sacred and magical art of yoga.”

During the event, Dustin will conduct



Roosevelt Dime. Courtesy photo.

“We’re not so much trying to be the guys of classic American folk tradition. We just really enjoy combining different genres to ... come up with something on our own.”

They describe their music as “Kings County Steamboat Soul” — a nod to the New Orleans music so integral to its sound, and a reference to the band’s home base of Brooklyn. Their live shows are kinetic and energetic.

“It’s a rustic, almost guerrilla reggae style of playing ... it is a challenge to make it all gel together and program a set that feels cohesive,” Green said.

The result is a melting pot of honky tonk, bluegrass, *American Beauty*-era Dead and Stax/Volt soul.

“We expect a lot from an audience ... to hear some of those influences and make their own interpretations,” Green said. “We don’t try to dumb it down for people. We treat them with respect and we are not afraid to cover a lot of ground.”

The upcoming appearance at Nashua’s Simple Gifts Coffee House is the band’s first trip to New Hampshire; it’s also a release party for the new record, the band’s third studio effort. Recorded live, it updates several staples from Roosevelt Dime’s reg-

ular set list, including an eponymous theme song initially written to coincide with 2009’s *Steamboat Soul*.

“We wanted to do something big and special for the release show, we were green at that point — no touring, no following,” said Green about the woe-is-me blues tune. “We thought we were getting good ... to throw our hat in the ring, we had this idea — you need an opening song.”

Another gem updated for the new album is “Down On Your Luck,” refashioned as a duet between Pariser and Molly Venter, who are now engaged and perform frequently as a duo. The other two members of Venter’s band Red Molly sing backup on the track.

“We really enjoyed collaborating with them,” Green said. “They are such phenomenal singers; they can make themselves fit in any kind of context.”

Roosevelt Dime

When: Saturday, April 12, at 7:30 p.m.

Where: Simple Gifts Coffee House, 58 Lowell St. (UU Church), Nashua

Tickets: \$16/advance, \$18/door at uunashua.org/simplegi

a yoga class as Minnesota experimental chamber pop band Cloud Cult performs. Integrating contemporary music with shakti flow yoga classes is something he’s done at his studio for more than seven years.

“One of the primary goals of yoga is self-evolution, and I think this is the next phase of integrating yoga into Western culture,” said the Contoocook native, who has made pilgrimages to the Far East and stud-

ied Buddhism with the Dalai Lama.

Class cuing will be subtler to avoid competing with the music, so Dustin feels that some experience is best for participants.

“Or a courageous spirit is fine as well,” he said, adding that comfortable seating is available for observers. “You can still participate in the energetic exchange, the collective experience of it, without performing. It’s more meditative than a rock show, but it’s



Cloud Cult. Photo by Cody York.

also a very visually vibrant experience.”

Two painters will work throughout the event, creating masterful works of art as Dustin leads his students. The class is bookended by Irene Soléa performing kirtan, a call-and-response devotional music rooted in India’s bhakti traditions. A Boston-based musical therapist specializing in emotional Sanskrit, Soléa recently released an album called *Beloved*.

Meanwhile, Cloud Cult released the album *Love* last year. So the two performers will provide a unique harmony.

“Love and the beloved are integrally linked,” Dustin said. “Irene will initiate the class into a collective vibrational experience, then Cloud Cult will play spontaneous ambient grateful music, while we practice yoga.”

Cloud Cult accompanied a class last year; this will be its second appearance. Dustin was introduced to the band through a friend.

“I’m floored by their music; the brilliance of their lyricism speaks so infinitely to the path of awakening,” said Dustin, noting that members of the band are also adherents. “They are practitioners; the cello player often accompanies classes. For years, I’ve been creating playlists to accompany my classes and will include Cloud Cult on many of them.”

Normally an eight-piece, Cloud Cult will perform as a smaller acoustic unit led by founder Craig Minowa. A prototypical DIY effort, the band self-releases records, lives on a geothermal-powered organic

farm, and tours in a biodiesel bus. As they did in 2013, the group will release a new album at the event — *Unplug*.

Upcoming At Om music and yoga events include Girish, performing Friday, May 16. The California-based kirtan artist was the first performer to visit the studio back in 2007, and has returned annually ever since. Toronto devotional artist Brenda McMorow will lead chants for an evening class on Friday, May 30, and a morning session the next day. John de Kadt will also appear. It’s a good mix, Dustin said.

“Each musician has different influences, but they all have a folk rock element.”

Net proceeds from the class will benefit Peace and Paws, a Hillsborough organization that’s rescued and found new homes for over 2,000 dogs.

“Most of the live music events are done for charity,” Dustin said.

Whether coming to observe or participate, people should open their minds and embrace the experience as one with relaxation at its core.

“In shakti flow yoga,” Dustin said, “there’s no difference between practice and play.”

Cloud Cult Acoustic, Irene Soléa and shakti flow yoga

When: Tuesday, April 15, at 5:45 p.m.
When: At Om Yoga Studio, 40 N. Main St., Concord
Tickets: \$40 at atomyoga.com

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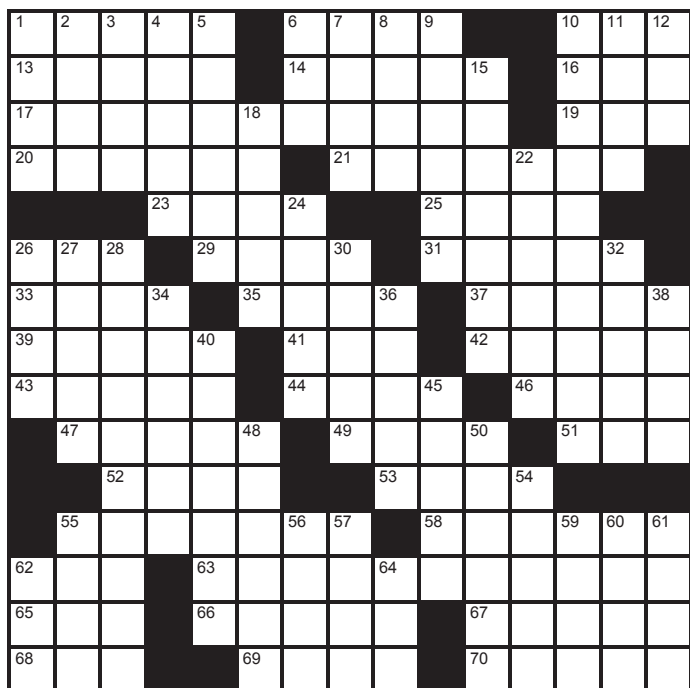
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Trouble ahead, trouble behind

Across

1. Status Quo 'Gone Through The ___'
6. Silverchair '___ Song (Open Fire)'
10. Only GnR original member
13. Paul McCartney '___ Little Luck' (4,1)
14. Soundgarden might do Jesus Christ ones
16. Not ASCAP
17. '99 Mike Ness album 'Cheating ___' (2,9)
19. Alice In Chains 'Right Turn' EP
20. '02 Starting Line album 'Say It Like You ___' (4,2)
21. Afros, e.g.



23. Hanoi Rocks 'Don't You ___ Leave Me'
25. Dark Earth, Wind & Fire song?
26. More, to Ricky Martin
29. Like fresh career
31. Jonsi Birgisson band ___ Ros
33. 'Dark Side Of The Moon' engineer Parsons
35. '___ Wolf' Grateful Dead
37. The Damned '___ This Earth' (3,2)
39. Airport pickups
41. Richy ___
42. Might hire one at every new city on tour
43. "___ angel, will you be mine?"
44. Elton John '___ Into Christmas'
46. Zac Brown "I got my ___ in the water"
47. Classic CSN album (2,3)
49. Phillips University-inspired Barenaked Ladies song?

4/3



51. "So let us ___ talk falsely now, the hour is getting late"
52. Lea Michele 'Mama Who ___ Me'
53. Grateful Dead "Hurts my ___ to listen"
55. Late 19th-century Italian opera movement
58. Like label hungry for hot band
62. FM radio format (abbr)
63. Samantha Fox "Naughty girls ___" (4,4,3)
65. 'King' Steve Martin sang about
66. Iron Butterfly 'In-A- ___ -Da-Vida'
67. Band contest effort
68. Glee cast 'Big ___ Heart'
69. Maceo Parker 'Coin ___'
70. You try to fill all of them

Down

1. Had to do it across lake to get into show
2. House/club band of early 90s Dee-___
3. '___ New Day' Will.I.Am (3,1)
4. Standing Outside A Broken ___ Booth With Money In My Hand
5. What Gene Simmons wrote 'Spit' about?
6. Like appropriate new singer
7. Biblical Bob Seger System album?
8. 'Heat Of The Moment' band
9. Grateful Dead 'Dick's Picks', e.g.
10. '03 Muse album
11. John Lennon 'Happy ___ (War Is Over)'
12. James Taylor 'Oh Baby, Don't You Loose Your ___ On Me'
15. Bob Dylan says we should be doing

- this to 'Somebody'
18. Yngwie Malmsteen songs 'Don't Let ___' (2,3)
22. Oasis '08 album '___ Your Soul' (3,3)
24. Iron & Wine 'He Lays In The ___'
26. Majority rocker gender
27. CA label they use as a handle?
28. 'The Inhuman Condition' singer (3,7)
30. Paul McCartney 'I'm Gonna Sit Right Down And ___ Myself A Letter'
32. Magnetic Fields 'Papa Was A ___'
34. '02 Sammy Hagar album '___ Sale' (3,3)
36. X's femme fatale
38. Gathering Of The Vibes is a Grateful Dead-inspired this
40. File ___ poses copyright issues
45. Billy Joel instrument
48. What usher will do to rocker who's ticket doesn't jive
50. Fine Young Cannibals 'She ___ Me Crazy'
54. Broken Social ___
55. ABBA 'Voulez-___'
56. "Love, love ___, you know I love you" (2,2)
57. They're against starving artists
59. 'Blues To The Bone' James
60. Musical kind
61. 'Scared' Dangerous ___
62. Johnny Cash 'One Piece ___ Time' (2,1)
64. Viva ___ Vegas

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MUSIC THIS WEEK

Amherst La Belle Winery 345 Route 101 672-9898	Bristol Back Room at Mill 2 Central St. 744-0405	Steve-N-James Tavern 187 Rockingham Rd 434-0600	Exeter Shooter's Pub 10 Columbus Ave. 772-3856	Salt Hill Pub Hanover 7 Lebanon Street 676-7855	1182 Union Ave. 528-7800 Crazy Gringo 306 Lakeside Ave. 366-4411 Fratello's Lakes 799 Union Ave. 528-2022 Jazz Bar 290 Lakeside Ave. 366-9100 Margate Resort 76 Lake St. 524-5210 Naswa Resort 1086 Weirs Blvd. 366-4341 Paradise Beach Club 322 Lakeside Ave. 366-2665 Patio Garden Lakeside Ave. Pitman's Freight Room 94 New Salem St. 527-0043 Tower Hill Tavern 264 Lakeside Ave. 366-9100 Lobster Pound 72 Endicott St. 366-2255 Weirs Beach Smokehouse Rt 3 Laconia 366-2400	City Sports Grille 216 Maple St. 625-9656 CK's Grill 791 Second St 669-2868 Club 313 93 S. Maple St. 628-6813 Derryfield Country Club 625 Mammoth Road 623-2880 Don Quijote 333 Valley St. 792-1110 Drynk 20 Old Granite St. 641-2583 Element Lounge 1055 Elm St. 627-2922 Farm Bar & Grille 1181 Elm St. 641-3276 Fratello's 155 Dow Street 624-2022 Gauche's Churrascaria 62 Lowell St. 669-9460 Hanover St. Chophouse 149 Hanover Street 644-2467 Ignite Bar & Grille 100 Hanover St. 494-6225 J. Dubs Coffee 1000 Elm St. 622-7944 Jade Dragon MHT 1087 Elm St. 669-5523 Jam Factory 1211 Elm St. 203-1458 Jokers 1279 South Willow Street 935-9947 Karma Hookah & Cigar Bar 1077 Elm St. 647-6653 Luigi's Pizza Bar & Grille 712 Valley 622-1021 Mad Bob's Saloon 342 Lincoln St. 669-3049 McGarvey's 1097 Elm St. 627-2721 Midnight Rodeo (Yard) 1211 S. Mammoth Road 623-3545	Penuche's on Hanover 96 Hanover St. 626-9830 Piccola's 815 Elm St. 296-4070 Raxx Lounge 1195 Elm St. 203-1458 Salona Bar & Grill 128 Maple St. 624-4020 Shaskeen 909 Elm St. 625-0246 Shorty's 1050 Bicentennial Dr. 625-1730 Sizzle Bistro 1 Highlander Way 232-3344 Social 24 24 Depot St. 782-8489 Starbucks 1111 South Willow St 641-4839 Strange Brew Tavern 88 Market St. 666-4292 Theos 102 Elm St. 669-4678 TJ's Bar & Grill 23 Central St. 660-2241 Unwine'd 865 Second St. 625-9463 Wild Rover 21 Kosciuszko St. 669-7722 XO on Elm 827 Elm St. 206-5721 Meredith Camp 300 Daniel Webster Highway 279-3003 Giuseppe's Ristorante 312 Daniel Webster Hwy 279-3313 Merrimack Giorgio's Ristorante & Martini Bar 707 Milford Road 883-7333 Homestead 641 D.W. Hwy 429-2022 Jade Dragon
Auburn Auburn Pitts 167 Rockingham Rd 622-6564	Brookline Cozy Tea Cart 104 Route 13, 249-9111 Mad Hatter Bar & Grill 99 Route 13, 672-1800	Dover 11th Frame Bar 887 B Central Ave. 742-9632 Asia 42 Third Street 742-9816 Barley Pub 328 Central Ave. 742-4226 Cara Irish Pub 11 Fourth St. 343-4390 Cartelli's 446 Central Ave. 750-4002 Dover Brick House 2 Orchard St. 749-3838 Fury's Publick House 1 Washington St 617-3633 Jimmy's Sports Bar 15 Mechanic St. 740-4477 Kelley's Row 421 Central Ave. 750-7081 Loft at Strafford Farms 58 Route 108 743-3045 RJ's 83 Washington St. Roger's Pizza 869 Central Ave. 742-9870 Sonny's Tavern 328 Central Ave 343-4332 Top of the Chop One Orchard St. 740-0006	Gilford Ellacoya Barn & Grille 2667 Lakeshore Rd 293-8700 Patrick's 18 Weirs Rd. 293-0841 Goffstown Village Trestle 25 Main St. 497-8230 Wa Toy 611 Mast Rd 668-1088 Hampstead Pasta Loft Brickhouse 220 East Main St 378-0092 Village Square 472 State St. 329-6879 Hampton Boardwalk Inn 139 Ocean Blvd. 929-7400 Breakers By the Sea 409 Ocean Blvd 926-7702 La Bec Rouge 73 Ocean Blvd 926-5050 Old Salt 409 Lafayette Rd 926-8322 Ron's Landing 379 Ocean Blvd 929-2122 Wally's Pub 144 Ashworth Ave. 926-6954 Whales Tales 169 Ocean Blvd 967-4771 Hanover Jesse's Tavern 224 Lebanon St 643-4111	Henniker Country Spirit 262 Maple St., 428-7007 Daniel's Main St. 428-7621 Henniker Junction 24 Weare Rd. 428-8511 Pat's Peak Sled Pub 24 Flander's Road 888-728-7732 Hollis Alpine Grove 19 S. Depot Road 882-9051 Hooksett Asian Breeze 1328 Hooksett Rd 621-9298 New England's Tap House Grille 1292 Hooksett Rd. 782-5137 Pizza Man River Road Hudson AJ's Sports Bar & Grill 11 Tracy Lane 718-1102 JD Chaser's 2B Burnham Rd 886-0792 Nan King 222 Central St. 882-1911 SoHo 49 Lowell Rd. 889-6889 Kingston Bucco's Tavern 143 Main St. 642-4999 Kingston 1686 House Tavern 127 Main St. 642-3637 Laconia Anthony's Pier	1182 Union Ave. 528-7800 Crazy Gringo 306 Lakeside Ave. 366-4411 Fratello's Lakes 799 Union Ave. 528-2022 Jazz Bar 290 Lakeside Ave. 366-9100 Margate Resort 76 Lake St. 524-5210 Naswa Resort 1086 Weirs Blvd. 366-4341 Paradise Beach Club 322 Lakeside Ave. 366-2665 Patio Garden Lakeside Ave. Pitman's Freight Room 94 New Salem St. 527-0043 Tower Hill Tavern 264 Lakeside Ave. 366-9100 Lobster Pound 72 Endicott St. 366-2255 Weirs Beach Smokehouse Rt 3 Laconia 366-2400 Londonderry Coach Stop Restaurant & Tavern 176 Mammoth Rd 437-2022 Stumble Inn Bar & Grill 20 Rockingham Road 432-3210 Twins Smoke Shop 128 Rockingham Rd Whippersnappers 44 Nashua Rd No. 13 434-2660 Loudon Hungry Buffalo 58 New Hampshire 129 798-3737	City Sports Grille 216 Maple St. 625-9656 CK's Grill 791 Second St 669-2868 Club 313 93 S. Maple St. 628-6813 Derryfield Country Club 625 Mammoth Road 623-2880 Don Quijote 333 Valley St. 792-1110 Drynk 20 Old Granite St. 641-2583 Element Lounge 1055 Elm St. 627-2922 Farm Bar & Grille 1181 Elm St. 641-3276 Fratello's 155 Dow Street 624-2022 Gauche's Churrascaria 62 Lowell St. 669-9460 Hanover St. Chophouse 149 Hanover Street 644-2467 Ignite Bar & Grille 100 Hanover St. 494-6225 J. Dubs Coffee 1000 Elm St. 622-7944 Jade Dragon MHT 1087 Elm St. 669-5523 Jam Factory 1211 Elm St. 203-1458 Jokers 1279 South Willow Street 935-9947 Karma Hookah & Cigar Bar 1077 Elm St. 647-6653 Luigi's Pizza Bar & Grille 712 Valley 622-1021 Mad Bob's Saloon 342 Lincoln St. 669-3049 McGarvey's 1097 Elm St. 627-2721 Midnight Rodeo (Yard) 1211 S. Mammoth Road 623-3545	Penuche's on Hanover 96 Hanover St. 626-9830 Piccola's 815 Elm St. 296-4070 Raxx Lounge 1195 Elm St. 203-1458 Salona Bar & Grill 128 Maple St. 624-4020 Shaskeen 909 Elm St. 625-0246 Shorty's 1050 Bicentennial Dr. 625-1730 Sizzle Bistro 1 Highlander Way 232-3344 Social 24 24 Depot St. 782-8489 Starbucks 1111 South Willow St 641-4839 Strange Brew Tavern 88 Market St. 666-4292 Theos 102 Elm St. 669-4678 TJ's Bar & Grill 23 Central St. 660-2241 Unwine'd 865 Second St. 625-9463 Wild Rover 21 Kosciuszko St. 669-7722 XO on Elm 827 Elm St. 206-5721 Meredith Camp 300 Daniel Webster Highway 279-3003 Giuseppe's Ristorante 312 Daniel Webster Hwy 279-3313 Merrimack Giorgio's Ristorante & Martini Bar 707 Milford Road 883-7333 Homestead 641 D.W. Hwy 429-2022 Jade Dragon
Bedford Bedford Village Inn 2 Olde Bedford Way 472-2001 Copper Door 15 Leavy Drive 488-2677 Shorty's 206 Route 101, 488-5706 Starbucks 220 S. River Rd 263-0061	Concord Barley House 132 N. Main, 228-6363 Granite Restaurant & Bar 96 Pleasant St. 227-9000 Hermanos 11 Hills Ave. 224-5669 Makris 354 Sheep Davis Rd 225-7665 Penuche's Ale House 6 Pleasant St. 228-9833 Pit Road Lounge 388 Loudon Rd 226-0533 Red Blazer 72 Manchester St. 224-4101 Tandy's Top Shelf 1 Eagle Square 856-7614 True Brew Barista 3 Bicentennial Square 225-2776	Dover 11th Frame Bar 887 B Central Ave. 742-9632 Asia 42 Third Street 742-9816 Barley Pub 328 Central Ave. 742-4226 Cara Irish Pub 11 Fourth St. 343-4390 Cartelli's 446 Central Ave. 750-4002 Dover Brick House 2 Orchard St. 749-3838 Fury's Publick House 1 Washington St 617-3633 Jimmy's Sports Bar 15 Mechanic St. 740-4477 Kelley's Row 421 Central Ave. 750-7081 Loft at Strafford Farms 58 Route 108 743-3045 RJ's 83 Washington St. Roger's Pizza 869 Central Ave. 742-9870 Sonny's Tavern 328 Central Ave 343-4332 Top of the Chop One Orchard St. 740-0006	Gilford Ellacoya Barn & Grille 2667 Lakeshore Rd 293-8700 Patrick's 18 Weirs Rd. 293-0841 Goffstown Village Trestle 25 Main St. 497-8230 Wa Toy 611 Mast Rd 668-1088 Hampstead Pasta Loft Brickhouse 220 East Main St 378-0092 Village Square 472 State St. 329-6879 Hampton Boardwalk Inn 139 Ocean Blvd. 929-7400 Breakers By the Sea 409 Ocean Blvd 926-7702 La Bec Rouge 73 Ocean Blvd 926-5050 Old Salt 409 Lafayette Rd 926-8322 Ron's Landing 379 Ocean Blvd 929-2122 Wally's Pub 144 Ashworth Ave. 926-6954 Whales Tales 169 Ocean Blvd 967-4771 Hanover Jesse's Tavern 224 Lebanon St 643-4111	Henniker Country Spirit 262 Maple St., 428-7007 Daniel's Main St. 428-7621 Henniker Junction 24 Weare Rd. 428-8511 Pat's Peak Sled Pub 24 Flander's Road 888-728-7732 Hollis Alpine Grove 19 S. Depot Road 882-9051 Hooksett Asian Breeze 1328 Hooksett Rd 621-9298 New England's Tap House Grille 1292 Hooksett Rd. 782-5137 Pizza Man River Road Hudson AJ's Sports Bar & Grill 11 Tracy Lane 718-1102 JD Chaser's 2B Burnham Rd 886-0792 Nan King 222 Central St. 882-1911 SoHo 49 Lowell Rd. 889-6889 Kingston Bucco's Tavern 143 Main St. 642-4999 Kingston 1686 House Tavern 127 Main St. 642-3637 Laconia Anthony's Pier	1182 Union Ave. 528-7800 Crazy Gringo 306 Lakeside Ave. 366-4411 Fratello's Lakes 799 Union Ave. 528-2022 Jazz Bar 290 Lakeside Ave. 366-9100 Margate Resort 76 Lake St. 524-5210 Naswa Resort 1086 Weirs Blvd. 366-4341 Paradise Beach Club 322 Lakeside Ave. 366-2665 Patio Garden Lakeside Ave. Pitman's Freight Room 94 New Salem St. 527-0043 Tower Hill Tavern 264 Lakeside Ave. 366-9100 Lobster Pound 72 Endicott St. 366-2255 Weirs Beach Smokehouse Rt 3 Laconia 366-2400 Londonderry Coach Stop Restaurant & Tavern 176 Mammoth Rd 437-2022 Stumble Inn Bar & Grill 20 Rockingham Road 432-3210 Twins Smoke Shop 128 Rockingham Rd Whippersnappers 44 Nashua Rd No. 13 434-2660 Loudon Hungry Buffalo 58 New Hampshire 129 798-3737	City Sports Grille 216 Maple St. 625-9656 CK's Grill 791 Second St 669-2868 Club 313 93 S. Maple St. 628-6813 Derryfield Country Club 625 Mammoth Road 623-2880 Don Quijote 333 Valley St. 792-1110 Drynk 20 Old Granite St. 641-2583 Element Lounge 1055 Elm St. 627-2922 Farm Bar & Grille 1181 Elm St. 641-3276 Fratello's 155 Dow Street 624-2022 Gauche's Churrascaria 62 Lowell St. 669-9460 Hanover St. Chophouse 149 Hanover Street 644-2467 Ignite Bar & Grille 100 Hanover St. 494-6225 J. Dubs Coffee 1000 Elm St. 622-7944 Jade Dragon MHT 1087 Elm St. 669-5523 Jam Factory 1211 Elm St. 203-1458 Jokers 1279 South Willow Street 935-9947 Karma Hookah & Cigar Bar 1077 Elm St. 647-6653 Luigi's Pizza Bar & Grille 712 Valley 622-1021 Mad Bob's Saloon 342 Lincoln St. 669-3049 McGarvey's 1097 Elm St. 627-2721 Midnight Rodeo (Yard) 1211 S. Mammoth Road 623-3545	Penuche's on Hanover 96 Hanover St. 626-9830 Piccola's 815 Elm St. 296-4070 Raxx Lounge 1195 Elm St. 203-1458 Salona Bar & Grill 128 Maple St. 624-4020 Shaskeen 909 Elm St. 625-0246 Shorty's 1050 Bicentennial Dr. 625-1730 Sizzle Bistro 1 Highlander Way 232-3344 Social 24 24 Depot St. 782-8489 Starbucks 1111 South Willow St 641-4839 Strange Brew Tavern 88 Market St. 666-4292 Theos 102 Elm St. 669-4678 TJ's Bar & Grill 23 Central St. 660-2241 Unwine'd 865 Second St. 625-9463 Wild Rover 21 Kosciuszko St. 669-7722 XO on Elm 827 Elm St. 206-5721 Meredith Camp 300 Daniel Webster Highway 279-3003 Giuseppe's Ristorante 312 Daniel Webster Hwy 279-3313 Merrimack Giorgio's Ristorante & Martini Bar 707 Milford Road 883-7333 Homestead 641 D.W. Hwy 429-2022 Jade Dragon
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Thursday, April 10
Amherst
LaBelle Winery: Chris Lester

Boscawen
Alan's: John Pratt in Lounge

Concord
Granite: CJ Poole & The Sophisticated Approach
Hermanos: live jazz with Joe Gattuso
Penuche's: Harsh Armadillo

Dover
Brickhouse: Jim Dozet
Cara: Bluegrass w/ Steve Roy
Fury's: Erin's Guild

Epping
Holy Grail: Dan Walker

Gilford
Patrick's: Paul Warnick

Hampstead
Pasta Loft Brickhouse: live music

Laconia
Paradise Beach Club: DJ Gin-E

Londonderry
Coach Stop: Brooks Hubbard
Whippersnappers: Hot Tamales

Manchester
Breezeway Pub: DJ Pet-Impulse
British Beer Co.: live music
Club 313: DJ Pez & DJ Carlos
Derryfield: DJ Sean O'Brien
Drynk: Co-Ed Thursdays with DJ Shawn Danjah White & Friends
Fratello's: Fernando Argenti Jazz

open mike
Karma: DJ Midas w/Reed on drums
Milly's: Lakes Region Big Band
N'awlins Grille: live jazz with John Chouinard
Raxx: DJ Mike
Shaskeen: Matt Woods plus more
Strange Brew: Soup du Jour

Merrimack
Homestead: Malcolm Salls

Milford
Pasta Loft: live music

Nashua
Boston Billiard Club: DJ & Beach Night

Plaistow
Racks: Blues Jam w/ Steve Devine

Portsmouth
British Beer Co.: Drew Yount
Dolphin Striker: live music
Press Room: Chris Eldridge (Punch Brothers) & Julian Lage
Red Door: Local Heroes
Ri Ra: Jamsterdam
Rudi's: Sal Hughes & Scott Keifner
Thirsty Moose: WXGR Presents: Empresarios w/ Special Guests
Weare
Boondocks: Jenn Mitchell, acoustic

Friday, April 11
Belmont
Lakes Region Casino: DJ Redd Dogg

Boscawen
Alan's: Dave Kangas

Concord
Makris: Phoenix
Red Blazer: Randy Arrant
Tandy's: DJ Iceman Streetz
True Brew: Jenna Paone Trio

Contoocook
Covered Bridge: Paul Hubert
Dover
Asia: DJ Shadow Walker
Brickhouse: Wellfleet
Cara: James Gilmore
Fury's: Superfrog

Epping
Holy Grail: Boo Boo Groove

Gilford
Patrick's: Sev

Goffstown
Village Trestle: acoustic Jam hosted by John Erlman

Hampstead
Pasta Loft Brickhouse: live music

Hampton
Savory Square Bistro: John Leicht
Wally's Pub: Prospect Hill w/ Blamshift and Shallowside

Hooksett
Asian Breeze: DJ Alban
Tap House Grille: live music

Laconia
Pitman's Freight Room: Amera-

FRIDAY, APRIL 11TH THE COUNTRY FELIX BAND WARNING

"The Music in this show contains lyrics about Honky Tonkin', Truck Drivin', Men, Women, Drinkin', Cheatin' and other topics considered to be too provocative for today's candy assed Country Music."

(Borrowed from a Dale Watson poster)



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515 DW Highway 424-2280
Pacific Fusion
356 Daniel Webster Highway 424-6320

Milford
Chapanga's
168 Elm St. 249-5214
Clark's Tavern
40 Nashua St. 769-3119
Giorgio's Ristorante & Meze Bar
524 Nashua St. 673-3939
J's Tavern
63 Union Sq. 249-9222
Madison's Irish Pub
586 Nashua St. 672-2060
Pasta Loft
241 Union Sq. 672-2270
Tiebreakers at Hampshire Hills
50 Emerson Road 673-7123

Nashua
603 Lounge
14 W. Hollis St. 821-5260
Amsterdam
8 Temple St. 204-5534
Arena Sportsbar & Nightclub
53 High St. 881-9060
Bernie's
522 Amherst St. 978-884-9536
Boston Billiard Club
55 Northeastern Blvd. 943-5630
Country Tavern
452 Amherst St. 889-5871
Cucina Toscana
427 Amherst St 821-7356
Fat Daddy's Café
650 Amherst St. 821-5136
Fody's Tavern
9 Clinton St. 577-9015
Haluwa Lounge
Nashua Mall 883-6662
Killarney's Irish Pub
9 Northeastern Blvd. 888-1551
Martha's Exchange
185 Main St. 883-8781
Michael Timothy's
212 Main St. 595-9334
Nashua Garden
121 Main St. 886-7363
O'Shea's Tavern & Cigar Bar
449 Amherst St. 943-7089
Peddler's Daughter
48 Main St. 821-7535
Pine Street Eatery

136 Pine St. 886-3501
Riverwalk Coffee
35 Railroad Sq. 578-0200
Slade's Food & Spirits
4 W. Hollis St. 886-1344
Stella Blu
70 E. Pearl St. 578-5557
Shorty's
48 Gussabel Ave 882-4070
Ununs
47 E. Pearl St. 821-6500
Villa Banca
194 Main St. 598-0500
Wicked Twisted
38 East Hollis St. 577-1718

New Boston
Molly's Tavern
35 Mont Vernon Rd 487-2011

New London
Flying Goose
40 Andover Road 526-6899

Newington
Momma D's Casa di Pasta
347 Shattuck Way 431-6511

Newmarket
KJ's Sports Bar
N. Main St. 659-2329
Lamprey River Tavern
110 Main St. 659-3696
Stone Church
5 Granite St. 292-3546

Newport
Salt Hill Pub Newport
58 Main St. 863-7774

Newton
Hen House
85 South Main St 382-1705

North Hampton
Locals 215 Lafayette Rd. 379-2729

Northwood
Tough Tymes 221 Rochester Rd 942-5555

Pelham
Shooters
116 Bridge St. 635-3577

Peterborough
Harlow's Pub

3 School St. 924-6365
Plaistow
Corner Pocket
181 Plaistow Rd. 382-3130
Dugout Grille
93 Main St. 819-4947
Racks Bar & Grill
20 Plaistow Rd. 974-2406
Sad Café
148 Plaistow Rd. 382-8893

Portsmouth
Blue Mermaid Island Grill
The hill at Hanover and High streets 427-2583
British Beer Company
103 Hanover St. 501-0515
Daniel Street Tavern
111 Daniel St. 430-1011
Dolphin Striker
15 Bow St. 431-5222
Fat Belly's
2 Bow St. 610-4227
Hilton Garden Inn
100 High St. 431-1499
Jitto's Supersteak
3131 Lafayette Rd 436-9755
MoJo's BBQ Grill
95 Brewery Lane 436-6656
Oar House
50 Ceres St. 436-4025
Paddy's American Grill
27 International Dr. 430-9450

Portsmouth Gas Light
64 Market St. 431-9122
Portsmouth Pearl
45 Pearl St. 431-0148
Press Room
77 Daniel St. 431-5186
Red Door
107 State St. 373-6827
Red Hook Brewery
35 Corporate Dr. 430-8600
Ri Ra Irish Pub
22 Market Sq. 319-1680
Rudi's
20 High St. 430-7834
Rusty Hammer
49 Pleasant St. 436-9289
Thirsty Moose
21 Congress St. 427-8645
Wet Bar at Pages
172 Hanover St. 436-0004

Raymond
Famous Legends

4 Essex Dr. 895-4474
Salem
Black Water Grill
43 Pelham Road 328-9013
Coffee Coffee
326 S. Broadway 912-5381
Jocelyn's Lounge
355 S. Broadway 870-0045
JT's Bar and Grill
326 S. Broadway 893-4055
Sayde's Restaurant
136 Cluff Crossing 890-1032
Varsity Club
67 Main St. 898-4344

Seabrook
Chop Shop Pub
920 Lafayette Rd 760-7704
Honey Pot Bar & Lounge
920 Lafayette Road 760-2013
Master McGrath's
Route 107 474-6540
Prime Time Sports Grill
620 Lafayette Rd 760-7230

Sunapee
One Mile West Tavern
6 Brook Road 863-7500
Sunapee Coffee House
Rte. 11 & Lower Main St. 229-1859

Tilton
Black Swan Inn
354 W. Main St. 286-4524

Weare
Boondocks Tavern & Country Grille
487 South Stark Highway 529-7747

Windham
Common Man
88 Range Road 898-0088
Jonathon's Lounge
Park Place Lanes, Route 28 800-892-0568
The Castleton
92 Indian Rock Rd. 800-688-5644

Nashua
Amsterdam: Pat Gendron
Arena: Dueling Pianos / DJ Danjah
Country Tavern: Kim Riley
Fody's: Chuck and John
Killarney's: live music
Peddler's Daughter: Beneath The Sheets
Stella Blu: Groove Cats

New Boston
Molly's: Tavern: Hickory Horn Devils; Restaurant: Pete Smith

nouche Gypsy Jazz

Londonderry
Coach Stop: Drew Yount
Whippersnappers: Souled Out Show Band

Manchester
BBQ New: Country Felix Band
Breezeway Pub: DJ McKay NRG Dance
British Beer Company: Nate Paul Band
Club 313: DJ Bob
Derryfield: Jimmy's Down

Element: Friday Night Dance Party w/DJ Smallz
Fratello's: Marc Apostolides
Jade Dragon: live music
Manchegas: Big Country Party
Milly's: Sepsis
Murphy's: Mugsy
N'awlins Grille: The Big Easy Quartet
Penuche's: Flabberghaster w/ Capital Zen
Raxx: DJ Mike
Shaskeen: Tom Denniston Band

Strange Brew: Love Dogs
TJ's: DJ SP1 w/ Guests (MF Fridays)
Wild Rover: live music

Merrimack
Homestead: Lachlan Maclearn
Jade Dragon: live music
Pacific Fusion: live music

Milford
Clark's Tavern: Acoustic BS
Pasta Loft: THC



ROCK & RIBS

Led by the J. Geils Band bass player, Danny Klein's Full House plays Saturday, April 12, at 8 p.m. at BBQ New (333 Valley St., Manchester 782-5054). The six-piece band spins through "Centerfold," "Looking for a Love," "(Ain't Nothin' But A) House Party" and other Geils classics. "Ace of Bass" Klein spent a few years cooking in Boston area restaurants before returning to music in the mid-'90s, so the pairing makes sense. In addition to tasty ribs and signature dishes like tequila-sauced wings, BBQ New plans regular weekend music offerings. \$10 cover.

Newmarket

Stone Church: Whit Walker, Animals & Dhapes, Tall Horse

Peterborough

Harlow's: Van Burens

Plaistow

Racks Bar & Grill: live music
Sad Cafe: One By Land Two
By Sea

Portsmouth

British Beer Co.: DJ Johnny Friday
Dolphin Striker: live music
Gas Light: Nightclub: Flashback
Fridays w/ DJ KoKo P; Pub: Keith Henderson
Grill 28: Shifters
Portsmouth Book & Bar: Liz Frame and The Kickers
Press Room: Anais Mitchell
Red Door: John Arnold & Friends
Ri Ra: Hott Commodity
Rudi's: Mike Effenberger & Chris Klaxton
Rusty Hammer: live music
Thirsty Moose: Hub Dub

Salem

Black Water Grill: Rick Breton & Crew

Sunapee

Sunapee Coffee House: Danielle Miraglia

Saturday, April 12

Belmont

Lakes Region Casino: Fried Cactus

Boscawen

Alan's: Brad Myrick

Concord

Hermanos: Paul Hubert
Penuche's Ale House: Van Burens
Tandy's: DJ Iceman Streetz
True Brew: Hickory Horned Devils

Dover

Asia: DJ Shadow Walker
Brickhouse: Green Bastard,

DYOTY: Summoner

Fury's: Demon, Fire in the Field, Order of Thieves

Kelley's Row: Jandee Lee Porter
Sonny's: JJ and the Cuban Heel, Thee Sonomatic

Epping

Holy Grail: Max Sullivan

Gilford

Patrick's: Corey Brackett

Goffstown

Village Trestle: Puddle Jump

Hampstead

Pasta Loft Brickhouse: live music

Hampton

Savory Square Bistro: Sharon Jones
Wallys Pub: Whiskey Wild

Hooksett

Asian Breeze: live music

Laconia

Baja Beach Club: DJ
Pitman's Freight Room: Cheryl Arena

Londonderry

Coach Stop: Gary Lopez
Whippersnappers: Never In Vegas

Manchester

British Beer Co.: Tore Down House
Club 313: Life's A Drag Hosted by Monique
Derryfield: Hypercane
Drynk: Cinderella Party w/ Jason Spivak/Shawn Danjah White & Bino
Element: Dance Party with DJ Smallz
Fratello's: Marc Apostolides
Jade Dragon: Last Laugh
Manchegas: live rock music
Midnight Rodeo: Country Mile Band

Milly's: Casual 6

Murphy's: Monkeys with Hammers

N'awlins Grille: Rob Wolfe Trio
Penuche's: live music
Raxx: DJ Mike
Shaskeen: KRS-One
Strange Brew: Session 450
Wild Rover: live music

Merrimack

Homestead: Paul Luff

Merrimack

Jade Dragon: Slakas

Milford

Clark's Tavern: live music
J's Tavern: live music
Pasta Loft: Rich & Bob

Nashua

Amsterdam: Freight Only
Arena: Girls Night Out - Men in Motion
Boston Billiard Club: DJ Anthem
Throwback
Country Tavern: Andrew Sterling
Fody's: Chuck and John
Killarney's: live music
Peddler's Daughter: 3rd Left
Stella Blu: The Gentleman Outfit

New Boston

Molly's: Tavern: Wooden Soul; Restaurant: John Chouinard

Newmarket

Stone Church: Dub Apocalypse

Peterborough

Harlow's: Rockspring

Plaistow

Racks Bar & Grill: live music
Sad Cafe: Survy Says!

Portsmouth

British Beer Co.: Tim Theriault Band
Dolphin Striker: live music
Gas Light: Nightclub: w/ DJ KoKo P; Pub: Keith Henderson

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NITE MUSIC THIS WEEK



BEAT NIGHT

A benefit for the Granite State Music Festival features Mike Nelson and the Beat Night Band on Saturday, April 12, at 9:30 p.m. at Red River Theatres (11 S. Main St., Concord, 224-4600). A staple from the famous Press Room in Portsmouth, Beat Night hosts poets from all over New England who layer their spoken word over the completely improvised music. Nelson is a published and regularly featured poet; together with the Beat Night Band, he will bring a new sound to Concord in what will be a memorable performance. Tickets are \$12.

Hilton Garden: Dave Gerard
Oar House: Don Severance
Portsmouth Book & Bar: Lyle Brewer and Dietrich Strause
Press Room: Dub Apocalypse (2 p.m.) Woody Pines (9:30 p.m.)
Red Door: Greg Pic
Ri Ra: Beantown Project
Rudi's: Jarod Steer Trio
Thirsty Moose: Miss Fairchild

Salem
Black Water Grill: live music

Seabrook
Chop Shop: Wildside

Weare
Boondocks: live band

Sunday, April 13
Bedford
Copper Door: Jim Devlin

Concord
Hermanos: Stat Street Combo

Dover
Brickhouse: Blues Brunch w/ Poor Howard
Cara: Irish Session w/ Carol Coronis & Ramona Connelly
Sonny's: Sonny's Jazz Series w/ Jared Steer

Goffstown
Village Trestle: Open Mic Blues

Jam w/ Lydia Warren

Londonderry
Whippersnappers: Joe Sam-bataro

Manchester
British Beer Company: Bloody Blues Brunch Series featuring Matt Stubbs
Shaskeen: Rap night
Social 24: Sunday Funday Winter Jam Sessions
Strange Brew: Yup

Meredith
Giuseppe's: Open Stage with Lou Porrazzo

Portsmouth
British Beer Co.: Bloody Blues Brunch Series, featuring: Brickyard Blues
Dolphin Striker: live music
Press Room: Solo Piano Night
Red Door: Green Lion Crew
Rudi's: Jazz Brunch w/Jim Dozet

Monday, April 14
Concord
Hermanos: State Street Combo

Londonderry
Whippersnappers: Jam Night with Clark, David and Lowell Trio

Manchester
Fratello's: Rob Wolfe

Merrimack
Homestead: Doug Thompson

Newmarket
Stone Church: Stormy Mondays hosted by the Wild Eagles Blues Band

Portsmouth
Dolphin Striker: live music
Red Door: Elissa Margolin, Avi Jacob, Michael Tarbox
Ri Ra: Oran Mor

Tuesday, April 15
Concord
Hermanos: Times Two

Dover
Fury's: Tim Theriault and Friends
Sonny's: Soggy Po' Boys

Londonderry
Whippersnappers: VJ Mark

Manchester
Fratello's: Kim Riley
Milly's: Manchuka
Raxx: DJ Mike
Shaskeen: Tom Deniston
Strange Brew: All Stars

COMEDY THIS WEEK AND BEYOND

Thursday, April 10
Derry
Halligan Tavern: EJ Murphy/Jeff Koen

Nashua
Fody's: Comedy on Purpose - Alana Susko

Friday, April 11
Lebanon
Lebanon Opera House: Bob Marley

Nashua
Elks Club: Mike Koutrobris/Rob Steen/Kennedy Richard

Saturday, April 12
Dover
Cara: Mark Scalia/Dennis Fogg/Steve Cloutier

Londonderry
Tupelo: Graig Murphy/Mark Prior

Manchester
Headliners: Paul Gilligan

Nashua
Arena: Comedy on Purpose - Alana Susko
Chunky's Pub: Lenny Clarke (Sold Out)

Raymond
Veronica Laffs: Joey

Carroll/Ellen Moschetto/Joe Flynn

Rochester
Governors Inn: Dueling Pianos

Sunday, April 13
Concord
Capitol Center: Bill Engvall

Monday, April 14
Concord
Penuche's: Punchlines - HOF 2014

Wednesday, April 16
Dover
Cara: Tip Jar Comedy w/ Jay Grove

Manchester
Murphy's Taproom: Laugh Free or Die Open Mic
Shaskeen: Ken Red/Jay Chanoine

Portsmouth
Rusty Hammer: Comedy Open Mic

Thursday, April 17
Derry
Halligan Tavern: Tim McIntire/Jay Chanoine

Hudson
Soho: Comedy on Purpose - Alana Susko

Merrimack
Homestead: Paul Luff

Newmarket
Stone Church: Bluegrass Jam
w/Dave Talmage

Portsmouth
Blue Mermaid: Honky Tonk
Dolphin Striker: live music

Wednesday, April 16
Concord
Hermanos: Rob Wolfe

Dover
Fury's: Bluebirds

Sonny's: Mush & Lilith

Gilford
Patrick's: Paul Warnick

Manchester
Crazy Camel: Jonny Friday
Fratello's: Steve Sibulkin
Strange Brew: Jerry Short

Merrimack
Homestead: Brian Gray
Pacific Fusion: Joe McDonald

Nashua
Amsterdam: Chips N Dip
Killarney's: Kieran McNally

Wicked Twisted: Wicked Twisted
Blues Band Jam

Portsmouth
Dolphin Striker: live music
Red Door: Red On Red w/ Evar-
redy (Ladies Night)
Ri Ra: Great Bay Sailor
Rudi's: Solo Dimitri on Piano
Thirsty Moose: Lonely Ghost
Collective w/ People Like You

Weare
Boondocks: Blues Jam w/ Paul
Spera, Junie Belanger & Mickey
McGuire

CONCERT VENUES

Capitol Center for the Performing Arts 44 S. Main St., Concord, 225-1111, ccanh.com
The Colonial Theatre 95 Main St., Keene, 352-2033, thecolonial.org
Dana Humanities Center at Saint Anselm College 100 Saint Anselm Drive, Manchester, 641-7700, anselm.edu/dana
The Flying Monkey 39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com
Hampton Beach Casino Ballroom 169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com
Leddy Center 38c Ladd's Lane, Epping, 679-2781, leddycenter.org
Lowell Boarding House Park

40 French St., Lowell, Mass., www.lowellsummermusic.org
Lowell Memorial Auditorium East Merrimack Street, Lowell, Mass., 978-454-2299, lowellauditorium.com
Meadowbrook U.S. Cellular Pavilion 72 Meadowbrook Lane, Gilford, 293-4700, meadowbrook.net
The Middle Arts & Entertainment Center 316 Central St., Franklin, 934-1901, themiddlenh.org
The Music Hall 28 Chestnut St., Portsmouth, 436-2400, themusichall.org
The Old Meeting House, 1 New Boston Road, Francetown
Palace Theatre, 80 Hanover St., Manchester, 668-5588, palacethe-

atre.org
Prescott Park Arts Festival 105 Marcy St., Portsmouth, www.prescottpark.org, 436-2848
Rochester Opera House 31 Wakefield St., Rochester, 335-1992, rochesteroperahouse.com
Stockbridge Theatre Pinkerton Academy, Route 28, Derry, 437-5210, stockbridgetheatre.com
Tupelo Music Hall 2 Young Road, Londonderry, 437-5100, tupelohall.com
Verizon Wireless Arena 555 Elm St., Manchester, 644-5000, www.verizonwirelessarena.com
Whittemore Center Arena, UNH 128 Main St., Durham, 862-4000, whitcenter.com

Concerts

• **Hal Holbrook in Mark Twain Tonight** Fri., April 11, 7 p.m. Cap Center
• **Scrap Arts Music** Fri., April 11, 7:30 p.m. Dana Center
• **Loudon Wainwright III** Fri., April 11, 7:30 p.m. Flying Monkey
• **Feist w/ JohnnySwim** Fri., April 11, 8 p.m. Music Hall
• **Lady Lamb the Beekeeper** Fri., April 11, 8 p.m. Music Hall
• **Natalie Merchant** Fri., April 11, 8 p.m. Music Hall
• **Leo Kottke** Fri., April 11, 7 p.m. Palace Theatre
• **Livingston Taylor** Fri., April 11, 8 p.m. Tupelo
• **Johnny Clegg Band** Sat., April 12, 2 p.m. Lebanon Opera House

• **Comedy with Graig Murphy & Mike Prior** Sat., April 12, 8 p.m. Tupelo
• **Bill Engvall** Sun., April 13, 7 p.m. Cap Center
• **Gizmo Guys** Sun., April 13, 2 p.m. Cap Center
• **NH Fiddle Ensemble** Sun., April 13, 7 p.m. Franklin Opera House
• **Pierre Bensusan** Sun., April 13, 8 p.m. Tupelo
• **PJ O'Rourke** Wed., April 16, 8 p.m. Music Hall
• **Alejandro Escovedo** Thu., April 17, 8 p.m. Tupelo
• **Comedian Bob Marley** Fri., April 18, 7 p.m. Palace Theatre
• **Stiletto Brass Quintet** Fri., April 18, 8 p.m. Silver Center
• **Joan Osborne** Fri., April 18, 8

p.m. Tupelo
• **Hotel California: A Salute to The Eagles** Sat., April 19, 8 p.m. Colonial Theatre
• **Lou Gramm** Sat., April 19, 7:30 p.m. Flying Monkey
• **Joan Osborne** Sat., April 19, 2 p.m. Lebanon Opera House
• **Comedian Bob Marley** Sat., April 19, 7 p.m. Palace Theatre
• **Mary Fahl** Sat., April 19, 8 p.m. Tupelo
• **Acoustic Jon Anderson - The Voice of Yes** Wed., April 23, 8 p.m. Tupelo
• **Acoustic Jon Anderson - The Voice of Yes** Thu., April 24, 8 p.m. Tupelo
• **Grand Slambovians** Fri., April 25, 8 p.m. Tupelo

COMIC'S COMIC

Best known from the NBC hit reality show Last Comic Standing, Rich Vos performs on Saturday, April 19, at 9 p.m. at Milly's Tavern (500 Commercial St., Manchester 625-4444). The Cure It With Comedy benefit show features Vos, a regular guest on Opie & Anthony's satellite radio show and Tough Crowd with Colin Quinn, with support from local comic Nick Lavalley and live music from New Hampshire band Shameless. Tickets are \$27 (\$32 at the door), with all proceeds going to toward curing Spinal Muscular Atrophy (SMA).



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Quotes are from *HBO Presents One Night Stand* with Caroline Rhea, born April 13, 1964.

Aries (March 21 – April 19) My boyfriend snores. This is what I don't understand about snoring. There's no transition period between saying goodnight and snoring. There's not like a little 10-second window of opportunity where I too could fall asleep. ... And honestly how do you make a noise that loud and not wake yourself up? ... It sounds like he swallowed a kazoo. Leave your friend a window of opportunity.

Taurus (April 20 – May 20) I gain weight every spring because of ... the Girl Scouts of America. They're so evil with their little cookies. ... Have you ever bought less than 48 boxes of them, ever? Don't forget to share.

Gemini (May 21 – June 20) I go spontaneously deaf when I hear the specials at a restaurant or when I'm getting directions. But it looks like I'm listening. If someone gives you directions, take notes.

Cancer (June 21 – July 22) Southern people are evil on the inside and very kind on the outside. In New York we're very evil on the outside and very kind on the inside. For example: In New York when we wanna say go to hell, we say, "Go to hell." In the South you say, "Well bless your heart." Say what you mean; mean what you say.

Leo (July 23 – Aug. 22) My boyfriend says I don't listen to him, or something like that, I don't know what he's saying. This week you'll need to work hard to pay attention.

Virgo (Aug. 23 – Sept. 22) First of all, some celebrities are really intimidating. I'm the kind of celebrity where fans eventually say to me, "Uh, I've gotta go." If

you've gotta go, you've gotta go.

Libra (Sept. 23 – Oct. 22) Anyway, so I'm waiting for the bus and there's a policeman sort of coming down Fifth Avenue, and I'm standing at the bus stop and there's a sign and it says no standing, and there wasn't a bench, and the policeman kept getting closer and closer to me, and I was having such an anxiety attack. ... And then I remember someone else came by and I was like this: "You can't stand. There's a sign." It's OK. You can stand. Or sit. Make yourself comfortable.

Scorpio (Oct. 23 – Nov. 21) I have become a real New Yorker. I go to Starbucks every day and I'm like this: I would like a decaf nonfat sugar-free vanilla latte grande. It occurred to me I don't even have that many requirements for a husband. Be specific about your needs.

Sagittarius (Nov. 22 – Dec. 21) A grown woman asked me ... was the cat real on Sabrina? ... A lot of people felt that the fact that the cat talked, or that he looked like an alcoholic rabbit wearing a hairpiece in a bad Japanese film [gave it away].... Suspend disbelief and enjoy a performance.

Capricorn (Dec. 22 – Jan. 19) My father never finishes a sentence. When we were kids he would always say, 'Girls, the most important thing in life to remember is ooh look at the pretty bird!' Use complete sentences.

Aquarius (Jan. 20 – Feb. 18) I moved to New York with \$300 and I bought a pair of earrings for \$220 the second day that I was here, so I wasn't really good with budgeting. Clarifying your budget could help things turn around.

Pisces (Feb. 19 – March 20) He's younger than I am and ... whenever we have a fight I'm like, 'Honey, use your words.' Use your words, no matter how old you are.

NITE SUDOKU

Conceptis Sudoku

By Dave Green

9			8		4		5
	2					7	
							8
		7		1	2		
	6		7	2		3	
		1	3		9		
1							
	5				6		
8		9		6			4

Difficulty Level ★★

SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

4/3

1	2	7	9	8	6	5	4	3
6	3	4	1	7	5	2	8	9
5	8	9	4	3	2	6	7	1
9	7	2	3	6	4	1	5	8
4	6	3	8	5	1	9	2	7
8	1	5	7	2	9	3	6	4
3	5	8	2	1	7	4	9	6
7	4	6	5	9	3	8	1	2
2	9	1	6	4	8	7	3	5

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4/10

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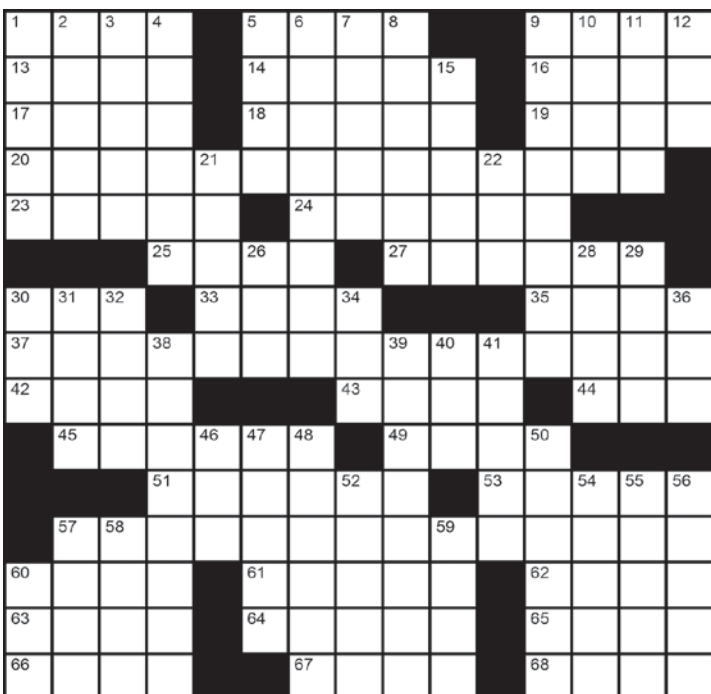
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(That's a Lot!)

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(That's Cheap!)
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Call June (NOW!) at Community Papers of New England 877-423-6399
PLUS, GET A FREE CLASSIFIED!

"Something Themes Wrong" — restaurants I won't be visiting.

Across

- 1 Item with a pole position?
5 Suffix meaning "followers of"
9 Like cartoonists' hands
13 Candy rack cylinder
14 Big picture?
16 Questionnaire box
17 NYSE newsmakers
18 Nimble
19 Lemon candy
20 Unappealing theme restaurant based on a hit CGI movie?



- 23 Ancient Mexican pyramid builder
24 Try with the shirt again
25 Hot pants wearer, so to speak?
27 Looking over
30 Total
33 Org. with many conferences
35 "___ Flux"
37 Unappealing theme restaurant devoted to Hans Christian Andersen?
42 Circumstance's partner
43 Opposed to
44 Role for Keanu
45 Chinese cuisine style
49 "Hair" producer Joseph ___
51 "Mercy me!"
53 Like the wars between Carthage

4/3



- and Rome
57 Unappealing theme restaurant devoted to Irving Berlin?
60 Kudrow who's among "Friends"
61 Barbershop offering
62 "Casablanca" character
63 Rapper/actor who turned 56 in February
64 One-on-one student
65 Insulting remark
66 Have the moxie
67 Keep goal in hockey
68 "Lights out" music

Down

- 1 Painter Kahlo
2 Urban partner on TV?
3 "It's ___ cause"
4 Mahalia Jackson's genre
5 Apple product
6 Leonard or Robinson
7 Erie or Huron
8 ___ Mae (college money provider)
9 Unwilling to face reality
10 Screenwriter Ephron
11 Stomach tightness
12 "Got that right"
15 A little suspicious
21 Bake sale topping

- 22 Barney's bartender
26 Oft-injured knee part, briefly
28 Kurt denial?
29 Outta here
30 "The Racer's Edge" sloganeer
31 "Whoops!"
32 Inbox item
34 Nabokov novel
36 Doctors Without Borders, e.g.
38 Current
39 Yet to be confirmed
40 Kingston Trio hit
41 Kate Middleton's sister
46 Some degree of success?
47 Praiseful poet
48 Drill sergeant's command
50 Not one to try new ideas
52 Marble type
54 ___ Wafers
55 "___ to you!"
56 Former rulers
57 Typography unit
58 Wi-fi seeker
59 Have to have
60 Box top

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Fermented with a proprietary blend of *Saccharomyces* yeast, wild *Brettanomyces* yeast, *Lactobacillus*, *Pediococcus* & *Acetobacter* & aged in American oak Pinot Noir barrels for a year. This ale is 14 months in the making, resulting in distinct sharp, fruity, sour & tart flavors as well as light oakiness & residual vinous tannins. Often described as the most "wine-like" of all beers. **7.1% ABV**

Now Featuring
Vermont Farmstead Cheese Co. & Flying Goose present Long Brothers American IPA Cheddar Cheese! Featured in several of our new menu dishes, and now available to take home 7oz./ \$7.99

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Noise Is Golden

The Formula One circuit is generally thought to attract fans as a showcase of motorcar technology and racing skill, but organizers of the Australian Grand Prix (the first of the 19 races on the annual circuit) threatened a lawsuit in March against Formula One management because the races should also be showcases of noise. Formula One has softened cars' power this year in order to make breakthrough achievements in fuel efficiency, but that also tamped down Formula One's "trademark ear-shattering roar," according to a Business Insider report. Fans are less likely to buy tickets, the organizers fear, if they lose the deafening, 100-decibel vroom that is a "visceral element of the fan experience."

The Championship Brackets

• Amelia Boomker, 36, of Bolingbrook, Ill., celebrated her acceptance into the Guinness Book of World Records in March, recognized for donating more than 127 gallons of her own breast milk to critically needy babies in the Midwest. The donations came on top of supplying breast milk for her own four sons, three of whom were born during the 2008-2013 period in which she pumped out her excess for the Indiana Mothers' Milk Bank.

• Most Commandments Violated: James Chatten, 46, pleaded guilty in January to several Commandment violations stemming from a July incident at the Christian Horizons church in Peterborough, Ontario. Chatten brought a prostitute inside the church, for sex, after hours, and stole money to pay her from a church drawer, then lied to police about being forced to raid the drawer.

Oops!

(1) Kentucky state Rep. Leslie Combs, unloading her .380 semi-automatic handgun in her Capitol office in Frankfort in January, accidentally fired a shot into her furniture. Said Combs, "I'm a gun owner. It happens." In fact, she praised herself for being "particularly careful" to point the gun away from people while "unloading" it. (2) In March, an unnamed man was rescued by bystanders who heard screaming from a maze-like storm drain, which runs 12 feet below the street in Lawton, Okla. The man had accidentally dropped a \$20 bill through a grate and climbed in after it, wandering underground for two days searching for his way out. (He never found the \$20.)

Bright Ideas

The Lakemaid brewery based in Stevens Point, Wis., acknowledged in January that it has been testing drone technology, with an eye to eventually delivering beer to isolated ice fishermen on Lake Waconia, Minn. The brewery reportedly found that a six-bladed

drone would be necessary to carry a 12-pack for up to a half-mile. (The Federal Aviation Administration bans commercial drones, but is thought to be reconsidering the rule — though not just yet, as it quickly ordered Lakemaid to cease the flights.)

Perspective

As Microsoft founder and current world-class philanthropist Bill Gates prepared for a speech in Vancouver, British Columbia, in March, a circumcision dissident prepared to protest. The Bill and Melinda Gates Foundation has invested more than \$160 million on circumcision programs in developing countries based on overwhelming medical evidence ("as clear as you really can get in medical research," said a University of British Columbia professor) that the procedure makes transmission of HIV much more difficult. Dedicated, intense-pleasure-seeking men (in this case, the Canadian Foreskin Awareness Project) insist that the surgical snipping, especially of babies, denies males the benefit of heightened penile sensitivity.

Suspicious Confirmed

Richard Wright of Canada's Prince Edward Island was busy in March handing out \$50 and \$100 bills to strangers during a visit to Halifax, Nova Scotia, urging the recipients to "thank God" for the gift and to pass it along to others if they could not use it themselves. Wright's spree was soon broken up as Mounted Police detained him for a "wellness check," which led to his transfer to a mental-health facility. Wright's daughter Chelsea told reporters that her dad worked hard for his money, had no mental-health issues and simply wanted to help people,

and a friend described him as a "generous individual wrapped up in the acts of kindness." However, at press time, Wright was still hospitalized.

Confront Your Fears

Yo No Quiero: The Phoenix suburb of Maryvale was "overrun," according to February reports, with several "packs" of up to 15 Chihuahuas each, roaming neighborhoods, frightening schoolchildren. Coincidentally, two months earlier, in Hobart, Australia, the local Society for the Prevention of Cruelty to Animals announced that it was overwhelmed by massive recent donations of Chihuahuas, most from one couple. Said a spokesman, "We were up to our knees in little Chihuahuas."

Least Competent Criminals

Classic Recurring Themes: Travis Rice, 21, and an accomplice were seen on surveillance video breaking into Arion Motors in Plantation, Fla., in March — video that revealed Rice, at a key moment, yanking something from his pocket and not noticing that a card had fallen to the floor. The card, of course, was his state identification card, and further "investigation" revealed Rice's Facebook bragging about the break-in and theft of license plates and car keys.

Thanks This Week to Perry Levin, Mark D'Amelio, Jan Wolitzky, Kelly Egnitz, Alissa Grosso, and Teri Darcy, and to the News of the Weird Board of Editorial Advisors. Read more weird news at www.WeirdUniverse.net; send items to WeirdNews@earthlink.net, and P.O. Box 18737, Tampa, FL 33679. Copyright Chuck Shepherd.

THIS MODERN WORLD

by TOM TOMORROW

SCIENCE STUFF
with your host
THE RIGHT WING SCIENCE DUDE

TODAY WE'LL LOOK AT GLOBAL WARMING--MALICIOUS HOAX OR PERNICIOUS LIE?

SKEPTICAL FREETHINKERS JUST WANT TO HAVE A DEBATE!

FUNDED BY THE OUR FRIENDS THE KOCH BROTHERS.

FOLKS, TAKE IT FROM A GUY IN A LAB COAT--WE DON'T NEED TO WASTE ANY MORE OF OUR NATION'S VALUABLE SCIENCE TIME ON THIS GLOBAL WARMING NONSENSE!

FORTUNATELY SOME LAWMAKERS AGREE! IN NORTH CAROLINA, THEY'VE PASSED A LAW BANNING STATE AGENCIES FROM BASING COASTAL POLICY ON PREDICTIONS OF SEA LEVEL CHANGE!

AND HOUSE REPUBLICANS JUST PASSED A BILL THAT WOULD RESTRICT THE N.O.A.A.'S RESEARCH INTO SO-CALLED CLIMATE CHANGE!

IF THERE'S ONE THING RIGHT WING SCIENCE TEACHES US--IT'S THAT A PROBLEM IGNORED IS A PROBLEM SOLVED!

FOR NOW, NOT THAT THERE'S ANY PROBLEM.

NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION

AND WITH FEWER DISTRACTIONS, MAYBE WE CAN FOCUS OUR BIG-THINKING SCIENCE BRAINS ON IMPORTANT ISSUES--LIKE THE TRUTH ABOUT BENGHAZI! OR TAX CUTS FOR OUR FRIENDS THE KOCH BROTHERS!

BUT MISTER SCIENCE DUDE--

--ALMOST ALL SCIENTISTS AGREE THAT CLIMATE CHANGE IS REAL AND HAPPENING NOW--AND WILL HAVE DEVASTATING CONSEQUENCES!

OH, YOU CAN'T TRUST THOSE SCIENTISTS! THEY HAVE ULTERIOR MOTIVES--UNLIKE FREE-THINKING, KOCH-FUNDED SKEPTICS SUCH AS MYSELF!

BUT THAT DOESN'T-- ZIP IT.

OKAY THEN! THAT'S ALL THE SCIENCE STUFF WE HAVE TIME FOR TODAY! TUNE IN NEXT WEEK FOR A LOOK AT EVOLUTION--MALICIOUS HOAX OR PERNICIOUS LIE?

SKEPTICAL FREE-THINKERS JUST WANT TO HAVE A DEBATE!

ALSO--WILL OBAMACARE USER IN THE APOCALYPSE?

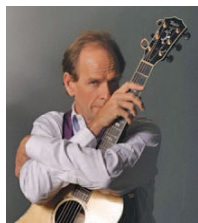
WE'LL LOOK AT THE SCIENCE!

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8:00 p.m.
\$35
RS-Theater

PIERRE BENSUSAN



**Sun.,
April 13**

7:00 p.m.
\$25
RS-Theater

ALEJANDRO ESCOVEDO & THE SENSITIVE BOYS



**Thurs.,
April 17**

8:00 p.m.
\$30
RS-Theater

MARY FAHL of October Project



**Sat.,
April 19**

8:00 p.m.
\$30
RS-Theater

THE GRAND SLAMBOVIANS



**Fri.,
April 25**

8:00 p.m.
\$25
RS-Tables

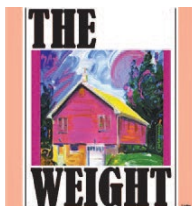
ANTIGONE RISING



**Sat.,
April 26**

8:00 p.m.
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RS-Tables

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**Fri.,
May 2**

8:00 p.m.
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JON POUSETTE-DART BAND



**Sat.,
May 3**

8:00 p.m.
\$30
RS-Theater

COLIN BLUNSTONE



**Thurs.,
May 8**

8:00 p.m.
\$50/55
RS-Theater

KRIS DELMHORST



**Fri.,
May 9**

8:00 p.m.
\$20
RS-Tables

JOHN SEBASTIAN



**Sat.,
May 10**

8:00 p.m.
\$45
RS-Theater

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**Fri.,
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NEW SHOW!

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SNL and Comedy Central Superstar

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TUSK - Sat, July 12
The Fleetwood Mac Experience

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JOHNNY WINTER - Fri, July 25
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Re-Scheduled Date!

LEON RUSSELL - Sat, Aug 2
Rock'n-Roll Hall of Famer!

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PHIL VASSAR - Fri, Aug 22
Country Superstar

NEW SHOW!

KINGSTON TRIO - Sat, Aug 23
Good Ol' Days of Folk

THE WAILIN' JENNYS - Fri, Aug 29
Juno-Winning Vocal Trio

**104.9 FM
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JOHN MAYALL - Fri, Sept 12
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NEW SHOW!

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Sat, Sept 20

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